

A LITURGICAL PSALTER
FIFTH EDITION
POINTED FOR PSALM TONES

The Psalter of *The Book of Alternative Services*
Emended for Contemporary Liturgical Use

- The purpose of this emendation is to prepare a psalter whose language is (i) faithful to the intent of the writers of the psalms as poems expressing the relationship between God and the people of Israel and (ii) fair to current users of the psalms who have found the predominately masculine language a barrier to the integration of the psalms into their life of prayer and worship.
- The English language uses the masculine singular pronoun when referring to God in the third person. In this psalter alternative wordings or sentence structures have been used to eliminate the use of the masculine pronoun. In a similar fashion third-person plural pronouns have been used to replace the singular when referring to human beings in a particular category, e.g., ‘the wicked’, ‘the scornful’, ‘the righteous’, etc.
- While some contemporary psalters have eliminated the use of ‘Lord’ as a title for God, this emendation retains its use. In a world of competing claims of sovereignty, in our own times as well as in biblical times, the use of ‘Lord’ reminds us who is truly sovereign and whose purposes are being worked out in human history.
- In some cases masculine gender has been retained for human beings referred to in the psalms, e.g., Psalm 72. In such cases the context requires gender specificity.
- The psalms as printed in *Evangelical Lutheran Worship* and in the *New Revised Standard Version of the Scriptures* have been consulted for guidance in the emendation.
- The versification of certain psalms has been altered to conform to the versification of the *New Revised Standard Version* in order to facilitate use with the *Revised Common Lectionary* citations of psalms, especially when liturgical planners are using on-line and web resources.
- At the discretion of the liturgical planner any psalm may be followed by the recitation of a doxology or a psalm prayer. Appropriate psalm prayers are found in *The Book of Alternative Services* and *Evangelical Lutheran Worship: Leaders Desk Edition*.
- The traditional division of the psalter into five books has been maintained here as well as the use of the Latin incipits (‘first line’).
- The Liturgy Task Force recognizes that there are many inclusive-language psalters available for use including, but not limited to, the psalms in *Evangelical Lutheran Worship*, the *Psalter for the Christian People*, *The Saint Helena Psalter* and the Canadian publication, *Songs for the Holy One*.

Book I

Psalm 1 *Beatus vir qui non abiit*

- ¹ Happy are they who have not walked in the counsel ¹of the wicked, *
nor lingered in the way of sinners,
nor sat in the seats ¹of the scornful!
- ² Their delight is in the law ¹of the Lord, *
and on this law they meditate ¹day and night.
- ³ They are like trees planted by ¹streams of water, *
bearing fruit ¹in due season,
with leaves that ¹do not wither; *
everything they ¹do shall prosper.
- ⁴ It is not so ¹with the wicked; *
they are like chaff which the wind ¹blows away.
- ⁵ Therefore the wicked shall not stand upright when ¹judgement comes, *
nor the sinner in the council ¹of the righteous.
- ⁶ For the Lord knows the way ¹of the righteous, *
but the way of the wick-¹ed is doomed.

Psalm 2 *Quare fremuerunt gentes?*

- ¹ Why are the nations ¹in an uproar? *
Why do the peoples mutter ¹empty threats?
- ² Why do the rulers of the earth rise up in revolt,
and the princes ¹plot together, *
against the Lord and the ¹Lord's anointed?
- ³ "Let us break their ¹yoke," they say; *
"let us cast off their ¹bonds from us."
- ⁴ The One enthroned in heav-¹en is laughing; *
the Lord has them ¹in derision.
- ⁵ Then God speaks to ¹them in wrath, *
and the divine rage fills ¹them with terror.
- ⁶ "I myself have set ¹my anointed *
upon my holy ¹hill of Zion."
- ⁷ Let me announce the decree ¹of the Lord, *
who said to me, "You are my heir;
this day have I be-¹gotten you.
- ⁸ Ask of me, and I will give you the nations for ¹your inheritance *
and the ends of the earth for ¹your possession.
- ⁹ You shall crush them with an ¹iron rod *
and shatter them like a ¹piece of pottery."
- ¹⁰ And now, you mon-¹archs, be wise; *
be warned, you rulers ¹of the earth.
- ¹¹ Submit to the ¹Lord with fear, *
and bow with trembling before the presence ¹of the Lord;

¹² lest God be angry 'and you perish; *
for the divine wrath is 'quickly kindled.
Happy 'are they all *
who take re-'fuge in God!

Psalm 3 *Domine, quid multiplicati*

¹ Lord, how many adversar-'ies I have! *
How many there are who rise 'up against me!
² How many there are who 'say to me, *
“There is no help for you 'in your God.”
³ But you, O Lord, are a 'shield about me; *
you are my glory, the One who lifts 'up my head.
⁴ I call aloud upon 'you, O Lord, *
and you answer me from your 'holy hill.
⁵ I lie down and 'go to sleep; *
I wake again, because you, O 'Lord, sustain me.
⁶ I do not fear the multi-'tudes of people *
who set themselves against me 'all around.
⁷ Rise up, O Lord; set me free, 'O my God; *
surely, you will strike all my enemies across the face,
you will break the teeth 'of the wicked.
⁸ Deliverance belongs to 'you, O Lord. *
Your blessing be up-'on your people!

Psalm 4 *Cum invocarem*

¹ Answer me when I call, O God, defender 'of my cause; *
you set me free when I am hard-pressed;
have mercy on me and 'hear my prayer.
² “You mortals, how long will you dishon-'our my glory; *
how long will you worship dumb idols
and run af-'ter false gods?”
³ Know that the Lord does wonders 'for the faithful *
and will hear me 'when I call.
⁴ Tremble, then, and 'do not sin; *
speak to your heart in silence up-'on your bed.
⁵ Offer the appointed 'sacrifices *
and put your trust 'in the Lord.
⁶ Many are saying, “Oh, that we might see 'better times!” *
Lift up the light of your countenance upon 'us, O Lord.
⁷ You have put gladness 'in my heart, *
more than when grain and wine and 'oil increase.
⁸ I lie down in peace; at once I 'fall asleep; *
for only you, Lord, make me 'dwell in safety.

Psalm 5 *Verba mea auribus*

- ¹ Give ear to my 'words, O Lord; *
consider my 'meditation.
- ² Harken to my cry for help, my Sovereign 'and my God, *
for I make my 'prayer to you.
- ³ In the morning, Lord, you 'hear my voice; *
early in the morning I make my appeal and 'watch for you.
- ⁴ For you are not a God who takes plea-'sure in wickedness, *
and evil cannot 'dwell with you.
- ⁵ Braggarts cannot stand 'in your sight; *
you hate all those 'who work wickedness.
- ⁶ You destroy those 'who speak lies; *
the bloodthirsty and deceitful, O Lord, 'you abhor.
- ⁷ But as for me, through the greatness of your mercy
I will go in-'to your house; *
I will bow down towards your holy temple in 'awe of you.
- ⁸ Lead me, O Lord, in your righteousness,
because of those who lie in 'wait for me; *
make your way 'straight before me.
- ⁹ For there is no truth 'in their mouth; *
there is destruction 'in their heart;
their throat is an 'open grave; *
they flatter 'with their tongue.
- ¹⁰ Declare them guil-'ty, O God; *
let them fall, because 'of their schemes.
Because of their many transgressions 'cast them out, *
for they have re-'belled against you.
- ¹¹ But all who take refuge in you 'will be glad; *
they will sing out their 'joy for ever.
You will 'shelter them, *
so that those who love your name may ex-'ult in you.
- ¹² For you, O Lord, will 'bless the righteous; *
you will defend them with your favour as 'with a shield.

Psalm 6 *Domine, ne in furore*

- ¹ Lord, do not rebuke me 'in your anger; *
do not punish me 'in your wrath.
² Have pity on me, Lord, for 'I am weak; *
heal me, Lord, for my 'bones are racked.
³ My spirit 'shakes with terror; *
how long, O 'Lord, how long?
⁴ Turn, O Lord, 'and deliver me; *
save me for your 'mercy's sake.
⁵ For in death no one re-'members you; *
and who will give you thanks 'in the grave?
⁶ I grow weary because 'of my groaning; *
every night I drench my bed and flood my 'couch with tears.
⁷ My eyes are wast-'ed with grief *
and worn away because of 'all my enemies.
⁸ Depart from me, all 'evildoers, *
for the Lord has heard the sound 'of my weeping.
⁹ The Lord has heard my 'supplication *
and ac-'cepts my prayer.
¹⁰ All my enemies shall be confounded and 'quake with fear; *
they shall turn back and suddenly be 'put to shame.

Psalm 7 *Domine, Deus meus*

- ¹ O Lord my God, I take ref-'uge in you; *
save and deliver me from all 'who pursue me;
² lest like a lion they tear 'me in pieces *
and snatch me away with none to de-'liver me.
³ O Lord my God, if I have 'done these things; *
if there is any wickedness 'in my hands,
⁴ if I have repaid my 'friend with evil, *
or plundered anyone who without cause 'is my enemy;
⁵ then let my enemy pursue and 'overtake me, *
trample my life into the ground,
and lay my honour 'in the dust.
⁶ Stand up, O Lord, in your wrath;
rise up against the fury 'of my enemies. *
Awake, O my God, 'decree justice.
⁷ Let the assembly of the peoples 'gather round you. *
Be seated on your lofty throne, 'O Most High.
⁸ O Lord, 'judge the nations. *
Give judgement for me according to my righteousness, O Lord,
and according to my innocence, 'O Most High.
⁹ Let the malice of the wicked come to an end,
but estab-'lish the righteous; *

- for you test the mind and heart, O 'righteous God.
- ¹⁰ You are my shield 'and defence, *
the saviour of the 'true in heart.
- ¹¹ You are a 'righteous judge *
and sit in judgement 'every day.
- ¹² If they will not repent, you will 'whet the sword *
and will bend the bow and 'make it ready.
- ¹³ You have prepared weap-'ons of death *
and make arrows 'shafts of fire.
- ¹⁴ Look at those who are in la-'bour with wickedness, *
who conceive evil, and give birth 'to a lie.
- ¹⁵ They dig a pit and 'make it deep *
and fall into the hole that 'they have made.
- ¹⁶ Their malice turns back upon 'their own head; *
their violence falls on 'their own scalp.
- ¹⁷ I will bear witness that the 'Lord is righteous;
I will praise the name of the 'Lord Most High.

Psalm 8 *Domine, Dominus noster*

- ¹ O 'Lord our governor, *
how exalted is your name in 'all the world!
- ² Out of the mouths of in-'fants and children *
your majesty is praised a-'bove the heavens.
You have set up a stronghold against your 'adversaries, *
to quell the enemy and 'the avenger.
- ³ When I consider your heavens, the work 'of your fingers, *
the moon and the stars you have set 'in their courses,
- ⁴ what are mortals that you should be mind-'ful of them, *
their children that you should 'seek them out?
- ⁵ You have made them but little lower 'than the angels; *
you adorn them with glo-'ry and honour;
- ⁶ you give them mastery over the works 'of your hands; *
you put all things un-'der their feet;
- ⁷ all 'sheep and oxen, *
even the wild beasts 'of the field,
- ⁸ the birds of the air, the fish 'of the sea, *
and all that walks in the paths 'of the sea.
- ⁹ O 'Lord our governor, *
how exalted is your name in 'all the world!

Psalm 9 *Confitebor tibi*

- ¹ I will give thanks to you, O Lord, with 'my whole heart; *
I will tell of all your mar-'vellous works.
- ² I will be glad and re-'joice in you; *

- I will sing to your name, 'O Most High.
- ³ When my enemies are 'driven back, *
they will stumble and perish 'at your presence.
- ⁴ For you have maintained my right 'and my cause; *
you sit upon your throne 'judging right.
- ⁵ You have rebuked the ungodly and de-'stroyed the wicked; *
you have blotted out their name for ev-'er and ever.
- ⁶ As for the enemy, they are finished, in perpet-'ual ruin, *
their cities ploughed under, the memory 'of them perished;
- ⁷ but you, O Lord, are en-'throned for ever; *
you have set up your 'throne for judgement.
- ⁸ It is you who rules the 'world with righteousness; *
you judge the peo-'ples with equity.
- ⁹ You will be a refuge for 'the oppressed, *
a refuge in 'time of trouble.
- ¹⁰ Those who know your name will put their 'trust in you, *
for you never forsake those who seek 'you, O Lord.
- ¹¹ Sing praise to the Lord who 'dwells in Zion; *
proclaim to the peoples the things 'God has done.
- ¹² The avenger of blood 'will remember them *
and will not forget the cry of 'the afflicted.
- ¹³ Have pity on 'me, O Lord; *
see the misery I suffer from those who hate me,
O you who lift me up from the 'gate of death;
- ¹⁴ so that I may tell of all your praises and rejoice in 'your salvation *
in the gates of the cit-'y of Zion.
- ¹⁵ The ungodly have fallen into the 'pit they dug, *
and in the snare they set is their 'own foot caught.
- ¹⁶ O Lord, you are known by your 'acts of justice; *
the wicked are trapped in the works of 'their own hands.
- ¹⁷ The wicked shall be given over 'to the grave, *
and also all the peoples 'that forget you.
- ¹⁸ For the needy shall not always 'be forgotten, *
and the hope of the poor shall not per-'ish for ever.
- ¹⁹ Rise up, O Lord, let not the ungodly have the 'upper hand; *
let them be 'judged before you.
- ²⁰ Put fear upon 'them, O Lord; *
let the ungodly know they 'are but mortal.

Psalm 10 *Ut quid, Domine?*

- ¹ Why do you stand so far 'off, O Lord, *
and hide yourself in 'time of trouble?
- ² The wicked arrogantly perse-'cute the poor, *
but they are trapped in the schemes they 'have devised.
- ³ The wicked boast of their 'heart's desire; *

- the covetous curse and re-¹vile the Lord.
- ⁴ The wicked are so proud that they care ¹not for God; *
their only thought is, “God ¹does not matter.”
- ⁵ Their ways are devious at all times;
your judgements are far above, out ¹of their sight; *
they defy ¹all their enemies.
- ⁶ They say in their heart, “I shall ¹not be shaken; *
no harm shall happen ¹to me ever.”
- ⁷ Their mouth is full of cursing, deceit, ¹and oppression; *
under their tongue are mis-¹chief and wrong.
- ⁸ They lurk in ambush in public squares
and in secret places they mur-¹der the innocent; *
they spy ¹out the helpless.
- ⁹ They lie in wait, like a lion in a covert;
they lie in wait to seize up-¹on the lowly; *
they seize the lowly and drag them away ¹in their net.
- ¹⁰ The innocent are broken and hum-¹bled before them; *
the helpless fall be-¹fore their power.
- ¹¹ They say in their heart, “God ¹has forgotten, *
turned aside and will ¹never notice.”
- ¹² Rise up, O Lord; lift up your ¹hand, O God; *
do not forget ¹the afflicted.
- ¹³ Why should the wick-¹ed revile you? *
Why should they say in their heart,
“You ¹do not care”?
- ¹⁴ Surely, you behold trou-¹ble and misery; *
you see it and take it into ¹your own hand.
The helpless commit them-¹selves to you, *
for you are the help-¹er of orphans.
- ¹⁵ Break the power of the wick-¹ed and evil; *
search out their wickedness until ¹you find none.
- ¹⁶ You are sovereign for ev-¹er and ever; *
the ungodly shall perish ¹from your land.
- ¹⁷ You will hear the desire ¹of the humble; *
you will strengthen their heart and your ¹ears shall hear;
- ¹⁸ to give justice to the orphan ¹and oppressed, *
so that mere mortals may strike ter-¹ror no more.

Psalm 11 *In Domino confide*

- ¹ In the Lord have I ¹taken refuge; *
how then can you say to me,
“Fly away like a bird ¹to the hilltop;
² for see how the wicked bend the bow
and fit their arrows ¹to the string, *
to shoot from ambush at the ¹true of heart.

- ³ When the foundations are be-^ling destroyed, *
what can the ^lrighteous do?"
- ⁴ O Lord, you are in your holy temple and en-^lthroned in heaven. *
Your eyes behold the inhabited world;
your piercing eye ^lweighs our worth.
- ⁵ You weigh the righteous as well ^las the wicked, *
but those who delight in violence ^lyou abhor.
- ⁶ Upon the wicked you shall rain coals of fire and ^lburning sulphur; *
a scorching wind shall ^lbe their lot.
- ⁷ For you are righteous and delight in ^lrighteous deeds; *
and the just shall ^lsee your face.

Psalm 12 *Salvum me fac*

- ¹ Help me, Lord, for there is no god-^lly one left; *
the faithful have vanished ^lfrom among us.
- ² All speak falsely ^lwith their neighbours; *
with a smooth tongue they speak from a ^ldouble heart.
- ³ Oh, that the Lord would cut off ^lall smooth tongues, *
and close the lips that ut-^lter proud boasts!
- ⁴ Those who say, "With our tongue will ^lwe prevail; *
our lips are our own; who is lord ^lover us?"
- ⁵ "Because the needy are oppressed,
and the poor cry ^lout in misery, *
I will rise up," says the Lord,
"and give them the ^lhelp they long for."
- ⁶ The words of the Lord ^lare pure words, *
like silver refined from ore
and purified seven times ^lin the fire.
- ⁷ O Lord, watch ^lover us *
and save us from this genera-^ltion for ever.
- ⁸ The wicked prowl on ^levery side, *
and that which is worthless is highly ^lprized by everyone.

Psalm 13 *Usquequo, Domine?*

- ¹ How long, O Lord?
Will you forget ^lme for ever? *
- How long will you hide your ^lface from me?
- ² How long shall I have perplexity in my mind,
and grief in my heart, day ^lafter day? *
- How long shall my enemy triumph ^lover me?
- ³ Look upon me and answer me, O ^lLord my God; *
give light to my eyes, lest I ^lsleep in death;
- ⁴ lest my enemy say, "I have prevailed o-^lver this one," *
and my foes rejoice that ^lI have fallen.

- ⁵ But I put my trust 'in your mercy; *
my heart is joyful because of your 'saving help.
⁶ I will sing to the Lord who has dealt 'with me richly; *
I will praise the name of the 'Lord Most High.

Psalm 14 *Dixit insipiens*

- ¹ Fools say in their hearts, “There 'is no God.” *
All are corrupt and commit abominable acts;
there is none who does 'any good.
² The Lord looks down from heaven up-'on us all, *
to see if there is any who is wise,
if there is anyone who seeks 'after God.
³ Every one has proved faithless; all alike 'have turned bad; *
there is none who does good; 'no, not one.
⁴ Have they no knowledge, all those 'evildoers *
who eat up my people like bread
and do not call up-'on the Lord?
⁵ See how they trem-'ble with fear, *
because God is in the company 'of the righteous.
⁶ Their aim is to confound the plans of 'the afflicted, *
but the Lord 'is their refuge.
⁷ Oh, that Israel's deliverance would come 'out of Zion! *
When the Lord restores the fortunes of this people,
Jacob will rejoice and Is-'rael be glad.

Psalm 15 *Domine, quis habitabit*

- ¹ Lord, who may dwell in your tabernacle? *
Who may abide upon your holy hill?
² Those who lead a blameless life and do what is right, *
who speak the truth from their heart.
³ There is no guile upon their tongue;
they do no evil to a friend; *
they do not heap contempt upon a neighbour.
⁴ In their sight the wicked are rejected, *
but they honour those who fear the Lord.
They have sworn to do no wrong *
and do not take back their word.
⁵ They do not give their money in hope of gain,
nor do they take a bribe against the innocent. *
Those who do these things shall never be overthrown.

Psalm 16 *Conserva me, Domine*

- ¹ Protect me, O God, for I take ref-¹uge in you; *
I have said to the Lord,
“You are my Lord, my good a-¹bove all other.”
- ² All my delight is upon the godly that are ¹in the land, *
upon those who are noble a-¹mong the people.
- ³ But those who run after ¹other gods *
shall have their ¹troubles multiplied.
- ⁴ Their libations of blood I ¹will not offer, *
nor take the names of their gods up-¹on my lips.
- ⁵ O Lord, you are my portion ¹and my cup; *
it is you who up-¹hold my lot.
- ⁶ My boundaries enclose a ¹pleasant land; *
indeed, I have a ¹goodly heritage.
- ⁷ I will bless the Lord who ¹gives me counsel; *
my heart teaches me, night ¹after night.
- ⁸ I have set the Lord al-¹ways before me; *
because you are at my side I ¹shall not fall.
- ⁹ My heart, therefore, is glad, and my spir-¹it rejoices; *
my body also shall ¹rest in hope.
- ¹⁰ For you will not abandon me ¹to the grave, *
nor let your holy one ¹see the Pit.
- ¹¹ You will show me the ¹path of life; *
in your presence there is fullness of joy,
and in your hand are pleasures for ¹evermore.

Psalm 17 *Exaudi, Domine*

- ¹ Hear my plea of innocence, O Lord;
give heed ¹to my cry; *
listen to my prayer,
which does not come from ¹lying lips.
- ² Let my vindication come forth ¹from your presence; *
let your eyes be ¹fixed on justice.
- ³ Weigh my heart, summon ¹me by night, *
melt me down; you will find no impuri-¹ty in me.
- ⁴ I give no offence with my mouth as ¹others do; *
I have heeded the words ¹of your lips.
- ⁵ My footsteps hold fast to the ways ¹of your law; *
in your paths my feet ¹shall not stumble.
- ⁶ I call upon you, O God, for ¹you will answer me; *
incline your ear to me and ¹hear my words.
- ⁷ Show me your marvellous ¹loving-kindness, *
O Saviour of those who take refuge at your side
from those who rise ¹up against them.

⁸ Keep me as the apple ¹of your eye; *
hide me under the shadow ¹of your wings,
⁹ from the wicked ¹who assault me, *
from my deadly enemies ¹who surround me.
¹⁰ They have closed their ¹heart to pity, *
and their mouth ¹speaks proud things.
¹¹ They press me hard, now ¹they surround me, *
watching how they may cast me ¹to the ground,
¹² like a lion, greedy ¹for its prey, *
and like a young lion lurking in ¹secret places.
¹³ Arise, O Lord; confront them and ¹bring them down;
deliver me from the wicked ¹by your sword.
¹⁴ Deliver me, O Lord, by your hand
from those whose portion in life ¹is this world; *
whose bellies you ¹fill with treasure,
who are well sup-¹plied with children *
and leave their wealth to their ¹little ones.
¹⁵ But at my vindication I shall ¹see your face; *
when I awake, I shall be satisfied, behold-¹ing your likeness.

Psalm 18

Part I Diligam te, Domine

¹ I love you, O ¹Lord my strength, *
O Lord my stronghold, my crag ¹and my haven.
² My God, my rock in whom I ¹put my trust, *
my shield, the horn of my salvation and my refuge;
you are wor-¹thy of praise.
³ I will call up-¹on the Lord, *
and so shall I be saved ¹from my enemies.
⁴ The breakers of death rolled ¹over me, *
and the torrents of oblivion made ¹me afraid.
⁵ The cords of hell en-¹tangled me, *
and the snares of death were ¹set for me.
⁶ I called upon the Lord in ¹my distress *
and cried out to my ¹God for help.
You heard my voice from your heav-¹enly dwelling; *
to your ears came my ¹cry of anguish.
⁷ The earth ¹reeled and rocked; *
the roots of the mountains shook;
they reeled because ¹of your anger.
⁸ Smoke rose from your nostrils
and a consuming fire out ¹of your mouth; *
hot burning ¹coals blazed forth.
⁹ You parted the heavens ¹and came down *
with a storm cloud un-¹der your feet.

- ¹⁰ You mounted on cheru-¹bim and flew; *
you swooped on the wings ¹of the wind.
- ¹¹ You wrapped dark-¹ness about you; *
you made dark waters and thick clouds ¹your pavilion.
- ¹² From the brightness of your presence, ¹through the clouds, *
burst hailstones and ¹coals of fire.
- ¹³ Lord, you thundered ¹out of heaven; *
Most High, you ut-¹tered your voice.
- ¹⁴ You loosed your arrows and ¹scattered them; *
you hurled thunderbolts and ¹routed them.
- ¹⁵ The beds of the seas ¹were uncovered, *
and the foundations of the ¹world laid bare,
at your battle ¹cry, O Lord, *
at the blast of the breath ¹of your nostrils.
- ¹⁶ You reached down from on ¹high and grasped me; *
you drew me out ¹of great waters.
- ¹⁷ You delivered me from my strong enemies
and from those who ¹hated me; *
for they were too might-¹y for me.
- ¹⁸ They confronted me in the day of ¹my disaster; *
but you, O Lord, were ¹my support.
- ¹⁹ You brought me out into an ¹open place; *
you rescued me because you delight-¹ed in me.

Part II Et retribuet mihi

- ²⁰ The Lord rewarded me because of my ¹righteous dealing; *
because my hands were clean ¹God rewarded me.
- ²¹ For I have kept your ¹ways, O Lord *
and have not offended against ¹you, my God;
- ²² for all your judgements are be-¹fore my eyes, *
and your decrees I have not put a-¹way from me;
- ²³ for I have been blame-¹less with you *
and have kept myself ¹from iniquity;
- ²⁴ therefore you, O Lord, rewarded me according to my ¹righteous dealing, *
because of the cleanness of my hands ¹in your sight.
- ²⁵ With the faithful you show yourself faith-¹ful, O God; *
with the forthright you show ¹yourself forthright.
- ²⁶ With the pure you show ¹yourself pure, *
but with the crooked ¹you are wily.
- ²⁷ You will save a ¹lowly people, *
but you will humble the ¹haughty eyes.
- ²⁸ O Lord, you ¹are my lamp; *
my God, you make my ¹darkness bright.
- ²⁹ With you I will break down ¹an enclosure; *
with your help I will scale ¹any wall.
- ³⁰ As for you, O God, your ways are perfect;

the words of the Lord are tried 'in the fire; *
you are a shield to all who 'trust in you.
31 For who is God, 'but the Lord? *
Who is the rock, ex-'cept our God?
32 It is you who girds me a-'bout with strength *
and makes my 'way secure,
33 making me sure-footed 'like a deer *
and letting me stand firm 'on the heights.
34 You train my 'hands for battle *
and my arms for bending even a 'bow of bronze.
35 You have given me your 'shield of victory; *
your mighty hand also sustains me;
your loving care 'makes me great.
36 You lengthen my 'stride beneath me, *
and my ankles do 'not give way.
37 I pursue my enemies and 'overtake them; *
I will not turn back till I 'have destroyed them.
38 I will strike them down, and they can-'not rise; *
they fall defeated 'at my feet.
39 You have girded me with strength 'for the battle; *
you have cast down my adversar-'ies beneath me.
40 You have put my ene-'mies to flight; *
I destroy 'those who hate me;
41 they cry out, but there is 'none to help them; *
they cry to you, O Lord, but you 'do not answer.
42 I beat them small like dust be-'fore the wind; *
I trample them like mud 'in the streets.
43 You deliver me from the strife 'of the peoples; *
you put me at the head of the nations;
a people I have not 'known shall serve me.
44 No sooner shall they hear than they 'shall obey me; *
strangers will 'cringe before me.
45 The foreign peoples 'will lose heart; *
they shall come trembling out 'of their strongholds.
46 The Lord lives! Blessed 'is my rock! *
Exalted is the God of 'my salvation!
47 You are the God who 'gave me victory *
and cast down the peo-'ples beneath me.
48 You rescued me from the fury of my enemies;
you exalted me above those who 'rose against me; *
you saved me from my 'deadly foe.
49 Therefore will I extol you among the na-'tions, O Lord, *
and sing praises 'to your name.
50 You multiply the victories 'of your king; *
you show loving-kindness to your anointed,
to David and his descen-'dants for ever.

Psalm 19 *Cæli enarrant*

- ¹ The heavens declare the glo-ry of God, *
and the firmament shows the handiwork of the Lord.
- ² One day tells its tale to another, *
and one night imparts knowledge to another.
- ³ Although they have no words or language, *
and their voices are not heard,
- ⁴ their sound has gone out in- to all lands, *
and their message to the ends of the world.
- ⁵ In the deep has God set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
- ⁶ It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.
- ⁷ The law of the Lord is perfect and re-vives the soul; *
the testimony of the Lord is sure
and gives wisdom to the innocent.
- ⁸ The statutes of the Lord are just and re-joyce the heart; *
the commandment of the Lord is clear
and gives light to the eyes.
- ⁹ The fear of the Lord is clean and en-dures for ever; *
the judgements of the Lord are true
and righteous altogether.
- ¹⁰ More to be desired are they than gold, *
more than much fine gold,
sweeter far than honey, *
than honey in the comb.
- ¹¹ By them also is your ser-vant enlightened, *
and in keeping them there is great reward.
- ¹² Who can tell how often they offend? *
Cleanse me from my secret faults.
- ¹³ Above all, keep your servant from presump-tuous sins; *
let them not get dominion over me;
then shall I be whole and sound, *
and innocent of a great offense.
- ¹⁴ Let the words of my mouth and the meditations of my heart
be acceptable in your sight; *
O Lord, my strength and my redeemer.

Psalm 20 *Exaudiat te Dominus*

- ¹ May the Lord answer you in the day of trouble, *
the name of the God of Ja-cob defend you;

- ² send you help from the holy place ¹of the Lord *
and strengthen you ¹out of Zion;
³ remember ¹all your offerings *
and accept ¹your burnt sacrifice;
⁴ grant you your ¹heart's desire *
and prosper ¹all your plans.
⁵ We will shout for joy at your victory
and triumph in the name ¹of our God; *
may the Lord grant all ¹your requests.
⁶ Now I know that you, O Lord, give victory to ¹your anointed, *
whom you will answer out of the heavenly realms
with the victorious strength of your ¹mighty hand.
⁷ Some put their trust in chariots and ¹some in horses, *
but we will call upon the name of the ¹Lord our God.
⁸ They collapse ¹and fall down, *
but we will arise ¹and stand upright.
⁹ O Lord, give victory to ¹your anointed *
and answer us ¹when we call.

Psalm 21 *Domine, in virtute tua*

- ¹ The king rejoices in your ¹strength, O Lord; *
how greatly he exults ¹in your victory!
² You have given him his ¹heart's desire; *
you have not denied him the request ¹of his lips.
³ For you meet him with blessings ¹of prosperity, *
and set a crown of fine gold up-¹on his head.
⁴ He asked you for life, and you gave ¹it to him; *
length of days, for ev-¹er and ever.
⁵ His honour is great, because ¹of your victory; *
splendour and majesty have you bestowed ¹upon him.
⁶ For you will give him everlast-¹ing felicity *
and will make him glad with the joy ¹of your presence.
⁷ For the king trusts in ¹you, O Lord; *
because of your loving-kindness, O Most High,
he ¹will not fall.
⁸ Your hand will lay hold upon ¹all your enemies; *
your mighty hand will seize all ¹those who hate you.
⁹ You will make them like a fiery furnace
at the time of your appear-¹ing, O Lord; *
you will swallow them up in your wrath,
and fire ¹shall consume them.
¹⁰ You will destroy their offspring ¹from the land *
and their descendants from among the peoples ¹of the earth.
¹¹ Though they intend evil against you and devise ¹wicked schemes, *
yet they shall ¹not prevail.

- ¹² For you will put ¹them to flight *
and aim your ar-¹rows at them.
¹³ Be exalted, O Lord, ¹in your might; *
we will sing and ¹praise your power.

Psalm 22 *Deus, Deus meus*

- ¹ My God, my God, why have you for-¹saken me *
and are so far from my cry and from the words of ¹my distress?
² O my God, I cry in the daytime, but you ¹do not answer; *
by night as well, but I ¹find no rest.
³ Yet you are the ¹Holy One, *
enthroned upon the prais-¹es of Israel.
⁴ Our ancestors put their ¹trust in you; *
they trusted, and ¹you delivered them.
⁵ They cried out to you and ¹were delivered; *
they trusted in you and were not ¹put to shame.
⁶ But as for me, I am a worm ¹and not human, *
scorned by all and despised ¹by the people.
⁷ All who see me laugh ¹me to scorn; *
they curl their lips and wag ¹their heads, saying,
⁸ “You trusted in the Lord; let the Lord de-¹liver you; *
let God rescue you, if God de-¹lights in you.”
⁹ Yet you are the one who took me out ¹of the womb, *
and kept me safe upon my ¹mother’s breast.
¹⁰ I have been entrusted to you ever since ¹I was born; *
you were my God when I was still in my ¹mother’s womb.
¹¹ Be not far from me, for trou-¹ble is near, *
and there is ¹none to help.
¹² Many young bulls en-¹circle me; *
strong bulls of Ba-¹shan surround me.
¹³ They open wide their ¹jaws at me, *
like a ravening and a ¹roaring lion.
¹⁴ I am poured out like water; all my bones are ¹out of joint; *
my heart within my breast is ¹melting wax.
¹⁵ My mouth is dried out like a potsherd;
my tongue sticks to the roof ¹of my mouth; *
and you have laid me in the dust ¹of the grave.
¹⁶ Packs of dogs close me in and gangs of evildoers cir-¹cle around me; *
they pierce my hands ¹and my feet.
¹⁷ I can count ¹all my bones *
while they stare and gloat ¹over me.
¹⁸ They divide my gar-¹ments among them; *
they cast lots ¹for my clothing.
¹⁹ Be not far a-¹way, O Lord; *
you are my strength; hast-¹en to help me.

- ²⁰ Save me 'from the sword, *
my life from the power 'of the dog.
- ²¹ Save me from the 'lion's mouth, *
my wretched body from the horns of 'wild bulls.
- ²² I will declare your name 'to my kindred; *
in the midst of the congregation 'I will praise you.
- ²³ Praise the Lord, you 'that fear God; *
stand in awe of God, O offspring of Israel;
all you of Jacob's 'line, give glory.
- ²⁴ For God does not despise nor abhor the poor in their poverty;
neither turns a-'way from them; *
when they cry to the Lord, 'they are heard.
- ²⁵ My praise is of God in the 'great assembly; *
I will perform my vows in the presence of those who wor-'ship the Lord.
- ²⁶ The poor shall eat and be satisfied,
and those who seek the Lord 'shall give praise: *
"May your heart 'live for ever!"
- ²⁷ All the ends of the earth shall remember and turn 'to the Lord, *
and all the families of the nations shall bow 'before God.
- ²⁸ For sovereignty belongs 'to the Lord, *
who rules o-'ver the nations.
- ²⁹ To God alone all who sleep in the earth bow 'down in worship; *
all who go down to the dust fall 'before God.
- ³⁰ My soul shall live for God;
my descendants 'shall serve God; *
they shall be known as the 'Lord's for ever.
- ³¹ They shall come and make known to a people 'yet unborn *
the saving deeds that 'God has done.

Psalm 23 *Dominus regit me*

- ¹ The Lord 'is my shepherd; *
I shall not 'be in want.
- ² You make me lie down 'in green pastures *
and lead me be-'side still waters.
- ³ You re-'vive my soul *
and guide me along right pathways for 'your name's sake.
- ⁴ Though I walk through the valley of the sha-'dow of death, *
I shall 'fear no evil;
for 'you are with me; *
your rod and your staff, they 'comfort me.
- ⁵ You spread a ta-'ble before me *
in the presence of those who 'trouble me;
you have anointed my 'head with oil, *
and my cup is 'running over.
- ⁶ Surely goodness and mercy shall follow me all the days 'of my life, *

and I will dwell in the house of the ¹Lord for ever.

Psalm 24 *Domini est terra*

- ¹ The earth is the Lord's and all ¹that is in it, *
the world and all who ¹dwell therein.
- ² For it is God who founded it up-¹on the seas *
and made it firm upon the rivers ¹of the deep.
- ³ "Who can ascend the hill ¹of the Lord *
and who can stand in the holy ¹place of God?"
- ⁴ "Those who have clean hands and ¹a pure heart, *
who have not pledged themselves to falsehood,
nor sworn by what ¹is a fraud.
- ⁵ They shall receive a blessing ¹from the Lord *
and a just reward from the God of ¹their salvation."
- ⁶ Such is the generation of ¹those who seek you, *
of those who seek your face, O ¹God of Jacob.
- ⁷ Lift up your heads, O gates;
lift them high, O ever-¹lasting doors; *
and the One who reigns in glory ¹shall come in.
- ⁸ "Who is this ¹glorious One?"
"The Lord, strong and mighty,
the Lord, might-¹y in battle."
- ⁹ Lift up your ¹heads, O gates;
lift them high, O ever-¹lasting doors; *
and the One who reigns in glory ¹shall come in.
- ¹⁰ "Who is this ¹glorious One?"*
"The Lord of hosts,
the Lord who ¹reigns in glory."

Psalm 25 *Ad te, Domine, levavi*

- ¹ To ¹you, O Lord, *
I lift ¹up my soul;
- ² my God, I put my ¹trust in you; *
let me not be humiliated,
nor let my enemies triumph ¹over me.
- ³ Let none who look to you be ¹put to shame; *
let the treacherous be disappointed ¹in their schemes.
- ⁴ Show me your ¹ways, O Lord, *
and teach ¹me your paths.
- ⁵ Lead me in your ¹truth and teach me, *
for you are the God of my salvation;
in you have I trusted all ¹the day long.
- ⁶ Remember, O Lord, your compas-¹sion and love, *
for they are from ¹everlasting.

- 7 Remember not the sins of my youth and ¹my transgressions; *
remember me according to your love
and for the sake of your good-¹ness, O Lord.
- 8 Gracious and upright are ¹you, O Lord; *
therefore you teach sinners ¹in your way.
- 9 You guide the humble in ¹doing right *
and teach your way ¹to the lowly.
- 10 O Lord, all your paths are ¹love and faithfulness *
to those who keep your covenant ¹and your testimonies.
- 11 For your name's ¹sake, O Lord, *
forgive my sin, for ¹it is great.
- 12 Who are they who fear ¹you, O Lord? *
You will teach them the way that ¹they should choose.
- 13 They shall dwell ¹in prosperity, *
and their offspring shall inher-¹it the land.
- 14 You are a friend to ¹those who fear you *
and will show ¹them your covenant.
- 15 My eyes are ever looking to ¹you, O Lord, *
for you shall pluck my feet out ¹of the net.
- 16 Turn to me and have pit-¹y on me, *
for I am left alone ¹and in misery.
- 17 The sorrows of my heart ¹have increased; *
bring me out ¹of my troubles.
- 18 Look upon my adversi-¹ty and misery *
and forgive me ¹all my sin.
- 19 Look upon my enemies, for ¹they are many, *
and they bear a violent ha-¹tred against me.
- 20 Protect my life ¹and deliver me; *
let me not be put to shame, for I have trust-¹ed in you.
- 21 Let integrity and upright-¹ness preserve me, *
for my hope has ¹been in you.
- 22 Deliver Isra-¹el, O God, *
out of ¹all their troubles.

Psalm 26 *Judica me, Domine*

- ¹ Give judgement for me, O Lord,
for I have lived ¹with integrity; *
I have trusted in you and ¹have not faltered.
- 2 Test me, O ¹Lord, and try me; *
examine my heart ¹and my mind.
- 3 For your love is be-¹fore my eyes; *
I have walked faithful-¹ly with you.
- 4 I have not sat ¹with the worthless, *
nor do I consort with ¹the deceitful.
- 5 I have hated the company of ¹evildoers; *

- I will not sit down 'with the wicked.
- ⁶ I will wash my hands in inno-'cence, O Lord, *
that I may go in procession 'round your altar,
- ⁷ singing aloud a song 'of thanksgiving *
and recounting all your won-'derful deeds.
- ⁸ Lord, I love the house in 'which you dwell *
and the place where your glo-'ry abides.
- ⁹ Do not sweep me a-'way with sinners, *
nor my life with those who 'thirst for blood,
- ¹⁰ whose hands are full of 'evil plots, *
and whose hands 'full of bribes.
- ¹¹ As for me, I will live 'with integrity; *
redeem me, O Lord, and have pit-'y on me.
- ¹² My foot stands on 'level ground; *
in the full assembly I will 'bless the Lord.

Psalm 27 *Dominus illuminatio*

- ¹ The Lord is my light and 'my salvation; *
whom then 'shall I fear?
The Lord is the strength 'of my life; *
of whom then shall I 'be afraid?
- ² When evildoers came upon me to eat 'up my flesh, *
it was they, my foes and my adversaries,
who stum-'bled and fell.
- ³ Though an army should en-'camp against me, *
yet my heart shall not 'be afraid;
and though war should rise 'up against me, *
yet will I put my 'trust in God.
- ⁴ One thing have I asked of the Lord; one 'thing I seek; *
that I may dwell in the house of the Lord all the days 'of my life,
beholding the fair beauty 'of the Lord *
and seeking God 'in the temple.
- ⁵ For in the day of trouble, O God,
you shall keep me safe 'in your shelter; *
you shall hide me in the secrecy of your dwelling
and set me high up-'on a rock.
- ⁶ Even now you lift 'up my head *
above my enemies 'round about me.
Therefore I will offer in your dwelling
an oblation with sounds 'of great gladness; *
I will sing and make music 'to the Lord.
- ⁷ Hearken to my voice, O Lord, 'when I call; *
have mercy on me and 'answer me.
- ⁸ You speak in my heart and say , ' "Seek my face." *
Your face, Lord, 'will I seek.

- ⁹ Hide not your 'face from me, *
nor turn away your servant 'in displeasure.
You have been my helper; cast me 'not away; *
do not forsake me, O God of 'my salvation.
- ¹⁰ Though my father and my moth-'er forsake me, *
the Lord 'will sustain me.
- ¹¹ Show me your 'way, O Lord; *
lead me on a level path, because 'of my enemies.
- ¹² Deliver me not into the hand 'of my adversaries, *
for false witnesses have risen up against me,
and also those 'who speak malice.
- ¹³ What if I had not believed
that I should see the goodness 'of the Lord *
in the land 'of the living!
- ¹⁴ O tarry and await the pleasure of the Lord;
be strong, and God shall com-'fort your heart; *
wait patiently 'for the Lord.

Psalm 28 *Ad te, Domine*

- ¹ O Lord, I 'call to you; *
my rock, do not be deaf 'to my cry;
lest, if you 'do not hear me, *
I become like those who go down 'to the pit.
- ² Hear the voice of my prayer when I cry 'out to you, *
when I lift up my hands to your ho-'ly of holies.
- ³ Do not snatch me away with the wicked or with the 'evildoers, *
who speak peaceably with their neighbours,
while strife is 'in their hearts.
- ⁴ Repay them according 'to their deeds, *
and according to the wickedness 'of their actions.
According to the work of their 'hands repay them, *
and give them their 'just deserts.
- ⁵ They have no understanding 'of your doings, *
nor of the works 'of your hands;
therefore you will 'break them down *
and not 'build them up.
- ⁶ Blessed are 'you, O Lord! *
For you have heard the voice 'of my prayer.
- ⁷ O Lord, you are my strength 'and my shield; *
my heart trusts in you, and I 'have been helped;
therefore my heart dan-'ces for joy, *
and in my song 'will I praise you.
- ⁸ You are the strength 'of your people, *
a safe refuge for 'your anointed.
- ⁹ Save your people and bless 'your inheritance; *

shepherd them and carry ¹them for ever.

Psalm 29 *Afferte Domino*

- ¹ Ascribe to the ¹Lord, you gods, *
ascribe to the Lord glo-¹ry and strength.
- ² Ascribe to the Lord the glory due ¹the divine name; *
worship the Lord in the beau-¹ty of holiness.
- ³ The voice of the Lord is upon the waters;
the God of ¹glory thunders; *
the Lord is upon the ¹mighty waters.
- ⁴ The voice of the Lord is a pow-¹erful voice; *
the voice of the Lord is a ¹voice of splendour.
- ⁵ The voice of the Lord breaks the ¹cedar trees; *
the Lord breaks the ce-¹dars of Lebanon,
- ⁶ and makes Lebanon skip ¹like a calf, *
and Mount Hermon like a ¹young wild ox.
- ⁷ The voice ¹of the Lord *
splits the ¹flames of fire;
- ⁸ the voice of the Lord ¹shakes the wilderness; *
the Lord shakes the wilder-¹ness of Kadesh.
- ⁹ The voice of the Lord makes the ¹oak trees writhe *
and strips the ¹forests bare.
- And in the temple ¹of the Lord *
all are ¹crying, “Glory!”
- ¹⁰ The Lord sits enthroned a-¹bove the flood; *
the Lord sits enthroned as sovereign for ¹evermore.
- ¹¹ The Lord shall give strength ¹to this people; *
the Lord shall give this people the bles-¹ing of peace.

Psalm 30 *Exaltabo te, Domine*

- ¹ I will exalt you, O Lord, because you have lift-¹ed me up *
and have not let my enemies triumph ¹over me.
- ² O Lord my God, I cried ¹out to you, *
and you restored ¹me to health.
- ³ You brought me up, O Lord, ¹from the dead; *
you restored my life as I was going down ¹to the grave.
- ⁴ Sing to the Lord, you serv-¹ants of God; *
give thanks for the remembrance of the holi-¹ness of God.
- ⁵ For the wrath of God endures but the twinkling ¹of an eye, *
the divine favour ¹for a lifetime.
- Weeping may ¹spend the night, *
but joy comes ¹in the morning.
- ⁶ While I felt se-¹cure, I said,*
“I shall never ¹be disturbed.

- ⁷ Lord, with your favour, you made me as strong ¹as the mountains.” *
Then you hid your face, and I was ¹filled with fear.
- ⁸ I cried to ¹you, O Lord; *
I pleaded ¹with you, saying,
- ⁹ “What profit is there in my blood, if I go down ¹to the pit? *
Will the dust praise you or de-¹clare your faithfulness?
- ¹⁰ Hear, O Lord, and have mer-¹cy upon me; *
O Lord, ¹be my helper.”
- ¹¹ You have turned my wailing ¹into dancing; *
you have put off my sack-cloth and clothed ¹me with joy.
- ¹² Therefore my heart sings to you ¹without ceasing; *
O Lord my God, I will give you ¹thanks for ever.

Psalm 31 *In te, Domine, speravi*

- ¹ In you, O Lord, have I taken refuge;
let me never be ¹put to shame; *
deliver me ¹in your righteousness.
- ² Incline your ¹ear to me; *
make haste to de-¹liver me.
- ³ Be my strong rock, a castle to ¹keep me safe, *
for you are my crag ¹and my stronghold;
for the sake ¹of your name, *
lead ¹me and guide me.
- ⁴ Take me out of the net that they have secretly ¹set for me, *
for you are my tow-¹er of strength.
- ⁵ Into your hands I com-¹mend my spirit, *
for you have redeemed me, O Lord, O ¹God of truth.
- ⁶ I hate those who cling to ¹worthless idols *
and I put my trust ¹in the Lord.
- ⁷ I will rejoice and be glad because ¹of your mercy; *
for you have seen my affliction; you know ¹my distress.
- ⁸ You have not shut me up in the power ¹of the enemy; *
you have set my feet in an ¹open place.
- ⁹ Have mercy on ¹me, O Lord, *
for I ¹am in trouble;
my eye is con-¹sumed with sorrow, *
and also my throat ¹and my belly.
- ¹⁰ For my life is wast-¹ed with grief, *
and my ¹years with sighing;
my strength fails me because ¹of affliction, *
and my bones ¹are consumed.
- ¹¹ I have become a reproach to ¹all my enemies *
and even ¹to my neighbours,
a dismay to those of ¹my acquaintance; *
when they see me in the street ¹they avoid me.

- ¹² I am forgotten like a corpse, 'out of mind; *
I am as useless as a 'broken pot.
- ¹³ For I have heard the whispering 'of the crowd; *
fear is 'all around;
they put their heads togeth- 'er against me; *
they plot to 'take my life.
- ¹⁴ But as for me, I have trusted in 'you, O Lord. *
I have said, "You 'are my God."
- ¹⁵ My times are 'in your hand; *
rescue me from the hand of my enemies,
and from those who 'persecute me.
- ¹⁶ Make your face to shine up- 'on your servant, *
and in your loving- 'kindness save me."
- ¹⁷ Lord, let me not be ashamed for having 'called upon you; *
rather, let the wicked be put to shame;
let them be silent 'in the grave.
- ¹⁸ Let the lying lips be silenced which speak a- 'gainst the righteous, *
haughtily, disdainfully and 'with contempt.
- ¹⁹ How great is your good- 'ness, O Lord, *
which you have laid up for 'those who fear you;
which you have done in the 'sight of all *
for those who put their 'trust in you.
- ²⁰ You hide them in the covert 'of your presence
from those who 'slander them; *
you keep them in your shelter from the 'strife of tongues.
- ²¹ Blessed are 'you, O Lord, *
for you have shown me the wonders of your love
in a 'besieged city.
- ²² Yet I said 'in my alarm, *
"I have been cut off from the sight 'of your eyes."
Nevertheless, you heard the sound of 'my entreaty *
when I cried 'out to you.
- ²³ Love the Lord, all you who 'worship God; *
the Lord protects the faithful,
but repays to the full those 'who act haughtily.
- ²⁴ Be strong and let your 'heart take courage, *
all you who wait 'for the Lord.

Psalm 32 *Beati quorum*

- ¹ Happy are they whose transgressions 'are forgiven, *
and whose sin is 'put away!
- ² Happy are they to whom the Lord im- 'putes no guilt, *
and in whose spirit there 'is no guile!
- ³ While I held my tongue, my bones with- 'ered away, *
because of my groaning 'all day long.

- ⁴ For your hand was heavy upon me 'day and night; *
my moisture was dried up as in the 'heat of summer.
- ⁵ Then I acknowledged my 'sin to you, *
and did not con-'ceal my guilt.
I said, "I will confess my transgressions 'to the Lord." *
Then you forgave me the guilt 'of my sin.
- ⁶ Therefore 'all the faithful *
will make their prayers to you in 'time of trouble;
when the great waters 'overflow, *
they 'shall not reach them.
- ⁷ You are my hiding-place;
you preserve 'me from trouble; *
you surround me with shouts 'of deliverance.
- ⁸ "I will instruct you and teach you in the way that 'you should go; *
I will guide you 'with my eye.
- ⁹ Do not be like horse or mule, which have no 'understanding; *
who must be fitted with bit and bridle,
or else they will 'not stay near you."
- ¹⁰ Great are the tribulations 'of the wicked; *
but mercy embraces those who trust 'in the Lord.
- ¹¹ Be glad, you righteous, and rejoice 'in the Lord; *
shout for joy, all who are 'true of heart.

Psalm 33 *Exultate, justi*

- ¹ Rejoice in the 'Lord, you righteous; *
it is good for the just 'to sing praises.
- ² Praise the Lord 'with the harp; *
play to God upon the psalter-'y and lyre.
- ³ Sing for God 'a new song; *
sound a fanfare with all your skill up-'on the trumpet.
- ⁴ For the word of the 'Lord is right, *
and all the works of 'God are sure.
- ⁵ God loves righteous-'ness and justice; *
the loving-kindness of the Lord fills 'the whole earth.
- ⁶ By the word of the Lord were the 'heavens made, *
by the breath of God's mouth all the heav-'enly hosts.
- ⁷ God gathers up the waters of the ocean as 'in a water-skin *
and stores up the depths 'of the sea.
- ⁸ Let all the earth 'fear the Lord; *
let all who dwell in the world stand in 'awe of God.
- ⁹ For God spoke, and it 'came to pass; *
God commanded, and 'it stood fast.
- ¹⁰ The Lord brings the will of the na-'tions to naught, *
thwarting the designs 'of the peoples.
- ¹¹ But the will of the Lord stands 'fast for ever, *

- and the designs of God's heart from 'age to age.
- ¹² Happy is the nation whose God 'is the Lord, *
happy the people chosen to 'be God's own.
- ¹³ The Lord looks 'down from heaven, *
and beholds all the people 'in the world.
- ¹⁴ Enthroned in the heav-'ens God gazes *
on all who dwell 'on the earth,
- ¹⁵ fashioning all the 'hearts of them *
and understanding 'all their works.
- ¹⁶ There is no ruler that can be saved by a 'mighty army; *
the strong are not delivered by 'their great strength.
- ¹⁷ The horse is a vain hope 'for deliverance; *
for all its strength it 'cannot save.
- ¹⁸ Behold, your eye, O Lord, is upon 'those who fear you, *
on those who wait up-'on your love,
- ¹⁹ to pluck their 'lives from death, *
and to feed them in 'time of famine.
- ²⁰ Our soul waits 'for the Lord *
who is our help 'and our shield.
- ²¹ Indeed, our heart rejoic-'es in God *
in whose holy name we 'put our trust.
- ²² Let your loving-kindness, O Lord, 'be upon us, *
as we have put our 'trust in you.

Psalm 34 *Benedicam Dominum*

- ¹ I will bless the Lord 'at all times; *
the praise of God shall ever be 'in my mouth.
- ² I will glory 'in the Lord; *
let the humble hear 'and rejoice.
- ³ Proclaim with me the greatness 'of the Lord; *
let us exalt the name of 'God together.
- ⁴ I sought the Lord, who 'answered me *
and delivered me out of 'all my terror.
- ⁵ Look upon God 'and be radiant, *
and let not your faces 'be ashamed.
- ⁶ I called in my affliction and 'the Lord heard me *
and saved me from 'all my troubles.
- ⁷ The angel of the Lord encompasses those 'who fear God *
and will de-'liver them.
- ⁸ Taste and see that the 'Lord is good; *
happy are they who 'trust in God!
- ⁹ Fear the Lord, you holy 'ones of God, *
for those who fear 'God lack nothing.
- ¹⁰ The young lions lack and 'suffer hunger, *
but those who seek the Lord lack nothing 'that is good.

- ¹¹ Come, children, and list-¹en to me; *
I will teach you the fear ¹of the Lord.
- ¹² Who among ¹you loves life *
and desires long life to en-¹joy prosperity?
- ¹³ Keep your tongue from ¹evil-speaking *
and your lips from ¹lying words.
- ¹⁴ Turn from evil ¹and do good; *
seek peace ¹and pursue it.
- ¹⁵ The eyes of the Lord are up-¹on the righteous, *
and the ears of God are open ¹to their cry.
- ¹⁶ The face of the Lord is against those ¹who do evil, *
to root out the remembrance of them ¹from the earth.
- ¹⁷ The righteous cry, and ¹the Lord hears them *
and delivers them from ¹all their troubles.
- ¹⁸ The Lord is near to the ¹brokenhearted *
and will save those whose spir-¹its are crushed.
- ¹⁹ Many are the troubles ¹of the righteous, *
but the Lord will deliver them out ¹of them all.
- ²⁰ The Lord will keep safe ¹all their bones; *
not one of them ¹shall be broken.
- ²¹ Evil shall ¹slay the wicked, *
and those who hate the righteous ¹will be punished.
- ²² O Lord, you redeem the life ¹of your servants, *
and none will be punished who ¹trust in you.

Psalm 35 *Judica, Domine*

- ¹ Fight those who fight ¹me, O Lord; *
attack those who are at-¹tacking me.
- ² Take up ¹shield and armour *
and rise ¹up to help me.
- ³ Draw the sword and bar the way against those ¹who pursue me; *
say to my soul, "I am ¹your salvation."
- ⁴ Let those who seek after my life be ¹shamed and humbled; *
let those who plot my ruin fall back and ¹be dismayed.
- ⁵ Let them be like chaff be-¹fore the wind, *
and the angel of the Lord drive ¹them away.
- ⁶ Let their way be ¹dark and slippery, *
and let the angel of the ¹Lord pursue them.
- ⁷ For they have secretly spread a net for me with-¹out a cause; *
without a cause they have dug a pit to take ¹me alive.
- ⁸ Let ruin come upon them ¹unawares; *
let them be caught in the net they hid;
let them fall into the ¹pit they dug.
- ⁹ Then I will be joyful ¹in the Lord; *
I will glory ¹in your victory.

- ¹⁰ My very 'bones will say, *
 "Lord, 'who is like you?
You deliver the poor from those who are too 'strong for them, *
 the poor and needy from 'those who rob them."
- ¹¹ Malicious witnesses rise 'up against me; *
 they charge me with matters I know noth-'ing about.
- ¹² They pay me evil in ex-'change for good; *
 my soul is full 'of despair.
- ¹³ But when they were sick I 'dressed in sack-cloth *
 and humbled my-'self by fasting;
- ¹⁴ I prayed with 'my whole heart, *
 as one would for a 'friend or kin,
I behaved like one who mourns 'for a parent, *
 bowed 'down and grieving.
- ¹⁵ But 'when I stumbled, *
 they were glad and gath-'ered together;
they gath-'ered against me; *
 strangers whom I did not know
 tore me to pieces and 'would not stop.
- ¹⁶ They put me to the 'test and mocked me; *
 they gnashed at me 'with their teeth.
- ¹⁷ O Lord, how long will 'you look on? *
 Rescue me from the roaring beasts
 and my life from 'the young lions.
- ¹⁸ I will give you thanks in the great 'congregation; *
 I will praise you in the 'mighty throng.
- ¹⁹ Do not let my treacherous foes rejoice 'over me, *
 nor let those who hate me without a cause wink 'at each other.
- ²⁰ For they do not 'plan for peace, *
 but invent deceitful schemes against the quiet 'in the land.
- ²¹ They opened their mouths at 'me and said, *
 "Aha! We saw it with 'our own eyes."
- ²² You saw it, O Lord; do 'not be silent; *
 O Lord, be not 'far from me.
- ²³ Awake, arise, 'to my cause, *
 to my defence, my God 'and my Lord!
- ²⁴ Give me justice, O Lord my God, according 'to your righteousness; *
 do not let them triumph 'over me.
- ²⁵ Do let them say 'in their hearts, *
 "Aha! Just 'what we want!"
Do not 'let them say, *
 "We have swallowed 'this one up."
- ²⁶ Let all who rejoice at my ruin
be ashamed 'and disgraced; *
 let those who boast against me
 be clothed with dis-'may and shame.

- ²⁷ Let those who favour my cause sing out with joy ¹and be glad; *
let them say always, "Great are you, O Lord,
who desires the prosperity ¹of your servant."
²⁸ And my tongue shall be talking ¹of your righteousness *
and of your praise all ¹the day long.

Psalm 36 *Dixit injustus*

- ¹ There is a voice of rebellion deep in the hearts ¹of the wicked; *
there is no fear of God ¹in their eyes.
² They flatter themselves in ¹their own eyes *
that their hateful sin will not ¹be found out.
³ The words of their mouths are wicked ¹and deceitful; *
they have left off acting wisely and ¹doing good.
⁴ They think up wickedness upon their beds
and have set themselves in ¹no good way; *
they do not abhor that ¹which is evil.
⁵ Your love, O Lord, reaches ¹to the heavens, *
and your faithfulness ¹to the clouds.
⁶ Your righteousness is like the strong mountains,
your justice like ¹the great deep; *
you save both mortals and ¹beasts, O Lord.
⁷ How priceless is your ¹love, O God! *
Your people take refuge under the shadow ¹of your wings.
⁸ They feast upon the abundance ¹of your house; *
you give them drink from the river of ¹your delights.
⁹ For with you is the ¹well of life, *
and in your light ¹we see light.
¹⁰ Continue your loving-kindness to ¹those who know you, *
and your favour to those who are ¹true of heart.
¹¹ Let not the foot of the ¹proud come near me, *
nor the hand of the wicked push ¹me aside.
¹² See how they are fallen, those ¹who work wickedness! *
They are cast down and shall not be a-¹ble to rise.

Psalm 37

Part I Noli æmulari

- ¹ Do not fret yourself because of ¹evildoers; *
do not be jealous of those ¹who do wrong.
² For they shall soon wither ¹like the grass, *
and like the green grass ¹fade away.
³ Put your trust in the Lord ¹and do good; *
dwell in the land and feed ¹on its riches.
⁴ Take delight ¹in the Lord, *
who shall give you your ¹heart's desire.

- ⁵ Commit your way to the Lord and put your trust in the 'Holy One *
who will bring' it to pass.
- ⁶ God will make your righteousness as clear 'as the light *
and your just dealing 'as the noonday.
- ⁷ Be still before the Lord and wait patient-'ly for God. *
Do not fret yourself over the one who prospers,
the one who succeeds in 'evil schemes.
- ⁸ Refrain from anger, leave 'rage alone; *
do not fret yourself; it leads on-'ly to evil.
- ⁹ For evildoers shall 'be cut off, *
but those who wait upon the Lord shall pos-'sess the land.
- ¹⁰ In a little while the wicked shall 'be no more; *
you shall search out their place, but they will 'not be there.
- ¹¹ But the lowly shall pos-'sess the land; *
they will delight in abun-'dance of peace.
- ¹² The wicked plot a-'gainst the righteous *
and gnash at them 'with their teeth.
- ¹³ The Lord laughs 'at the wicked, *
because God sees that their 'day will come.
- ¹⁴ The wicked draw their sword
and bend their bow to strike down the 'poor and needy, *
to slaughter those who are upright 'in their ways.
- ¹⁵ Their sword shall go through 'their own heart, *
and their bow 'shall be broken.
- ¹⁶ The little that the righteous have *
is better than great riches 'of the wicked.
- ¹⁷ For the power of the wicked 'shall be broken, *
but the Lord up-'holds the righteous.

Part II Novit Dominus

- ¹⁸ The Lord cares for the lives 'of the godly, *
and their inheritance shall 'last for ever.
- ¹⁹ They shall not be ashamed 'in bad times, *
and in days of famine they shall 'have enough.
- ²⁰ As 'for the wicked, *
they shall perish,
and the enemies 'of the Lord,
like the glory of the mead-'ows, shall vanish; *
they shall van-'ish like smoke.
- ²¹ The wicked borrow and do 'not repay, *
but the righteous are gener-'ous in giving.
- ²² Those who are blessed by God shall pos-'sess the land, *
but those who are cursed by God shall 'be destroyed.
- ²³ Our steps are directed 'by the Lord *
who strengthens those in whose way 'God delights.
- ²⁴ If they stumble, they shall 'not fall headlong, *

- for the Lord holds them 'by the hand.
- ²⁵ I have been young and now 'I am old, *
but never have I seen the righteous forsaken,
or their children 'begging bread.
- ²⁶ The righteous are always generous 'in their lending, *
and their children shall 'be a blessing.
- ²⁷ Turn from evil, 'and do good, *
and dwell in the 'land for ever.
- ²⁸ For the 'Lord loves justice *
and does not forsake those 'who are faithful.
They shall be kept 'safe for ever, *
but the offspring of the wicked shall 'be destroyed.
- ²⁹ The righteous shall pos-'sess the land *
and dwell in 'it for ever.
- ³⁰ The mouth of the righteous 'utters wisdom, *
and their tongue speaks 'what is right.
- ³¹ The law of their God is 'in their heart, *
and their footsteps 'shall not falter.
- ³² The wicked spy 'on the righteous *
and seek occa-'sion to kill them.
- ³³ The Lord will not abandon them 'to their hand, *
nor let them be found guilty when 'brought to trial.
- ³⁴ Wait upon the Lord and keep the 'ways of God, *
who will raise you up to pos-'sess the land,
and when the wicked 'are cut off, *
'you will see it.
- ³⁵ I have seen the wicked 'in their arrogance, *
flourishing like a tree 'in full leaf.
- ³⁶ I went by, and behold, they 'were not there; *
I searched for them, but they could 'not be found.
- ³⁷ Mark those who are honest; ob-'serve the upright; *
for there is a future 'for the peaceable.
- ³⁸ Transgressors shall be destroyed, 'one and all; *
the future of the wicked 'is cut off.
- ³⁹ But the deliverance of the righteous comes 'from the Lord, *
who is their stronghold in 'time of trouble.
- ⁴⁰ The Lord will help them and 'rescue them; *
rescuing them from the wicked and delivering them,
because they seek ref-'uge in God.

Psalm 38 *Domine, ne in furore*

- ¹ O Lord, do not rebuke me 'in your anger; *
do not punish me 'in your wrath.
- ² For your arrows have al-'ready pierced me, *
and your hand presses 'hard upon me.
- ³ There is no health in my flesh, because of your 'indignation; *
there is no soundness in my body, because 'of my sin.
- ⁴ For my iniquities 'overwhelm me; *
like a heavy burden they are too much for 'me to bear.
- ⁵ My wounds 'stink and fester *
by reason 'of my foolishness.
- ⁶ I am utterly bowed 'down and prostrate; *
I go about in mourning all 'the day long.
- ⁷ My loins are filled with 'searing pain; *
there is no health 'in my body.
- ⁸ I am utterly 'numb and crushed; *
I wail, because of the groaning 'of my heart.
- ⁹ O Lord, you know all 'my desires, *
and my sighing is not hid-'den from you.
- ¹⁰ My heart is pounding, my 'strength has failed me, *
and the brightness of my eyes is 'gone from me.
- ¹¹ My friends and companions draw back from 'my affliction; *
my neighbours stand 'afar off.
- ¹² Those who seek after my life lay 'snares for me; *
those who strive to hurt me speak of my ruin
and plot treachery all 'the day long.
- ¹³ But I am like the deaf who 'do not hear, *
like those who are mute and do not o-'pen their mouth.
- ¹⁴ I have become like one who 'does not hear, *
and from whose mouth comes 'no defence.
- ¹⁵ For in you, O Lord, have I 'fixed my hope; *
you will answer me, O 'Lord my God.
- ¹⁶ For I said, "Do not let them rejoice at 'my expense, *
those who gloat over me when 'my foot slips."
- ¹⁷ Truly, I am on the 'verge of falling, *
and my pain is al-'ways with me.
- ¹⁸ I will confess 'my iniquity *
and be sorry 'for my sin.
- ¹⁹ Those who are my enemies without 'cause are mighty, *
and many in number are those who wrong-'fully hate me.
- ²⁰ Those who repay evil for good 'slander me, *
because I follow the course 'that is right.
- ²¹ O Lord, do 'not forsake me; *
be not far from me, 'O my God.
- ²² Make 'haste to help me, *

O Lord of 'my salvation.

Psalm 39 *Dixi, Custodiam*

- ¹ I said, "I will keep watch up-'on my ways, *
so that I do not offend 'with my tongue.
I will put a muzzle 'on my mouth *
while the wicked are 'in my presence."
- ² So I held my tongue 'and said nothing; *
I refrained from rash words;
but my pain be-'came unbearable.
- ³ My heart was hot within me;
while I pondered, the fire burst 'into flame; *
I spoke out 'with my tongue:
- ⁴ "Lord, let me know my end and the number 'of my days, *
so that I may know how 'short my life is.
- ⁵ You have given me a mere handful of days,
and my lifetime is as nothing 'in your sight; *
truly, even those who stand erect are but a 'puff of wind.
- ⁶ We walk about like a shadow, and in vain we 'are in turmoil; *
we heap up riches and cannot tell who will 'gather them.
- ⁷ And now, what 'is my hope? *
O Lord, my hope 'is in you.
- ⁸ Deliver me from all 'my transgressions *
and do not make me the taunt 'of the fool.
- ⁹ I fell silent and did not o-'pen my mouth, *
for surely it was 'you that did it.
- ¹⁰ Take your af-'liction from me; *
I am worn down by the blows 'of your hand.
- ¹¹ With rebukes for sin you punish us;
like a moth you eat away all that is 'dear to us; *
truly, everyone is but a 'puff of wind.
- ¹² Hear my 'prayer, O Lord, *
and give ear to my cry; hold not your peace 'at my tears.
for I am but a so-'journer with you, *
a wayfarer, as all my an-'cestors were.
- ¹³ Turn your gaze from me, that I may be 'glad again, *
before I go my way and 'am no more."

Psalm 40 *Expectans, expectavi*

- ¹ I waited patiently up-¹on the Lord *
who stooped to me and ¹heard my cry.
- ² God lifted me out of the desolate pit, out of the ¹mire and clay, *
and set my feet on a high cliff and made my ¹footing sure.
- ³ God put a new song ¹in my mouth, *
a song of praise ¹to our God;
many shall see, and ¹stand in awe, *
and put their trust ¹in the Lord.
- ⁴ Happy are they who trust ¹in the Lord! *
they do not resort to evil spirits or turn ¹to false gods.
- ⁵ Great things are they that you have done, O ¹Lord my God! *
how great your wonders and your ¹plans for us!
There is none who can be com-¹pared with you. *
Oh, that I could make them known and tell them,
but they are more than ¹I can count.
- ⁶ In sacrifice and offering you ¹take no pleasure *
(you have given me ears to hear you);
burnt-offering and sin-offering you have ¹not required.
- ⁷ And so I said, “Be-¹hold, I come. *
In the roll of the book it is written con-¹cerning me:
- ⁸ ¹‘I love to do your will, ¹O my God; *
your law is deep with-¹in my heart.’”
- ⁹ I proclaimed righteousness in the great ¹congregation; *
behold, I did not restrain my lips; and that, O ¹Lord, you know.
- ¹⁰ Your righteousness have I not hidden ¹in my heart; *
I have spoken of your faithfulness and ¹your deliverance;
I have not concealed your ¹love and faithfulness *
from the great ¹congregation.
- ¹¹ You are the Lord; do not withhold your compas-¹sion from me; *
let your love and your faithfulness keep me ¹safe for ever.
- ¹² For innumerable troubles have crowd-¹ed upon me; *
my sins have overtaken me, and I ¹cannot see;
they are more in number than the hairs ¹of my head, *
and ¹my heart fails me.
- ¹³ Be pleased, O Lord, to de-¹liver me; *
O Lord, make ¹haste to help me.
- ¹⁴ Let them be ashamed and altogeth-¹er dismayed *
who seek after my life ¹to destroy it;
let them draw back and ¹be disgraced *
who take pleasure in ¹my misfortune.
- ¹⁵ Let those who say “Aha!” and gloat over me ¹be confounded, *
because they ¹are ashamed.
- ¹⁶ Let all who seek you rejoice in you ¹and be glad; *
let those who love your salvation continually say, “Great ¹is the Lord!”

¹⁷ Though I am poor 'and afflicted, *
the Lord will have re-'gard for me.
You are my helper and 'my deliverer; *
do not tarry, 'O my God.

Psalm 41 *Beatus qui intelligit*

¹ Happy are they who consider the 'poor and needy! *
The Lord will deliver them in the 'time of trouble.
² The Lord preserves them and keeps them alive,
so that they may be happy 'in the land; *
the Lord does not hand them over to the will 'of their enemies.
³ The Lord sustains them 'on their sickbed *
and ministers to them 'in their illness.
⁴ I said, "Lord, be merci-'ful to me; *
heal me, for I have 'sinned against you."
⁵ My enemies are saying wicked 'things about me, *
asking when will I die and 'my name perish.
⁶ Even if they come to see me, they speak 'empty words; *
their heart collects false rumours;
they go out-'side and spread them.
⁷ All my enemies whisper togeth-'er about me *
and devise e-'vil against me.
⁸ They say that a deadly thing has fas-'tened on me; *
that I have taken to my bed and will never get 'up again.
⁹ Even my best friend, whom I trusted, who broke 'bread with me, *
has lifted up the heel and 'turned against me.
¹⁰ But you, O Lord, be merciful to me and 'raise me up, *
and I 'shall repay them.
¹¹ By this I know you are 'pleased with me, *
that my enemy does not triumph 'over me.
¹² In my integrity you 'hold me fast, *
and shall set me before your 'face for ever.
¹³ Blessed be the Lord 'God of Israel, *
from age to age. A-'men. Amen.

Book II

Psalm 42 *Quemadmodum*

¹ As the deer longs ¹for the water-brooks, *
so longs my soul for ¹you, O God.

² My soul is athirst for God, athirst for the ¹living God; *
when shall I come to appear before the pres-¹ence of God?

³ My tears have been my food ¹day and night, *
while all day long they say to me, “Where now ¹is your God?”

⁴ I pour out my soul when I think ¹on these things: *
how I went with the multitude
and led them into the ¹house of God,
with the voice of praise ¹and thanksgiving, *
among those who keep ¹holy-day.

⁵ Why are you so full of heaviness, ¹O my soul, *
and why are you so disquiet-¹ed within me?
Put your ¹trust in God; *
for I will yet give thanks to the Holy One
who is the help of my countenance ¹and my God.

⁶ My soul is heav-¹y within me; *
therefore I will remember you from the land of Jordan,
and from the peak of Mizar among the ¹heights of Hermon.

⁷ One deep calls to another in the noise ¹of your cataracts; *
all your rapids and floods have gone ¹over me.

⁸ The Lord grants loving-kindness ¹in the daytime; *
in the night season a song of God is with me,
a prayer to the God ¹of my life.

⁹ I will say to the God ¹of my strength, *
“Why have you for-¹gotten me
and why do I ¹go so heavily *
while the enemy op-¹presses me?”

¹⁰ While my bones are ¹being broken, *
my enemies mock me ¹to my face;
all day long they mock me and ¹say to me, *
“Where now ¹is your God?”

¹¹ Why are you so full of heaviness, ¹O my soul, *
and why are you so disquiet-¹ed within me?
Put your ¹trust in God; *
for I will yet give thanks to the Holy One
who is the help of my countenance ¹and my God.

Psalm 43 *Judica me, Domine*

¹ Give judgement for me, O God,
and defend my cause against an un-¹godly people; *

deliver me from the deceitful ¹and the wicked.
² For you are the God ¹of my strength; *
 why have you put ¹me from you?
And why do I ¹go so heavily *
 while the enemy op-¹presses me?
³ Send out your light and your truth,
that ¹they may lead me, *
 and bring me to your holy hill and ¹to your dwelling;
⁴ that I may go to the altar of God,
to the God of my ¹joy and gladness; *
 and on the harp I will give thanks to you, O ¹God my God.
⁵ Why are you so full of heaviness, ¹O my soul, *
 and why are you so disquiet-¹ed within me? *
Put your ¹trust in God; *
 for I will yet give thanks to the Holy One,
 who is the help of my countenance, ¹and my God.

Psalm 44 *Deus, auribus*

¹ We have heard with our ears, O God,
our ances-¹tors have told us, *
 the deeds you did in their days, in the ¹days of old.
² How with your hand you drove the peoples out
and planted our ancestors ¹in the land; *
 how you destroyed nations and made your ¹people flourish.
³ For they did not take the land ¹by their sword, *
 nor did their arm win the victo-¹ry for them;
but your mighty hand, your arm,
and the light ¹of your countenance, *
 because you ¹favoured them.
⁴ You are my Sovereign ¹and my God; *
 you command victo-¹ries for Jacob.
⁵ Through you we pushed back our ¹adversaries; *
 through your name we trampled on those who rose ¹up against us.
⁶ For I do not rely ¹on my bow, *
 and my sword does not give ¹me the victory.
⁷ Surely, you gave us victory over our ¹adversaries *
 and put those who hate ¹us to shame.
⁸ Every day we glor-¹ied in God, *
 and we will praise your ¹name for ever.
⁹ Nevertheless, you have reject-¹ed and humbled us *
 and do not go forth ¹with our armies.
¹⁰ You have made us fall back be-¹fore our adversary, *
 and our enemies have ¹plundered us.
¹¹ You have made us like sheep ¹to be eaten *
 and have scattered us a-¹mong the nations.

- ¹² You are selling your people ¹for a trifle *
and are making no profit on the ¹sale of them.
- ¹³ You have made us the scorn ¹of our neighbours, *
a mockery and derision to ¹those around us.
- ¹⁴ You have made us a byword a-¹mong the nations, *
a laughing-stock a-¹mong the peoples.
- ¹⁵ My humiliation is dai-¹ly before me, *
and shame has cov-¹ered my face;
- ¹⁶ because of the taunts of the mockers ¹and blasphemers, *
because of the enemy ¹and avenger.
- ¹⁷ All this has ¹come upon us; *
yet we have not forgotten you,
nor have we be-¹trayed your covenant
- ¹⁸ Our heart nev-¹er turned back, *
nor did our footsteps stray ¹from your path;
- ¹⁹ Though you thrust us down into a ¹place of misery, *
and covered us over ¹with deep darkness.
- ²⁰ If we have forgotten the name ¹of our God, *
or stretched out our hands to ¹some strange god,
- ²¹ will you not ¹find it out? *
For you know the secrets ¹of the heart.
- ²² Indeed, for your sake we are killed ¹all the day long; *
we are accounted as sheep ¹for the slaughter.
- ²³ Awake, O Lord! why ¹are you sleeping? *
Arise! Do not reject ¹us for ever.
- ²⁴ Why have you hid-¹den your face *
and forgotten our affliction ¹and oppression?
- ²⁵ We sink down in-¹to the dust; *
our body cleaves ¹to the ground.
- ²⁶ Rise ¹up, and help us, *
and save us, for the sake of your ¹steadfast love.

Psalm 45 *Eructavit cor meum*

- ¹ My heart is stirring with a noble song;
let me recite what I have fashioned ¹for the king; *
my tongue shall be the pen of ¹a skilled writer.
- ² You are the fair-¹est of mortals; *
grace flows from your lips,
because God has blessed ¹you for ever.
- ³ Strap your sword upon your thigh, O ¹mighty warrior, *
in your pride and ¹in your majesty.
- ⁴ Ride out and conquer in the cause of truth and for the ¹sake of justice. *
Your mighty hand will show you mar-¹vellous things;
- ⁵ your arrows are very sharp, O mighty warrior;
the peoples are falling ¹at your feet, *

- and your enemies are losing heart.
- ⁶ Your throne, O God, endures for ever and ever, *
a sceptre of righteousness is the sceptre of your dominion.
- ⁷ You love righteousness and hate iniquity. *
Therefore God, your God, has anointed you
with the oil of gladness above your companions.
- ⁸ All your garments are fragrant with myrrh, aloes, and cassia, *
and the music of strings from ivory palaces makes you glad.
- ⁹ The daughters of rulers stand among the ladies of the court; *
at your side is the queen, adorned with the gold of Ophir.
- ¹⁰ "Hear, O daughter; consider and listen closely; *
forget your people and your father's house.
- ¹¹ The king will have pleasure in your beauty; *
he is your master; therefore do him honour.
- ¹² The people of Tyre are here with a gift; *
the rich among the people seek your favour."
- ¹³ All glorious is the princess as she enters; *
her gown is cloth-of-gold.
- ¹⁴ In embroidered apparel she is brought to her sovereign; *
after her the bridesmaids follow in procession.
- ¹⁵ With joy and gladness they are brought, *
and enter into the royal palace.
- ¹⁶ "In place of fathers, O king, you shall have sons; *
you shall make them princes over all the earth.
- ¹⁷ I will make your name to be remembered from one generation to another; *
therefore nations will praise you for ever and ever."

Psalm 46 *Deus noster refugium*

- ¹ God is our refuge and strength, *
a very present help in trouble.
- ² Therefore we will not fear, though the earth be moved, *
and though the mountains be toppled
into the depths of the sea;
- ³ though its waters rage and foam, *
and though the mountains tremble at its tumult.
- ⁴ There is a river whose streams make glad the city of God, *
the holy habitation of the Most High.
- ⁵ God is in the midst of this city;
it shall not be overthrown; *
God shall help it at the break of day.
- ⁶ The nations make much ado,
and the dominions are shaken; *
God has spoken, and the earth shall melt away.
- ⁷ The Lord of hosts is with us; *
the God of Jacob is our stronghold.

- ⁸ Come now and look upon the works ¹of the Lord, *
what awesome things God has ¹done on earth.
⁹ It is God who makes war to cease in ¹all the world; *
who breaks the bow and shatters the spear,
and burns the ¹shields with fire.
¹⁰ “Be still, then, and know that ¹I am God; *
I will be exalted among the nations;
I will be exalted ¹in the earth.”
¹¹ The Lord of ¹hosts is with us; *
the God of Jacob ¹is our stronghold.

Psalm 47 *Omnes gentes, plaudit*

- ¹ Clap your hands, ¹all you peoples; *
shout to God with a ¹cry of joy.
² For the Lord Most High is ¹to be feared, *
the great sovereign over ¹all the earth,
³ who subdues the ¹peoples under us *
and the nations un-¹der our feet;
⁴ who chooses our inheri-¹tance for us, *
the pride of Jacob ¹whom God loves.
⁵ God has gone up ¹with a shout, *
with the sound ¹of the ram’s-horn.
⁶ Sing praises to ¹God, sing praises; *
sing praises to our sover-¹eign, sing praises.
⁷ For God is sovereign of ¹all the earth; *
sing praises with ¹all your skill.
⁸ God reigns o-¹ver the nations *
and sits upon the ¹holy throne.
⁹ The nobles of the peoples have gath-¹ered together *
with the people of the ¹God of Abraham.
The rulers of the earth be-¹long to God, *
who is high-¹ly exalted.

Psalm 48 *Magnus Dominus*

- ¹ Great is the Lord, and highly ¹to be praised; *
in whose city is the holy ¹hill of God.
² Beautiful and lofty, the joy of all the earth, is the ¹hill of Zion, *
the very centre of the world and the city of ¹the great sovereign.
³ God is ¹in its citadels *
and is known to be ¹its sure refuge.
⁴ Behold, the rulers of the ¹earth assembled *
and marched for-¹ward together.
⁵ They looked and ¹were astounded; *
they retreated and ¹fled in terror.

- ⁶ Trembling ¹seized them there; *
they writhed like a wo-¹man in childbirth,
⁷ like ships ¹of the sea *
when the east wind ¹shatters them.
- ⁸ As we have heard, so have we seen,
in the city of the Lord of hosts, in the city ¹of our God; *
God has established ¹it for ever.
- ⁹ We have waited in silence on your loving-kind-¹ness, O God, *
in the midst ¹of your temple.
- ¹⁰ Your praise, like your name, O God, reaches ¹to the world's end; *
your hand is ¹full of justice.
- ¹¹ Let Mount Zion be glad and the cities of Ju-¹dah rejoice, *
because ¹of your judgements.
- ¹² Make the circuit of Zion; walk ¹round about it; *
count the number ¹of its towers.
- ¹³ Consider well its bulwarks; exam-¹ine its strongholds; *
that you may tell those ¹who come after.
- ¹⁴ This God is our God for ev-¹er and ever, *
who shall be our guide for ¹evermore.

Psalm 49 *Audite hæc*

- ¹ Hear this, ¹all you peoples; *
hearken, all you who dwell ¹in the world,
² you of high de-¹gree and low, *
rich and ¹poor together.
- ³ My mouth shall ¹speak of wisdom, *
and my heart shall meditate on ¹understanding.
- ⁴ I will incline my ear ¹to a proverb *
and set forth my riddle up-¹on the harp.
- ⁵ Why should I be afraid in ¹evil days, *
when the wickedness of those at my ¹heels surrounds me,
- ⁶ the wickedness of those who put their trust ¹in their goods, *
and boast of ¹their great riches?
- ⁷ We can never ran-¹som ourselves, *
or deliver to God the price ¹of our life;
- ⁸ for the ransom of our life ¹is so great, *
that we should never have e-¹nough to pay it,
- ⁹ in order to live for ev-¹er and ever, *
and never ¹see the grave.
- ¹⁰ For we see that the wise die also;
like the dull and stu-¹pid they perish *
and leave their wealth to those who come ¹after them.
- ¹¹ Their graves shall be their homes for ever,
their dwelling places from generation to ¹generation, *
though they call the lands after ¹their own names.

- ¹² Even though honoured, they cannot 'live for ever; *
they are like the 'beasts that perish.
- ¹³ Such is the way of those who foolishly trust 'in themselves, *
and the end of those who delight in 'their own words.
- ¹⁴ Like a flock of sheep they are des-'tined to die; *
death is their shepherd;
they go down straightway 'to the grave.
- Their form shall 'waste away, *
and the land of the dead shall 'be their home.
- ¹⁵ But God will ran-'som my life *
and will snatch me from the 'grasp of death.
- ¹⁶ Do not be envious when some 'become rich, *
or when the grandeur of their 'house increases;
- ¹⁷ for they will carry nothing away 'at their death, *
nor will their grandeur 'follow them.
- ¹⁸ Though they thought highly of themselves 'while they lived, *
and were praised for 'their success,
- ¹⁹ they shall join the company 'of their ancestors, *
who will never see the 'light again.
- ²⁰ Those who are honoured, but have no 'understanding, *
are like the 'beasts that perish.

Psalm 50 *Deus deorum*

- ¹ The Lord, the God of 'gods, has spoken *
and has called the earth from the rising of the sun 'to its setting.
- ² Out of Zion, perfect 'in its beauty, *
God reveals the 'divine glory.
- ³ Our God will come and will 'not keep silence; *
before whom there is a consuming flame,
and round about whom a 'raging storm.
- ⁴ God calls the heavens and the earth 'from above *
to witness the judgement 'of this people.
- ⁵ "Gather before me my 'loyal followers, *
those who have made a covenant with me
and sealed 'it with sacrifice."
- ⁶ Let the heavens declare the rightness of 'the divine cause; *
for God, God a-'lone, is judge.
- ⁷ "Hear, O my people, and I will speak:
O Israel, I will bear wit-'ness against you; *
for I am 'God, your God.
- ⁸ I do not accuse you because 'of your sacrifices; *
your offerings are al-'ways before me.
- ⁹ I will take no bull-calf 'from your stalls, *
nor he-goats out 'of your pens;
- ¹⁰ For the beasts of the for-'est are mine, *

- the herds in their thousands up-¹on the hills.
¹¹ I know every bird ¹in the sky, *
and the creatures of the fields are ¹in my sight.
¹² If I were hungry, I ¹would not tell you, *
for the whole world is mine and all ¹that is in it.
¹³ Do you think I eat the ¹flesh of bulls, *
or drink the ¹blood of goats?
¹⁴ Offer to God a sacrifice ¹of thanksgiving *
and make good your vows to ¹the Most High.
¹⁵ Call upon me in the ¹day of trouble; *
I will deliver you, and ¹you shall honour me.”
¹⁶ But to the wick-¹ed God says: *
“Why do you recite my statutes,
and take my covenant up-¹on your lips;
¹⁷ since you ¹refuse discipline, *
and toss my words be-¹hind your back?
¹⁸ When you see a thief, you make that ¹one your friend, *
and you cast in your lot ¹with adulterers.
¹⁹ You have loosed your ¹lips for evil, *
and harnessed your tongue ¹to a lie.
²⁰ You are always speaking evil ¹of your kin *
and slandering your own ¹mother’s child.
These things you have done, and ¹I kept still, *
and you thought that I ¹am like you.”
²¹ “I have made my ¹accusation; *
I have put my case in order be-¹fore your eyes.
²² Consider this well, you ¹who forget God, *
lest I rend you and there be none ¹to deliver you.
²³ Whoever offers me the sacrifice of thanksgiving ¹honours me; *
but to those who keep in my way will I show the salva-¹tion of God.”

Psalm 51 *Miserere mei, Deus*

- ¹ Have mercy on me, O God, according to your ¹loving-kindness; *
in your great compassion blot out ¹my offenses.
² Wash me through and through ¹from my wickedness *
and cleanse me ¹from my sin.
³ For I know ¹my transgressions, *
and my sin is ev-¹er before me.
⁴ Against you only ¹have I sinned *
and done what is evil ¹in your sight.
And so you are justified ¹when you speak *
and upright ¹in your judgement.
⁵ Indeed, I have been wicked ¹from my birth, *
a sinner from my ¹mother’s womb.
⁶ For behold, you look for truth ¹deep within me, *

and will make me understand 'wisdom secretly.
7 Purge me from my sin, and I 'shall be pure; *
wash me, and I shall be 'clean indeed.
8 Make me hear of 'joy and gladness, *
that the body you have broken 'may rejoice.
9 Hide your face 'from my sins *
and blot out all 'my iniquities.
10 Create in me a clean 'heart, O God, *
and renew a right spir-'it within me.
11 Cast me not away 'from your presence *
and take not your holy 'Spirit from me.
12 Give me the joy of your saving 'help again *
and sustain me with your boun-'tiful Spirit.
13 I shall teach your ways 'to the wicked, *
and sinners shall re-'turn to you.
14 Deliver me from 'death, O God, *
and my tongue shall sing of your righteousness,
O God of 'my salvation.
15 Open my 'lips, O Lord, *
and my mouth shall pro-'claim your praise.
16 Had you desired it, I would have 'offered sacrifice, *
but you take no delight 'in burnt-offerings.
17 The sacrifice of God is a 'troubled spirit; *
a broken and contrite heart, O God, you will 'not despise.
18 Be favourable and gra-'cious to Zion, *
and rebuild the walls 'of Jerusalem.
19 Then you will be pleased with the appointed sacrifices,
with burnt-offerings 'and oblations; *
then shall they offer young bullocks up-'on your altar.

Psalm 52 *Quid gloriaris?*

1 You tyrant, why do you 'boast of wickedness *
against the godly 'all day long?
2 You plot ruin; your tongue is like a 'sharpened razor, *
O worker 'of deception.
3 You love evil 'more than good *
and lying more than speak-'ing the truth.
4 You love all 'words that hurt, *
O you de-'ceitful tongue.
5 Oh, that God would demol-'ish you utterly, *
topple you, and snatch you from your dwelling,
and root you out of the land 'of the living!
6 The righteous shall 'see and tremble, *
and they shall laugh 'at you, saying,
7 "This is the one who did not take God 'for a refuge, *

- but trusted in great wealth and relied 'upon wickedness.”
- ⁸ But I am like a green olive tree in the 'house of God; *
I trust in the mercy of God for ev-'er and ever.
- ⁹ I will give you thanks for what 'you have done *
and declare the goodness of your name
in the presence 'of the godly.

Psalm 53 *Dixit insipiens*

- ¹ Fools say in their hearts, “There 'is no God.” *
All are corrupt and commit abominable acts;
there is none who does 'any good.
- ² God looks down from heaven up-'on us all, *
to see if there is any who is wise,
if there is anyone who seeks 'after God.
- ³ Every one has proved faithless; all alike 'have turned bad; *
there is none who does good; 'no, not one.
- ⁴ Have they no knowledge, those 'evildoers, *
who eat up my people like bread and do not call 'upon God?
- ⁵ See how great-'ly they tremble, *
such trembling as 'never was;
for God has scattered the bones 'of the enemy; *
they are put to shame, because God has re-'jected them.
- ⁶ Oh, that Israel's deliverance would come 'out of Zion! *
When God restores the fortune of this people,
Jacob will rejoice and Is-'rael be glad.

Psalm 54 *Deus, in nomine*

- ¹ Save me, O God, 'by your name; *
in your might, de-'fend my cause.
- ² Hear my 'prayer, O God; *
give ear to the words 'of my mouth.
- ³ For the arrogant have risen up against me,
and the ruthless have 'sought my life, *
those who have no re-'gard for God.
- ⁴ Behold, God 'is my helper; *
it is the Lord who sus-'tains my life.
- ⁵ Render evil to those who 'spy on me; *
in your faithful-'ness, destroy them.
- ⁶ I will offer you a 'freewill sacrifice *
and praise your name, O Lord, for 'it is good.
- ⁷ For you have rescued me from 'every trouble, *
and my eye has seen the ruin 'of my foes.

Psalm 55 *Exaudi, Deus*

- ¹ Hear my 'prayer, O God; *
do not hide yourself from 'my petition.
- ² Listen to me and 'answer me; *
I have no peace, because 'of my cares.
- ³ I am shaken by the noise 'of the enemy *
and by the pressure 'of the wicked;
for they have cast an evil 'spell upon me *
and are set against 'me in fury.
- ⁴ My heart 'quakes within me, *
and the terrors of death have fal-'len upon me.
- ⁵ Fear and trembling have come 'over me, *
and horror 'overwhelms me.
- ⁶ And I said, "Oh, that I had wings 'like a dove! *
I would fly away and 'be at rest.
- ⁷ I would flee to a 'far-off place *
and make my lodging 'in the wilderness.
- ⁸ I would hasten 'to escape *
from the stormy 'wind and tempest."
- ⁹ Swallow them up, O Lord; con-'found their speech; *
for I have seen violence and strife 'in the city.
- ¹⁰ Day and night the sentries make their rounds up-'on its walls, *
but trouble and misery are 'in the midst of it.
- ¹¹ There is corruption 'at its heart; *
its streets are never free of oppression 'and deceit.
- ¹² For had it been an adversary who 'taunted me, *
then I 'could have borne it;
or had it been enemies who vaunted them-'selves against me, *
then I could have hid-'den from them.
- ¹³ But it was you, someone after 'my own heart, *
my companion, my own fa-'miliar friend.
- ¹⁴ We took sweet coun-'sel together, *
and walked with the throng in the 'house of God.
- ¹⁵ Let death come upon them suddenly;
let them go down alive in-'to the grave; *
for wickedness is in their dwellings, in their 'very midst.
- ¹⁶ But I will call 'upon God, *
and the Lord will de-'liver me.
- ¹⁷ In the evening, in the morning, and at noonday,
I will complain 'and lament, *
and the Lord will 'hear my voice.
- ¹⁸ God will bring me safely back from the battle 'waged against me; *
for there are man-'y who fight me.
- ¹⁹ God, who is enthroned of old, will hear me and 'bring them down; *
they never change; they do 'not fear God.

- ²⁰ My companions stretched forth their hand a-¹gainst their comrade; *
they have bro-¹ken their covenant.
- ²¹ Their speech is soft-¹er than butter, *
but war is ¹in their heart.
Their words are smooth-¹er than oil, *
but they ¹are drawn swords.
- ²² Cast your burden upon the Lord who ¹will sustain you *
and will never let the ¹righteous stumble.
- ²³ For you will bring the bloodthirsty ¹and deceitful *
down to the pit of destruc-¹tion, O God.
They shall not live out ¹half their days, *
but I will put my ¹trust in you.

Psalm 56 *Miserere mei, Deus*

- ¹ Have mercy on me, O God,
for my enemies are ¹hounding me; *
all day long they assault ¹and oppress me.
- ² They hound me all ¹the day long; *
truly there are many who fight against me, ¹O Most High.
- ³ Whenever I ¹am afraid, *
I will put my ¹trust in you.
- ⁴ In God, whose word I praise,
in God I trust and will not ¹be afraid, *
for what can flesh ¹do to me?
- ⁵ All day long they dam-¹age my cause; *
their only thought is to ¹do me evil.
- ⁶ They band together; they ¹lie in wait; *
they spy upon my footsteps; because they ¹seek my life.
- ⁷ Shall they escape des-¹pite their wickedness? *
O God, in your anger, cast ¹down the peoples.
- ⁸ You have noted my lamentation; put my tears in-¹to your bottle; *
are they not recorded ¹in your book?
- ⁹ Whenever I call upon you, my enemies will be ¹put to flight; *
this I know, for you are ¹on my side.
- ¹⁰ In ¹God the Lord, *
whose ¹word I praise,
- ¹¹ in God I trust and will not ¹be afraid, *
for what can mortals ¹do to me?
- ¹² I am bound by the vow I made to ¹you, O God; *
I will present to ¹you thank-offerings;
- ¹³ For you have rescued my soul from death and my ¹feet from stumbling, *
that I may walk before you in the light ¹of the living.

Psalm 57 *Miserere mei, Deus*

- ¹ Be merciful to me, O ¹God, be merciful, *
for I have taken ref-¹uge in you;
in the shadow of your wings will ¹I take refuge *
until this time of trouble ¹has gone by.
- ² I will call upon you, the ¹Most High God, *
the God who main-¹tains my cause.
- ³ You will send from heaven and save me;
you will confound those who tram-¹ple upon me; *
you will send forth your love ¹and your faithfulness.
- ⁴ I lie in the midst of lions that de-¹vour the people; *
their teeth are spears and arrows, their tongue ¹a sharp sword.
- ⁵ They have laid a net for my feet, and I ¹am bowed low; *
they have dug a pit before me, but have fallen into ¹it themselves.
- ⁶ Exalt yourself above the heav-¹ens, O God, *
and your glory over ¹all the earth.
- ⁷ My heart is firmly fixed, O God, my ¹heart is fixed; *
I will sing ¹and make melody.
- ⁸ Wake up, my spirit; awake, ¹lute and harp; *
I myself will wa-¹ken the dawn.
- ⁹ I will confess you among the peo-¹ples, O Lord; *
I will sing praise to you a-¹mong the nations.
- ¹⁰ For your loving-kindness is greater ¹than the heavens, *
and your faithfulness reaches ¹to the clouds.
- ¹¹ Exalt yourself above the heav-¹ens, O God, *
and your glory over ¹all the earth.

Psalm 58 *Si vere utique*

- ¹ Do you indeed decree righteous-¹ness, you rulers? *
Do you judge the peo-¹ples with equity?
- ² No; you devise evil ¹in your hearts, *
and your hands deal out violence ¹in the land.
- ³ The wicked are perverse ¹from the womb; *
liars go astray ¹from their birth.
- ⁴ They are as venomous ¹as a serpent, *
they are like the deaf adder which ¹stops its ears,
- ⁵ which does not heed the voice ¹of the charmer, *
no matter how skill-¹ful the charming.
- ⁶ O God, break their teeth ¹in their mouths; *
pull the fangs of the young li-¹ons, O Lord.
- ⁷ Let them vanish like water ¹that runs off; *
let them wither like ¹trodden grass.
- ⁸ Let them be like the snail that ¹melts away, *
like a stillborn child that never ¹sees the sun.

- ⁹ Before they bear fruit, let them be cut down 'like a brier; *
like thorns and thistles let them be 'swept away.
¹⁰ The righteous will be glad when they 'see the vengeance; *
they will bathe their feet in the blood 'of the wicked.
¹¹ And they will say, "Surely, there is a reward 'for the righteous; *
surely, there is a God who rules 'in the earth."

Psalm 59 *Eripe me de inimicis*

- ¹ Rescue me from my enem-'ies, O God; *
protect me from those who rise 'up against me.
² Rescue me from 'evildoers *
and save me from those who thirst 'for my blood.
³ See how they lie in wait for my life,
how the mighty gather togeth-'er against me; *
not for any offence or fault of 'mine, O Lord.
⁴ Not because of any 'guilt of mine *
they run and prepare them-'selves for battle.
Rouse yourself, come to my 'side, and see; *
⁵ for you, Lord God of hosts, are 'Israel's God.
Awake, and punish all 'the ungodly; *
show no mercy to those who are faith-'less and evil.
⁶ They go to and fro 'in the evening; *
they snarl like dogs and run a-'bout the city.
⁷ Behold, they boast with their mouths, and taunts are 'on their lips; *
"For who," they 'say, "will hear us?"
⁸ But you, O Lord, you 'laugh at them; *
you laugh all the ungod-'ly to scorn.
⁹ My eyes are fixed on you, 'O my Strength; *
for you, O God, 'are my stronghold.
¹⁰ My merciful God 'comes to meet me *
and will let me look in triumph 'on my enemies.
¹¹ Slay 'them, O God, *
lest my peo-'ple forget;
send them reeling 'by your might *
and put them down, O 'Lord our shield.
¹² For the sins of their mouths, for the words of their lips,
for the cursing and lies 'that they utter, *
let them be caught 'in their pride.
¹³ Make an end of them 'in your wrath; *
make an end of them, and they shall 'be no more.
Let everyone know that God 'rules in Jacob, *
and to the ends 'of the earth.
¹⁴ They go to and fro 'in the evening; *
they snarl like dogs and run a-'bout the city.
¹⁵ They for-'age for food, *

and if they are not ¹filled, they howl.
¹⁶ For my part, I will sing ¹of your strength; *
I will celebrate your love ¹in the morning;
¹⁷ For you have be-¹come my stronghold, *
a refuge in the day ¹of my trouble.
To you, O my Strength, ¹will I sing; *
for you, O God, are my stronghold and my mer-¹ciful God.

Psalm 60 *Deus, repulisti nos*

¹ O God, you have cast us ¹off and broken us; *
you have been angry; oh, take us back to ¹you again.
² You have shaken the earth and ¹split it open; *
repair the cracks in it, ¹for it totters.
³ You have made your peo-¹ple know hardship; *
you have given us wine that ¹makes us stagger.
⁴ You have set up a banner for ¹those who fear you, *
to be a refuge from the power ¹of the bow.
⁵ Save us by your mighty hand and ¹answer us, *
that those who are dear to you may ¹be delivered.
⁶ You spoke from your holy dwell-¹ing and said: *
“I will exult and parcel out Shechem;
I will divide the val-¹ley of Succoth.
⁷ Gilead is mine and Manas-¹seh is mine; *
Ephraim is my helmet and Ju-¹dah my sceptre.
⁸ Moab is my wash basin,
on Edom I throw down my san-¹dal to claim it, *
and over Philistia will I ¹shout in triumph.”
⁹ Who will lead me into ¹the strong city? *
Who will bring me ¹into Edom?
¹⁰ Have you not cast us ¹off, O God? *
you no longer go out, O God, ¹with our armies.
¹¹ Grant us your help a-¹gainst the enemy, *
for vain is the ¹help of mortals.
¹² With you we will do ¹valiant deeds, *
and you shall tread our enemies ¹under foot.

Psalm 61 *Exaudi, Deus*

¹ Hear my ¹cry, O God, *
and listen ¹to my prayer.
² I call upon you from the ends of the earth with heaviness ¹in my heart; *
set me upon the rock that is high-¹er than I.
³ For you have ¹been my refuge, *
a strong tower a-¹gainst the enemy.
⁴ I will dwell in your ¹house for ever; *

- I will take refuge under the cover ¹of your wings.
⁵ For you, O God, have ¹heard my vows; *
you have granted me the heritage of those who ¹fear your name.
⁶ Add length of days to ¹the king's life; *
let his years extend over many ¹generations.
⁷ Let him sit enthroned before ¹you for ever; *
bid love and faithfulness watch ¹over him.
⁸ So will I always sing the praise ¹of your name, *
and day by day I will ful-¹fill my vows.

Psalm 62 *Nonne Deo?*

- ¹ For God alone my soul in si-¹lence waits; *
from God comes ¹my salvation.
² God alone is my rock and ¹my salvation, *
my stronghold, so that I shall not be ¹greatly shaken.
³ How long will you assail me to crush me, all of ¹you together, *
as if you were a leaning fence, a ¹toppling wall?
⁴ They seek only to bring me down from my ¹place of honour; *
lies are their ¹chief delight.
They bless ¹with their lips, *
but in their ¹hearts they curse.
⁵ For God alone my soul in si-¹lence waits; *
truly, my hope ¹is in God.
⁶ God alone is my rock and ¹my salvation, *
my stronghold, so that I shall ¹not be shaken.
⁷ In God is my safety ¹and my honour, *
my strong rock ¹and my refuge.
⁸ Put your trust in God al-¹ways, O people, *
pour out your hearts before the One who ¹is your refuge.
⁹ Those of high degree are but a ¹fleeting breath, *
even those of low estate can-¹not be trusted.
On the scales they are lighter ¹than a breath, *
all of ¹them together.
¹⁰ Put no trust in extortion;
in robbery take no ¹empty pride; *
though wealth increase, set not your ¹heart upon it.
¹¹ God has spoken once, twice ¹have I heard it, *
that power be-¹longs to God.
¹² Steadfast love is ¹yours, O Lord, *
for you repay all according ¹to their deeds.

Psalm 63 *Deus, Deus meus*

- ¹ O God, you are my God; eager-¹ly I seek you; *
my soul thirsts for you, my flesh faints for you,

as in a barren and dry land where there ¹is no water.
² Therefore I have gazed upon you in your ¹holy place, *
that I might behold your power ¹and your glory.
³ For your loving-kindness is better than ¹life itself; *
my lips shall ¹give you praise.
⁴ So will I bless you as long ¹as I live *
and lift up my hands ¹in your name.
⁵ My soul is content, as with mar-¹row and fatness, *
and my mouth praises you with ¹joyful lips,
⁶ when I remember you up-¹on my bed, *
and meditate on you in ¹the night watches.
⁷ For you have ¹been my helper, *
and under the shadow of your wings I ¹will rejoice.
⁸ My soul ¹clings to you; *
your mighty hand ¹holds me fast.
⁹ May those who seek my life ¹to destroy it *
go down into the depths ¹of the earth;
¹⁰ let them fall upon the edge ¹of the sword, *
and let them be ¹food for jackals.
¹¹ But the king will rejoice in God;
all those who swear by God ¹will be glad, *
for the mouth of those who speak lies ¹shall be stopped.

Psalm 64 *Exaudi, Deus*

¹ Hear my voice, O God, when ¹I complain; *
protect my life from fear ¹of the enemy.
² Hide me from the conspiracy ¹of the wicked, *
from the mob of ¹evildoers.
³ They sharpen their tongue ¹like a sword, *
and aim their bitter ¹words like arrows,
⁴ so that they may shoot down the blame-¹less from ambush; *
they shoot without warning and are ¹not afraid.
⁵ They hold fast to their ¹evil course; *
they plan how they may ¹hide their snares.
⁶ They say, “Who will see us? Who will find ¹out our crimes? *
We have thought out a ¹perfect plot.”
⁷ The human mind and heart ¹are a mystery; *
but you, O God, will loose an arrow at them,
and suddenly they ¹will be wounded.
⁸ You will make them trip o-¹ver their tongues, *
and all who see them will ¹shake their heads.
⁹ Everyone will stand in awe and declare your ¹deeds, O God; *
they will recog-¹nize your works.
¹⁰ The righteous will rejoice in you, O Lord, in whom they ¹put their trust*
and all who are true of ¹heart will glory.

Psalm 65 *Te decet hymnus*

- ¹ You are to be praised, O ¹God, in Zion; *
to you shall vows be performed ¹in Jerusalem.
- ² To you ¹that hear prayer *
shall ¹all flesh come.
- ³ Our sins are strong-¹er than we are, *
but you will blot out ¹our transgressions.
- ⁴ Happy are they ¹whom you choose *
and draw to your ¹courts to dwell there!
They will be satisfied by the beauty ¹of your house, *
by the holiness ¹of your temple.
- ⁵ Awesome things will you show us ¹in your righteousness, *
O God of ¹our salvation,
O Hope of all the ends ¹of the earth *
and of the seas that are ¹far away.
- ⁶ You make fast the mountains ¹by your power; *
they are girded a-¹bout with might.
- ⁷ You still the roaring ¹of the seas, *
the roaring of their waves,
and the clamour ¹of the peoples.
- ⁸ Those who dwell at the ends of the earth
will tremble at your mar-¹vellous signs; *
you make the dawn and the dusk to ¹sing for joy.
- ⁹ You visit the earth and water ¹it abundantly; *
you make it ¹very plenteous;
the river of God is ¹full of water. *
You prepare the grain,
for so you provide ¹for the earth.
- ¹⁰ You drench the furrows and smooth ¹out the ridges; *
with heavy rain you soften the ground and ¹bless its increase.
- ¹¹ You crown the year ¹with your goodness, *
and your paths over-¹flow with plenty.
- ¹² May the fields of the wilderness be ¹rich for grazing, *
and the hills be ¹clothed with joy.
- ¹³ May the meadows cover themselves with flocks,
and the valleys cloak them-¹selves with grain; *
let them shout for ¹joy and sing.

Psalm 66 *Jubilate Deo*

- ¹ Be joyful in God, ¹all you lands*
be joyful, ¹all the earth.
- ² sing the glory of ¹the divine name; *
sing the glory ¹of God's praise.

- ³ Say to God, "How awesome ¹are your deeds! *
Because of your great strength your enemies ¹cringe before you.
- ⁴ All the earth bows ¹down before you, *
sings to you, sings ¹out your name."
- ⁵ Come now and see the ¹works of God, *
how wonderful you are, O God, in your doing ¹toward all people.
- ⁶ You turned the sea into dry land,
so that they went through the wat-¹er on foot, *
and there we re-¹joiced in you.
- ⁷ In your might you rule for ever;
your eyes keep watch o-¹ver the nations; *
let no rebel rise ¹up against you.
- ⁸ Bless our ¹God, you peoples; *
make the voice of God's praise ¹to be heard;
- ⁹ who holds our ¹souls in life, *
and will not allow our ¹feet to slip.
- ¹⁰ For you, O ¹God, have proved us; *
you have tried us just as sil-¹ver is tried.
- ¹¹ You brought us in-¹to the snare; *
you laid heavy burdens up-¹on our backs.
- ¹² You let enemies ride over our heads;
we went through ¹fire and water; *
but you brought us out into a place ¹of refreshment.
- ¹³ I will enter your house ¹with burnt-offerings *
and will pay ¹you my vows,
- ¹⁴ which I promised ¹with my lips *
and spoke with my mouth when I ¹was in trouble.
- ¹⁵ I will offer you sacrifices of fat beasts with the ¹smoke of rams; *
I will give you ox-¹en and goats.
- ¹⁶ Come and listen, all you ¹who fear God, *
and I will tell you what the Lord has ¹done for me,
- ¹⁷ The One to whom I called out ¹with my mouth *
and whose praise was ¹on my tongue.
- ¹⁸ If I had found evil ¹in my heart, *
the Lord would ¹not have heard me;
- ¹⁹ But in truth ¹God has heard me *
and has attended to the voice ¹of my prayer.
- ²⁰ Blessed be God, who has not reject-¹ed my prayer, *
nor withheld steadfast ¹love from me.

Psalm 67 *Deus misereatur*

- ¹ O God, be merciful to ¹us and bless us, *
show us the light of your countenance and ¹come to us.
- ² Let your ways be known ¹upon earth, *
your saving health a-¹mong all nations.

- ³ Let the peoples praise 'you, O God; *
let all the 'peoples praise you.
- ⁴ Let the nations be glad and 'sing for joy, *
for you judge the peoples with equity
and guide all the nations 'upon earth.
- ⁵ Let the peoples praise 'you, O God; *
let all the 'peoples praise you.
- ⁶ The earth has brought 'forth its increase;
may you, O God our 'God, bless us.
- ⁷ May 'you bless us, *
and may all the ends of the earth stand in 'awe of you.

Psalm 68 *Exsurgat Deus*

- ¹ Arise, O God, and let your ene-'mies be scattered; *
let those who 'hate you flee.
- ² Let them vanish like smoke when the wind drives 'it away; *
as the wax melts at the fire,
so let the wicked perish 'at your presence.
- ³ But let the righteous be glad and rejoice 'before you; *
let them also be mer-'ry and joyful.
- ⁴ Let us sing to God, sing praises to 'the divine name; *
let us exalt the One who rides up-'on the heavens;
Yahweh is 'the divine name, *
before whom we 'shall rejoice!
- ⁵ Protector of orphans, defend-'er of widows, *
the One who 'dwells in holiness,
- ⁶ who gives the solitary a home
and brings forth prisoners 'into freedom; *
but the rebels shall live 'in dry places.
- ⁷ O God, when you went forth be-'fore your people, *
when you marched 'through the wilderness,
- ⁸ the earth shook, and the skies poured down rain,
at your presence, O 'God of Sinai, *
at your presence, O 'God of Israel.
- ⁹ You sent a gracious rain, O God, upon 'your inheritance; *
you refreshed the land when 'it was weary.
- ¹⁰ Your people found their 'home in it; *
in your goodness, O God,
you have made provision 'for the poor.
- ¹¹ The Lord 'gave the word; *
great was the company of women who 'bore the tidings:
- ¹² "Rulers with their armies are flee-'ing away; *
the women at home are divid-'ing the spoils."
- ¹³ Though you lingered a-'mong the sheepfolds, *
you shall be like a dove whose wings are covered with silver,

- whose feathers are 'like green gold.
- ¹⁴ When the Almighty 'scattered rulers, *
it was like snow fal-'ling in Zalmon.
- ¹⁵ O mighty mountain, O 'hill of Bashan! *
O rugged mountain, O 'hill of Bashan!
- ¹⁶ Why do you look with envy, O rugged mountain,
at the hill which God chose 'for a resting place? *
truly, the Lord will dwell 'there for ever.
- ¹⁷ The chariots of God are twenty thousand,
even thou-'sands of thousands; *
the Lord comes in holi-'ness from Sinai.
- ¹⁸ You have gone up on high and led captivity captive;
you have received gifts even 'from your enemies, *
that the Lord God might 'dwell among them.
- ¹⁹ Blessed be the Lord 'day by day, *
the God of our salvation, who 'bears our burdens.
- ²⁰ This is our God, the God of 'our salvation; *
God is the Lord, by whom 'we escape death.
- ²¹ God shall crush the heads of the ene-'mies of God, *
and the hairy scalp of those who go on still 'in their wickedness.
- ²² The Lord has said, "I will bring them 'back from Bashan; *
I will bring them back from the depths 'of the sea;
- ²³ that your foot may be 'dipped in blood, *
the tongues of your dogs in the blood 'of your enemies."
- ²⁴ They see your proces-'sion, O God, *
your procession into the sanctuary,
my God 'and my Sovereign.
- ²⁵ The singers go before, musicians 'follow after, *
in the midst of maidens playing up-'on the hand-drums.
- ²⁶ Bless God in the 'congregation; *
bless the Lord, you that are of the foun-'tain of Israel.
- ²⁷ There is Benjamin, least of the tribes, at the head;
the princes of Judah 'in a company; *
and the princes of Zebul-'on and Naphtali.
- ²⁸ Send forth your 'strength, O God; *
establish, O God, what you have 'wrought for us.
- ²⁹ Rulers shall bring 'gifts to you, *
for your temple's sake 'at Jerusalem.
- ³⁰ Rebuke the wild beast of the reeds, 'and the peoples, *
a herd of wild bulls 'with its calves.
- Trample down those who lust 'after silver; *
scatter the peoples that de-'light in war.
- ³¹ Let tribute be brought 'out of Egypt; *
let Ethiopia stretch out her 'hands to God.
- ³² Sing to God, O dominions 'of the earth; *
sing praises 'to the Lord.

- ³³ You ride in the heavens, the ancient heav-¹ens, O God; *
sending forth your voice, your ¹mighty voice.
- ³⁴ Ascribe pow-¹er to God; *
whose majesty is over Israel;
whose strength is ¹in the skies.
- ³⁵ How wonderful is God in the divine ¹sanctuary! *
The God of Israel gives strength and power to this people!
¹Blessed be God!

Psalm 69 *Salvum me fac*

- ¹ Save ¹me, O God, *
for the waters have risen up ¹to my neck.
- ² I am sinking ¹in deep mire, *
and there is no firm ground ¹for my feet.
I have come in-¹to deep waters, *
and the torrent washes ¹over me.
- ³ I have grown weary with my crying;
my throat ¹is inflamed; *
my eyes have failed from looking ¹for my God.
- ⁴ Those who hate me with-¹out a cause *
are more than the hairs ¹of my head;
my lying foes who would destroy ¹me are mighty. *
Must I then give back what I ¹never stole?
- ⁵ O God, you ¹know my foolishness, *
and my faults are not hid-¹den from you.
- ⁶ Let not those who ¹hope in you *
be put to shame through me, Lord ¹God of hosts;
let not ¹those who seek you *
be disgraced because of me, O ¹God of Israel.
- ⁷ Surely, for your sake have I suf-¹fered reproach, *
and shame has cov-¹ered my face.
- ⁸ I have become a stranger to ¹my own kindred, *
an alien to my ¹mother's children.
- ⁹ Zeal for your house has eat-¹en me up; *
the scorn of those who scorn you has fall-¹en upon me.
- ¹⁰ I humbled my-¹self with fasting, *
but that was turned to ¹my reproach.
- ¹¹ I put on ¹sack-cloth also, *
and became a by-¹word among them.
- ¹² Those who sit at the gate mur-¹mur against me, *
and the drunkards make ¹songs about me.
- ¹³ But as for me, this is my ¹prayer to you, *
at the time you have ¹set, O Lord:
“In your great mer-¹cy, O God, *
answer me with your un-¹failing help.

- ¹⁴ Save me 'from the mire; *
do not 'let me sink;
let me be rescued from those 'who hate me *
and out of 'the deep waters.
- ¹⁵ Let not the torrent of waters wash over me,
neither let the deep swal-'low me up; *
do not let the Pit shut its 'mouth upon me.
- ¹⁶ Answer me, O Lord, for your 'love is kind; *
in your great compassion, 'turn to me.”
- ¹⁷ “Hide not your face 'from your servant; *
be swift and answer me, for I am 'in distress.
- ¹⁸ Draw near to me 'and redeem me; *
because of my enemies de-'liver me.
- ¹⁹ You know my reproach, my shame, and 'my dishonour; *
my adversaries are all 'in your sight.”
- ²⁰ Reproach has brok-'en my heart, *
and it can-'not be healed;
I looked for sympathy, but 'there was none, *
for comforters, but I 'could find no one.
- ²¹ They gave me 'gall to eat, *
and when I was thirsty,
they gave me vine-'gar to drink.
- ²² Let the table before them 'be a trap *
and their sacred 'feasts a snare.
- ²³ Let their eyes be darkened, that they 'may not see, *
and give them continual trembling 'in their loins.
- ²⁴ Pour out your indigna-'tion upon them, *
and let the fierceness of your anger 'overtake them.
- ²⁵ Let their 'camp be desolate, *
and let there be none to dwell 'in their tents.
- ²⁶ For they persecute those whom 'you have stricken *
and add to the pain of those whom 'you have pierced.
- ²⁷ Lay to their charge guilt 'upon guilt, *
and let them not receive your 'vindication.
- ²⁸ Let them be wiped out of the book 'of the living *
and not be written a-'mong the righteous.
- ²⁹ As for me, I am afflicted 'and in pain; *
your help, O God, will lift me 'up on high.
- ³⁰ I will praise the name of 'God in song; *
I will proclaim your greatness 'with thanksgiving.
- ³¹ This will please the Lord more than an of-'fering of oxen, *
more than bullocks with 'horns and hoofs.
- ³² The afflicted shall see 'and be glad; *
you who seek God, your 'heart shall live.
- ³³ For the Lord listens 'to the needy *
and does not de-'spise the prisoners.

- ³⁴ Let the heavens and the earth 'praise the Lord, *
the seas and all that 'moves in them;
³⁵ for God will save Zion and rebuild the cit-'ies of Judah; *
they shall live there and have it 'in possession.
³⁶ The children of the servants of God will in-'herit it, *
and those who love the name of the Lord will 'dwell therein.

Psalm 70 *Deus, in adjutorium*

- ¹ Be pleased, O God, 'to deliver me; *
O Lord, make 'haste to help me.
² Let those who seek my life 'be ashamed *
and altogeth-'er dismayed;
let those who take pleasure in 'my misfortune *
draw back and 'be disgraced.
³ Let those who say to me "Aha!"
and gloat over 'me turn back, *
because they 'are ashamed.
⁴ Let all who seek you rejoice and be 'glad in you; *
let those who love your salvation say for ever,
"Great 'is the Lord!"
⁵ But as for me, I am 'poor and needy; *
come to me speedi-'ly, O God.
You are my helper and 'my deliverer; *
O Lord, 'do not tarry.

Psalm 71 *In te, Domine, speravi*

- ¹ In you, O Lord, have I 'taken refuge; *
let me never 'be ashamed.
² In your righteousness, deliver me and 'set me free; *
incline your ear to 'me and save me.
³ Be my strong rock, a castle to 'keep me safe; *
you are my crag 'and my stronghold.
⁴ Deliver me, my God, from the hand 'of the wicked, *
from the clutches of the evildoer and 'the oppressor.
⁵ For you are my hope, 'O Lord God, *
my confidence since 'I was young.
⁶ I have been sustained by you ever since I was born;
from my mother's womb you have 'been my strength; *
my praise shall be al-'ways of you.
⁷ I have become a por-'tent to many; *
but you are my refuge 'and my strength.
⁸ Let my mouth be full 'of your praise *
and your glory all 'the day long.
⁹ Do not cast me off in 'my old age; *

forsake me not when ¹my strength fails.
¹⁰ For my enemies are talk-¹ing against me, *
and those who lie in wait for my life take coun-¹sel together.
¹¹ They say, “Go after and seize the one whom God ¹has forsaken; *
because there is no one ¹who will save.”
¹² O God, be not ¹far from me; *
come quickly to help me, ¹O my God.
¹³ Let those who set themselves against me
be put to shame and ¹be disgraced; *
let those who seek to do me evil
be covered with scorn ¹and reproach.
¹⁴ But I shall always ¹wait in patience, *
and shall praise you ¹more and more.
¹⁵ My mouth shall recount your mighty acts
and saving deeds ¹all day long; *
though I cannot know the num-¹ber of them.
¹⁶ I will begin with your mighty ¹works, Lord God; *
I will recall your righteousness, ¹yours alone.
¹⁷ O God, you have taught me since ¹I was young, *
and to this day I tell of your won-¹derful works.
¹⁸ And now that I am old and gray-headed, O God,
do ¹not forsake me, *
till I make known your strength to this generation
and your power to all who ¹are to come.
¹⁹ Your righteousness, O God, reaches ¹to the heavens; *
you have done great things; who is like ¹you, O God?
²⁰ You have showed me great troubles ¹and adversities, *
but you will restore my life
and bring me up again from the deep places ¹of the earth.
²¹ You strengthen me ¹more and more; *
you enfold and ¹comfort me,
²² Therefore I will praise you upon the lyre
for your faithfulness, ¹O my God; *
I will sing to you with the harp, O Holy ¹One of Israel.
²³ My lips will sing with joy when I ¹play to you, *
and so will my soul, which you ¹have redeemed.
²⁴ My tongue will proclaim your righteousness ¹all day long, *
for they are ashamed and disgraced who sought to ¹do me harm.

Psalm 72 *Deus, judicium*

¹ Give the king your jus-¹tice, O God, *
and your righteousness to ¹the king's son;
² that he may rule your ¹people righteously *
and the ¹poor with justice;
³ that the mountains may bring prosperity ¹to the people, *

- and the little 'hills bring righteousness.
- ⁴ He shall defend the needy a-'mong the people, *
rescuing the poor and crushing 'the oppressor.
- ⁵ He shall live as long as the sun and 'moon endure, *
from one generation 'to another.
- ⁶ He shall come down like rain up-'on the mown field, *
like showers that wat-'er the earth.
- ⁷ In his time shall the 'righteous flourish; *
there shall be abundance of peace till the moon shall 'be no more.
- ⁸ He shall rule from 'sea to sea, *
and from the River to the ends 'of the earth.
- ⁹ His foes shall bow 'down before him, *
and his enemies 'lick the dust.
- ¹⁰ The rulers of Tarshish and of the isles 'shall pay tribute, *
and the rulers of Arabia and Saba 'offer gifts.
- ¹¹ All rulers shall bow 'down before him, *
and all the nations 'do him service.
- ¹² For he shall deliver the poor who cries out 'in distress *
and the oppressed who 'has no helper.
- ¹³ He shall have pity on the low-'ly and poor *
and shall preserve the lives 'of the needy.
- ¹⁴ He shall redeem their lives from oppres-'sion and violence, *
and dear shall their blood be 'in his sight.
- ¹⁵ Long 'may he live! *
And may there be given to him gold 'from Arabia;
may prayer be made for 'him always, *
and may they bless him all 'the day long.
- ¹⁶ May there be abundance of grain 'on the earth, *
growing thick even 'on the hilltops;
may its fruit flour-'ish like Lebanon, *
and its grain like grass up-'on the earth.
- ¹⁷ May his name re-'main for ever *
and be established as long as the 'sun endures;
may all the nations bless them-'selves in him *
and 'call him blessed.
- ¹⁸ Blessed are you, Lord God, the 'God of Israel, *
for you alone do 'wondrous deeds!
- ¹⁹ And blessed be your glorious 'name for ever *
and may all the earth be filled with your glory.
A-'men. Amen.

Book III

Psalm 73 *Quam bonus Israel!*

- ¹ Truly, God is 'good to Israel, *
to those who are 'pure in heart.
- ² But as for me, my feet had 'nearly slipped; *
I had almost 'tripped and fallen;
- ³ because I en-'vied the proud *
and saw the prosperity 'of the wicked:
- ⁴ For they suf-'fer no pain, *
and their bodies are 'sleek and sound;
- ⁵ in the misfortunes of others they 'have no share; *
they are not afflicted as 'others are;
- ⁶ therefore they wear their pride 'like a necklace *
and wrap their violence about them 'like a cloak.
- ⁷ Their iniquity comes 'from gross minds, *
and their hearts overflow with 'wicked thoughts.
- ⁸ They scoff and 'speak maliciously; *
out of their haughtiness they 'plan oppression.
- ⁹ They set their mouths a-'gainst the heavens, *
and their evil speech runs 'through the world.
- ¹⁰ And so the people 'turn to them *
and find in 'them no fault.
- ¹¹ They say, "How 'should God know? *
Is there knowledge in 'the Most High?"
- ¹² So then, these 'are the wicked; *
always at ease, they in-'crease their wealth.
- ¹³ In vain have I kept 'my heart clean, *
and washed my 'hands in innocence.
- ¹⁴ I have been afflicted 'all day long, *
and punished 'every morning.
- ¹⁵ Had I gone on speak-'ing this way, *
I should have betrayed the generation 'of your children.
- ¹⁶ When I tried to under-'stand these things, *
it was too 'hard for me;
- ¹⁷ Until I entered the sanctuar-'y of God *
and discerned the end 'of the wicked.
- ¹⁸ Surely, you set them in 'slippery places; *
you cast them 'down in ruin.
- ¹⁹ Oh, how suddenly do they come 'to destruction, *
come to an end, and per-'ish from terror!
- ²⁰ Like a dream when one awak-'ens, O Lord, *
when you arise you will make their 'image vanish.
- ²¹ When my mind be-'came embittered, *
I was sorely wounded 'in my heart.

²² I was stupid and had no 'understanding; *
I was like a brute beast 'in your presence.
²³ Yet I am 'always with you; *
you hold me 'by my hand.
²⁴ You will guide me 'by your counsel, *
and afterwards receive 'me with glory.
²⁵ Whom have I in heav-'en but you? *
and having you I desire nothing 'upon earth.
²⁶ Though my flesh and my heart should 'waste away, *
you are the strength of my heart and my por-'tion for ever.
²⁷ Truly, those who forsake 'you will perish; *
you destroy all who 'are unfaithful.
²⁸ But it is good for me to be near you;
I have made you, Lord 'God, my refuge. *
I will speak of all your works in the gates of the cit-'y of Zion.

Psalm 74 *Ut quid, Deus?*

¹ O God, why have you utterly 'cast us off? *
Why is your wrath so hot against the sheep 'of your pasture?
² Remember your congregation that you purchased 'long ago, *
the tribe you redeemed to be your inheritance,
and Mount Zion 'where you dwell.
³ Turn your steps toward the 'endless ruins; *
the enemy has laid waste everything in your 'sanctuary.
⁴ Your adversaries roared in your 'holy place; *
they set up their banners as to-'kens of victory.
⁵ They were like men coming 'up with axes *
to cut down a 'grove of trees;
⁶ they broke down all 'your carved work *
with hatch-'ets and hammers.
⁷ They set fire to your 'holy place; *
they defiled the dwelling place of your name
and razed it 'to the ground.
⁸ They said to themselves, "Let us destroy them 'altogether." *
They burned down all the meeting-places of God 'in the land.
⁹ There are no signs for us to see; there is no 'prophet left; *
there is not one among us who 'knows how long.
¹⁰ How long, O God, will the adver-'sary scoff? *
Will the enemy blaspheme your 'name for ever?
¹¹ Why do you draw 'back your hand? *
Why is your mighty hand hidden 'in your bosom?
¹² Yet you are my sovereign from 'ancient times, *
victorious in the midst 'of the earth.
¹³ You divided the sea 'by your might *
and shattered the heads of the dragons up-'on the waters;

- ¹⁴ You crushed the heads ¹of Leviathan *
and gave it to the people of the de-¹sert for food.
- ¹⁵ You split open ¹spring and torrent; *
you dried up ever-¹flowing rivers.
- ¹⁶ Yours is the day, yours al-¹so the night; *
you established the moon ¹and the sun.
- ¹⁷ You fixed all the boundaries ¹of the earth; *
you made both sum-¹mer and winter.
- ¹⁸ Remember, O Lord, how the en-¹emy scoffed, *
how a foolish people de-¹spised your name.
- ¹⁹ Do not hand over the life of your dove ¹to wild beasts; *
never forget the lives ¹of your poor.
- ²⁰ Look up-¹on your covenant; *
the dark places of the earth are ¹haunts of violence.
- ²¹ Let not the oppressed turn a-¹way ashamed; *
let the poor and needy ¹praise your name.
- ²² Arise, O God, main-¹tain your cause; *
remember how fools revile you ¹all day long.
- ²³ Forget not the clamour of your ¹adversaries, *
the unending tumult of those who rise ¹up against you.

Psalm 75 *Confitebimur tibi*

- ¹ We give you ¹thanks, O God, *
we ¹give you thanks,
calling up-¹on your name *
and declaring all your won-¹derful deeds.
- ² “I will appoint a ¹time,” says God; *
“I will ¹judge with equity.
- ³ Though the earth and all its inhabi-¹tants are quaking, *
I will make its ¹pillars fast.
- ⁴ I will say to the boasters, ¹ ‘Boast no more,’ *
and to the wicked, “Do not ¹toss your horns;
- ⁵ Do not toss your ¹horns so high, *
nor speak with ¹a proud neck.”
- ⁶ For judgement is neither from the east nor ¹from the west, *
nor yet from the wilderness ¹of the mountains.
- ⁷ It is you, O ¹God, who judges; *
you put down one and lift ¹up another.
- ⁸ For in your hand, O Lord, there is a cup,
full of spiced and foaming wine, which ¹you pour out, *
and all the wicked of the earth shall drink and ¹drain the dregs.
- ⁹ But I will re-¹joice for ever; *
I will sing praises to the ¹God of Jacob.
- ¹⁰ You shall break off all the horns ¹of the wicked; *
but the horns of the righteous shall ¹be exalted.

Psalm 76 *Notus in Judæa*

- ¹ In Judah are you 'known, O God; *
your name is 'great in Israel.
- ² At Salem is your 'tabernacle, *
and your dwelling 'is in Zion.
- ³ There you broke the 'flashing arrows, *
the shield, the sword and the weap-'ons of battle.
- ⁴ How glo-'rious you are! *
More splendid than the ever-'lasting mountains!
- ⁵ The strong of heart have been despoiled;
they sink 'into sleep; *
none of the warriors can 'lift a hand.
- ⁶ At your rebuke, O 'God of Jacob, *
both horse and rid-'er lie stunned.
- ⁷ What terror 'you inspire! *
Who can stand before you when 'you are angry?
- ⁸ From heaven you 'pronounced judgement; *
the earth was afraid 'and was still;
- ⁹ When you, O God, rose 'up to judgement *
and to save all the oppressed 'of the earth.
- ¹⁰ Truly, wrathful Edom will 'give you thanks, *
and the remnant of Hamath will 'keep your feasts.
- ¹¹ Make a vow to the Lord your 'God and keep it; *
let all around bring gifts to the One who is worthy 'to be feared,
- ¹² who breaks the spir-'it of princes, *
and strikes terror in the rulers 'of the earth.

Psalm 77 *Voce mea ad Dominum*

- ¹ I will cry a-'loud to God; *
I will cry aloud, and 'God will hear me.
- ² In the day 'of my trouble *
I 'sought the Lord;
my hands were stretched out by night and 'did not tire; *
I refused 'to be comforted.
- ³ I think of God, 'I am restless, *
I ponder, and my 'spirit faints.
- ⁴ You will not let my 'eyelids close; *
I am troubled and I 'cannot speak.
- ⁵ I consider the 'days of old; *
I remember the 'years long past;
- ⁶ I commune with my heart 'in the night; *
I ponder and 'search my mind.
- ⁷ Will the Lord cast me 'off for ever *

- and no longer 'favour me?
8 O God, has your loving-kindness come to an 'end for ever *
and has your promise failed for 'evermore?
9 Have you forgotten 'to be gracious *
and in anger with- 'held compassion?
10 And I said, "My 'grief is this: *
the mighty hand of the Most High has 'lost its power."
11 I will remember your 'works, O Lord, *
and call to mind your won- 'ders of old time.
12 I will meditate on 'all your acts *
and ponder your 'mighty deeds.
13 Your way, O 'God, is holy; *
who is so great a god 'as our God?
14 You are the God 'who works wonders *
and have declared your power a- 'mong the peoples.
15 By your strength you have re- 'deemed your people, *
the children of Ja- 'cob and Joseph.
16 The waters saw you, O God;
the waters saw 'you and trembled; *
the very 'depths were shaken.
17 The clouds poured out water; 'the skies thundered; *
your arrows flashed 'to and fro;
18 the sound of your thunder was in the whirlwind;
your lightnings lit 'up the world; *
the earth trem- 'bled and shook.
19 Your way was in the sea, and your paths in 'the great waters, *
yet your footsteps 'were not seen.
20 You led your people 'like a flock *
by the hand of Mo- 'ses and Aaron.

Psalm 78

Part I Attendite, popule

- 1 Hear my teaching, 'O my people; *
incline your ears to the words 'of my mouth.
2 I will open my mouth 'in a parable; *
I will declare the mysteries of 'ancient times.
3 That which we have heard and known,
and what our ances- 'tors have told us, *
we will not hide 'from their children.
4 We will recount to generations to come
the praiseworthy deeds and the power 'of the Lord, *
who has done won- 'derful works.
5 The Lord gave a decree to Jacob and established a 'law for Israel, *
commanding them to 'teach their children;
6 that the generations to come might know,

and the children 'yet unborn; *
that they in their turn might tell it 'to their children;
7 so that they might put their 'trust in God, *
and not forget those mighty deeds,
but keep 'the commandments;
8 and not be 'like their ancestors, *
a stubborn and rebellious 'generation,
a generation whose heart 'was not steadfast, *
and whose spirit was not faith-ful to God.
9 The people of Ephraim, armed 'with the bow, *
turned back in the 'day of battle;
10 they did not keep the cove-'nant of God, *
and refused to walk 'in the law;
11 they forgot what 'God had done, *
and the wonders 'God had shown them.
12 God worked marvels in the sight 'of their ancestors, *
in the land of Egypt, in the 'field of Zoan,
13 splitting open the sea and letting 'them pass through, *
making the waters stand 'up like walls;
14 leading them with a 'cloud by day, *
and all the night through with the 'glow of fire;
15 splitting hard rocks 'in the wilderness, *
and giving them drink as from 'the great deep;
16 bringing streams out 'of the cliff, *
and the waters gushing 'out like rivers.
17 But they went on sinning 'against God, *
rebellious in the desert against 'the Most High.
18 They tested God 'in their hearts, *
demanding food 'for their craving.
19 They railed against 'God and said, *
"Can God set a table 'in the wilderness?
20 True, God struck the rock, the waters gushed out,
and the gullies 'overflowed; *
but is God able to give bread or to provide meat 'for this people?"
21 Hearing this, the Lord was 'full of wrath; *
a fire was kindled against Jacob,
and the divine anger mounted 'against Israel;
22 for they had no 'faith in God, *
nor did they put their trust in the saving pow-'er of God.
23 So God commanded the 'clouds above *
and opened the 'doors of heaven,
24 raining down manna upon 'them to eat *
and giving them 'grain from heaven.
25 So mortals ate the 'bread of angels; *
God provided for them 'food enough.
26 The Lord caused the east wind to blow 'in the heavens *

- and powerfully led out 'the south wind,
27 raining down flesh upon 'them like dust *
and winged birds like the sand 'of the sea,
28 letting it fall in the midst 'of their camp *
and round a-'bout their dwellings.
29 So they ate and 'were well filled, *
for God gave them 'what they craved.
30 But they did not 'stop their craving, *
though the food was still 'in their mouths.
31 So the anger of God mount-'ed against them; *
the Lord slew their strongest men and laid low the 'youth of Israel.
32 In spite of all this, they 'went on sinning *
and had no faith in the wonderful 'works of God.
33 So the Lord brought their days to an end 'like a breath *
and their years in 'sudden terror.
34 Whenever God slew them, they would 'seek the Lord, *
and repent and diligently 'search for God.
35 They would remember that God 'was their rock, *
and the Most High God 'their redeemer.
36 But they flattered God 'with their mouths *
and lied 'with their tongues.
37 Their heart 'was not steadfast *
nor were they faithful 'to the covenant.
38 But God, being merciful, forgave their sins and did 'not destroy them, *
holding back the divine anger
and not permitting wrath 'to be roused.
39 For the Lord remembered that they 'were but flesh, *
a breath that goes forth and does 'not return.

Part II Quoties exacerbaverunt

- 40 How often the people disobeyed God 'in the wilderness *
and offended 'in the desert!
41 Again and again they 'tempted God *
and provoked the Holy 'One of Israel.
42 They did not remember the pow-'er of God *
in the day when the Lord ransomed them 'from the enemy;
43 how God wrought 'signs in Egypt *
and omens in the 'field of Zoan,
44 turning their rivers 'into blood, *
so that they could not drink 'of their streams;
45 sending swarms of flies among them, which 'ate them up, *
and frogs, 'which destroyed them; *
46 giving their crops to the 'caterpillar, *
the fruit of their toil 'to the locust;
47 killing their 'vines with hail *

- and their syca-¹mores with frost;
48 delivering their cat-¹tle to hailstones *
and their livestock ¹to hot thunderbolts.
49 God poured out upon them ¹blazing anger: *
fury, indignation and distress, a troop of de-¹stroying angels.
50 Giving full rein to anger, God did not spare their ¹souls from death, *
but delivered their lives ¹to the plague,
51 striking down all the first-¹born of Egypt, *
the flower of youth in the dwell-¹ings of Ham.
52 God led this peo-¹ple like sheep *
and guided them in the wilderness ¹like a flock.
53 The Lord led them to safety, and they were ¹not afraid; *
but the sea over-¹whelmed their enemies.
54 God brought them to the ¹holy land, *
the mountain the strong hand of ¹God had won.
55 God drove out the Canaan-¹ites before them
and apportioned an inheritance to ¹them by lot, *
making the tribes of Israel to dwell ¹in their tents.
56 But they tested and defied ¹the Most High *
and did not keep ¹the commandments.
57 They turned away and were disloyal ¹like their ancestors; *
they were undependable like ¹a warped bow.
58 They grieved God with ¹their hill-altars *
and provoked displeasure ¹with their idols.
59 Hearing this, ¹God was angry *
and utterly re-¹jected Israel;
60 forsaking the ¹shrine at Shiloh, *
the tabernacle where God had lived a-¹mong this people;
61 delivering the ark in-¹to captivity, *
the glory of God into the adver-¹sary's hand;
62 giving this people ¹to the sword *
and becoming angry against the very inheri-¹tance of God.
63 The fire consumed ¹their young men; *
there were no wedding songs for ¹their young women.
64 Their priests fell ¹by the sword, *
and their widows made no ¹lamentation.
65 Then the Lord woke as ¹though from sleep, *
like a warrior re-¹freshed with wine,
66 striking the enemies of God ¹on the backside *
and putting them to per-¹petual shame.
67 God rejected the ¹tent of Joseph *
and did not choose the ¹tribe of Ephraim;
68 choosing instead the ¹tribe of Judah *
and Mount Zion, be-¹loved by God,
69 where a sanctuary was built like the ¹heights of heaven, *
like the ever-¹lasting earth.

- ⁷⁰ God chose David 'as a servant *
and took him away 'from the sheepfolds,
⁷¹ bringing him from follow-'ing the ewes, *
to be a shepherd over Jacob God's people
and over the inheri-'tance of Israel.
⁷² So David shepherded them with a faithful 'and true heart *
and guided them with the skillfulness 'of God's hands.

Psalm 79 *Deus, venerunt*

- ¹ O God, the heathen have come into your inheritance;
they have profaned your 'holy temple; *
they have made Jerusalem a 'heap of rubble.
² They have given the bodies 'of your servants
as food for the birds 'of the air, *
and the flesh of your faithful ones to the beasts 'of the field.
³ They have shed their blood like water on every side 'of Jerusalem, *
and there was no one to 'bury them.
⁴ We have become a reproach 'to our neighbours, *
an object of scorn and derision to 'those around us.
⁵ How long will you be an-'gry, O Lord? *
Will your fury blaze like 'fire for ever?
⁶ Pour out your wrath upon the heathen who 'have not known you *
and upon the dominions that have not called up-'on your name.
⁷ For they have de-'voured Jacob *
and made his dwell-'ing a ruin.
⁸ Remember not our past sins;
let your compassion be 'swift to meet us; *
for we have been brought 'very low.
⁹ Help us, O God our Saviour, for the glory 'of your name; *
deliver us and forgive us our sins, 'for your name's sake.
¹⁰ Why should the heathen say, "Where 'is their God?" *
Let it be known among the heathen and in our sight
that you avenge the shedding of your 'servants' blood.
¹¹ Let the sorrowful sighing of the prisoners 'come before you, *
and by your great might spare those who are con-'demned to die.
¹² May the revilings with which they reviled 'you, O Lord, *
return seven-fold in-'to their bosoms.
¹³ For we are your people and the sheep 'of your pasture; *
we will give you thanks for ever
and show forth your praise from 'age to age.

Psalm 80 *Qui regis Israel*

- ¹ Hear, O Shepherd of Israel, leading Joseph 'like a flock; *
shine forth, you that are enthroned up-'on the cherubim.

- ² In the presence of Ephraim, Benjamin, ¹and Manasseh, *
stir up your strength and ¹come to help us.
- ³ Restore us, O ¹God of hosts; *
show the light of your countenance,
and we ¹shall be saved.
- ⁴ O Lord ¹God of hosts, *
how long will you be angered despite the prayers ¹of your people?
- ⁵ You have fed them with the ¹bread of tears; *
you have given them bowls of ¹tears to drink.
- ⁶ You have made us the derision ¹of our neighbours, *
and our enemies laugh ¹us to scorn.
- ⁷ Restore us, O ¹God of hosts; *
show the light of your countenance,
and we ¹shall be saved.
- ⁸ You have brought a vine ¹out of Egypt; *
you cast out the nations and ¹planted it.
- ⁹ You prepared the ¹ground for it; *
it took root and ¹filled the land.
- ¹⁰ The mountains were covered ¹by its shadow *
and the towering cedar trees ¹by its boughs.
- ¹¹ You stretched out its tendrils ¹to the sea *
and its branches ¹to the river.
- ¹² Why have you broken ¹down its wall, *
so that all who pass by pluck ¹off its grapes?
- ¹³ The wild boar of the forest has ¹ravaged it, *
and the beasts of the field have ¹grazed upon it.
- ¹⁴ Turn now, O ¹God of hosts, *
look ¹down from heaven;
- ¹⁵ behold and ¹tend this vine; *
preserve what your strong ¹hand has planted.
- ¹⁶ They burn it with ¹fire like rubbish; *
at the rebuke of your countenance ¹let them perish.
- ¹⁷ Let your hand be upon the one at your ¹side in honour, *
the one you have made so strong ¹for yourself.
- ¹⁸ And so will we never turn a-¹way from you; *
give us life, that we may call up-¹on your name.
- ¹⁹ Restore us, O Lord ¹God of hosts; *
show the light of your countenance,
and we ¹shall be saved.

Psalm 81 *Exultate Deo*

- ¹ Sing with joy to ¹God our strength *
and raise a loud shout to the ¹God of Jacob.
- ² Raise a song and ¹sound the timbrel, *
the merry harp, ¹and the lyre.

- ³ Blow the ram's-horn at 'the new moon, *
and at the full moon, the day 'of our feast.
- ⁴ For this is a stat-'ute for Israel, *
a law of the 'God of Jacob,
- ⁵ who laid it as a solemn charge 'upon Joseph, *
when they came out of the 'land of Egypt.
- ⁶ I heard an unfamil-'iar voice saying, *
"I eased their shoulders from the burden;
their hands were set free from bear-'ing the load.
- ⁷ You called on me in trouble, 'and I saved you; *
I answered you from the secret place of thunder
and tested you at the wat-'ers of Meribah.
- ⁸ Hear, O my people, and I will ad-'monish you: *
O Israel, if you would but lis-'ten to me!
- ⁹ There shall be no strange 'god among you; *
you shall not worship a 'foreign god.
- ¹⁰ I am the Lord your God,
who brought you out of the land of E-'gypt and said, *
'Open your mouth wide, and 'I will fill it.'
- ¹¹ And yet my people did not 'hear my voice, *
and Israel would 'not obey me.
- ¹² So I gave them over to the stubbornness 'of their hearts, *
to follow their 'own devices.
- ¹³ Oh, that my people would lis-'ten to me! *
That Israel would walk 'in my ways!
- ¹⁴ I should soon sub-'due their enemies *
and turn my hand a-'gainst their foes.
- ¹⁵ Those who hate the Lord would 'cringe before me, *
and their punishment would 'last for ever.
- ¹⁶ But Israel would I feed with the 'finest wheat *
and satisfy them with honey 'from the rock."

Psalm 82 *Deus stetit*

- ¹ God stands in the coun-'cil of heaven *
and gives judgement in the midst 'of the gods:
- ² "How long will you 'judge unjustly, *
and show favour 'to the wicked?
- ³ Save the weak 'and the orphan; *
defend the hum-'ble and needy;
- ⁴ Rescue the weak 'and the poor; *
deliver them from the power 'of the wicked.
- ⁵ They do not know, neither do they understand;
they go a-'bout in darkness; *
all the foundations of the 'earth are shaken.
- ⁶ Now I say to you, ' 'You are gods, *

and all of you children of ¹the Most High;
⁷ nevertheless, you shall ¹die like mortals, *
and fall like ¹any prince.”
⁸ Arise, O God, and ¹rule the earth, *
for you shall take all nations ¹for your own.

Psalm 83 *Deus, quis similis?*

¹ O God, do ¹not be silent; *
do not keep still nor hold your ¹peace, O God;
² for your enemies ¹are in tumult, *
and those who hate you have lifted ¹up their heads.
³ They take secret counsel a-¹gainst your people *
and plot against those whom ¹you protect.
⁴ They have said, “Come, let us wipe them out from a-¹mong the nations; *
let the name of Israel be remem-¹bered no more.”
⁵ They have con-¹spired together; *
they have made an alli-¹ance against you:
⁶ The tents of Edom ¹and the Ishmaelites; *
the Moabites ¹and the Hagarenes;
⁷ Gebal, and Am-¹mon, and Amalek; *
the Philistines and those who ¹dwell in Tyre.
⁸ The Assyrians al-¹so have joined them, *
and have come to help the peo-¹ple of Lot.
⁹ Do to them as you ¹did to Midian, *
to Sisera, and to Jabin at the riv-¹er of Kishon:
¹⁰ They were de-¹stroyed at Endor; *
they became like dung up-¹on the ground.
¹¹ Make their leaders like Or-¹eb and Zeëb, *
and all their commanders like Zebah ¹and Zalmunna,
¹² who said, “Let us take ¹for ourselves *
the fields of God as ¹our possession.”
¹³ O my God, make them like ¹whirling dust *
and like chaff be-¹fore the wind;
¹⁴ Like fire that burns ¹down a forest, *
like the flame that sets moun-¹tains ablaze.
¹⁵ Drive them ¹with your tempest *
and terrify them ¹with your storm;
¹⁶ Cover their faces with ¹shame, O Lord, *
that they may ¹seek your name.
¹⁷ Let them be disgraced and terri-¹fied for ever; *
let them be put to confu-¹sion and perish.
¹⁸ Let them know that you, whose ¹name is Yahweh, *
you alone are the Most High over ¹all the earth.

Psalm 84 *Quam dilecta!*

- ¹ How dear to me 'is your dwelling, *
O 'Lord of hosts!
My soul has a desire and longing for the courts 'of the Lord; *
my heart and my flesh rejoice in the 'living God.
- ² The sparrow has found 'her a house *
and the swallow a nest where she may 'lay her young;
by the side of your altars, O 'Lord of hosts, *
my Sovereign 'and my God.
- ³ Happy are they who dwell 'in your house! *
They will always be 'praising you.
- ⁴ Happy are the people whose strength 'is in you, *
whose hearts are set on the 'pilgrims' way!
- ⁵ Those who go through the desolate valley will find it a 'place of springs, *
for the early rains have covered it with 'pools of water.
- ⁶ They will climb from 'height to height, *
and you, the God of gods, will reveal your-'self in Zion.
- ⁷ Lord God of hosts, 'hear my prayer; *
hearken, O 'God of Jacob.
- ⁸ Behold our defend-'er, O God; *
and look upon the face of 'your anointed.
- ⁹ For one day in your courts is better than a thousand in 'my own room, *
and to stand at the threshold of the house of my God
than to dwell in the tents 'of the wicked.
- ¹⁰ For you, Lord God, are both 'sun and shield; *
you will give 'grace and glory;
- ¹¹ no good thing will you with-'hold, O Lord, *
from those who walk 'with integrity.
- ¹² O 'Lord of hosts, *
happy are they who put their 'trust in you!

Psalm 85 *Benedixisti, Domine*

- ¹ You have been gracious to your 'land, O Lord, *
you have restored the good for-'tune of Jacob.
- ² You have forgiven all the iniquity 'of your people *
and blotted out 'all their sins.
- ³ You have withdrawn 'all your fury *
and turned yourself from your wrathful 'indignation.
- ⁴ Restore us then, O 'God our Saviour; *
let your anger de-'part from us.
- ⁵ Will you be displeased with 'us for ever? *
Will you prolong your anger from 'age to age?
- ⁶ Will you not give us 'life again, *
that your people may re-'joice in you?

- ⁷ Show us your mer-¹cy, O Lord, *
and grant us ¹your salvation.
- ⁸ I will listen to what you, Lord ¹God, are saying, *
for you are speaking peace to your faithful people
and to those who turn their ¹hearts to you.
- ⁹ Truly, your salvation is very near to ¹those who fear you, *
that your glory may dwell ¹in our land.
- ¹⁰ Mercy and truth have ¹met together; *
righteousness and peace have ¹kissed each other.
- ¹¹ Truth shall spring up ¹from the earth, *
and righteousness shall look ¹down from heaven.
- ¹² Lord, you will indeed ¹grant prosperity, *
and our land will ¹yield its increase.
- ¹³ Righteousness shall ¹go before you, *
and peace shall be a pathway ¹for your feet.

Psalm 86 *Inclina, Domine*

- ¹ Bow down your ear, O Lord, and ¹answer me, *
for I am poor ¹and in misery.
- ² Keep watch over my life, for ¹I am faithful; *
save your servant who ¹trusts in you.
- ³ Be merciful to me, O Lord, for you ¹are my God; *
I call upon you all ¹the day long.
- ⁴ Gladden the soul ¹of your servant, *
for to you, O Lord, I lift ¹up my soul.
- ⁵ For you, O Lord, are good ¹and forgiving, *
and great is your love toward all who ¹call upon you.
- ⁶ Give ear, O Lord, ¹to my prayer, *
and attend to the voice of my ¹supplications.
- ⁷ In the time of my trouble I will ¹call upon you, *
for you will ¹answer me.
- ⁸ Among the gods there is none like ¹you, O Lord, *
nor anything ¹like your works.
- ⁹ All nations you have made will come and worship ¹you, O Lord, *
and glori-¹fy your name.
- ¹⁰ For you are great; you do ¹wondrous things; *
and you a-¹lone are God.
- ¹¹ Teach me your way, O Lord, and I will walk ¹in your truth; *
knit my heart to you that I may ¹fear your name.
- ¹² I will thank you, O Lord my God, with ¹all my heart, *
and glorify your name for ¹evermore.
- ¹³ For great is your ¹love toward me; *
you have delivered me from the ¹nethermost Pit.
- ¹⁴ The arrogant rise up against me, O God,
and the violent ¹seek my life; *

they have not set you be-^lfore their eyes.
¹⁵ But you, O Lord, are gracious and full ^lof compassion, *
slow to anger, and full of kind-^lness and truth.
¹⁶ Turn to me and have mer-^lcy upon me; *
give your strength to your servant;
and save the child ^lof your handmaid.
¹⁷ Show me a sign of your favour,
so that those who hate me may see it and ^lbe ashamed; *
because you, O Lord, have helped me and com-^lforted me.

Psalm 87 *Fundamenta ejus*

¹ On the ^lholy mountain *
stands the city ^lGod has founded;
² the Lord loves the ^lgates of Zion
more than all the dwell-^lings of Jacob.
³ Glorious things are spo-^lken of you, *
O city ^lof our God.
⁴ I count Egypt and Babylon among ^lthose who know me; *
behold Philistia, Tyre, and Ethiopia: in Zion ^lwere they born.
⁵ Of Zion it shall be said, "Everyone was ^lborn in there, *
and the Most High ^lshall sustain it."
⁶ The Lord will record as the peoples ^lare enrolled, *
"These al-^lso were born there."
⁷ The singers and the danc-^lers will say, *
"All my fresh springs ^lare in you."

Psalm 88 *Domine, Deus*

¹ O Lord, my ^lGod, my Saviour, *
by day and night I ^lcry to you.
² Let my prayer enter in-^lto your presence; *
incline your ear to my ^llamentation.
³ For I am ^lfull of trouble; *
my life is at the brink ^lof the grave.
⁴ I am counted among those who go down ^lto the Pit; *
I have become like one who ^lhas no strength;
⁵ lost among the dead, like the slain who lie ^lin the grave, *
whom you remember no more, for they are cut off ^lfrom your hand.
⁶ You have laid me in the depths ^lof the Pit, *
in dark places, and in ^lthe abyss.
⁷ Your anger weighs up-^lon me heavily, *
and all your great waves ^loverwhelm me.
⁸ You have put my friends far from me;
you have made me to be ab-^lhorred by them; *
I am in prison and can-^lnot get free.

- ⁹ My sight has failed me be-¹cause of trouble; *
Lord, I have called upon you daily;
I have stretched out my ¹hands to you.
- ¹⁰ Do you work wonders ¹for the dead? *
Will those who have died stand up and ¹give you thanks?
- ¹¹ Will your loving-kindness be declared ¹in the grave *
or your faithfulness in the land ¹of destruction?
- ¹² Will your wonders be known ¹in the dark? *
or your righteousness in the country where all ¹is forgotten?
- ¹³ But as for me, O Lord, I cry to ¹you for help; *
in the morning my prayer ¹comes before you.
- ¹⁴ Lord, why have you re-¹jected me? *
Why have you hidden your ¹face from me?
- ¹⁵ Ever since my youth, I have been wretched and at the ¹point of death; *
I have borne your terrors with a ¹troubled mind.
- ¹⁶ Your blazing anger has swept ¹over me; *
your terrors ¹have destroyed me;
- ¹⁷ They surround me all day long ¹like a flood; *
they encompass me on ¹every side.
- ¹⁸ My friend and my neighbour you have put a-¹way from me, *
and darkness is my on-¹ly companion.

Psalm 89

Part I Misericordias Domini

- ¹ Your love, O Lord, for ever ¹will I sing; *
from age to age my mouth will pro-¹claim your faithfulness.
- ² For I am persuaded that your love is estab-¹lished for ever; *
you have set your faithfulness firmly ¹in the heavens.
- ³ “I have made a covenant with my ¹chosen one; *
I have sworn an oath to Da-¹vid my servant:
- ⁴ ‘I will establish your ¹line for ever, *
and preserve your throne for all ¹generations.”
- ⁵ The heavens bear witness to your won-¹ders, O Lord, *
and to your faithfulness in the assembly ¹of the holy ones;
- ⁶ for who in the skies can be compared ¹to the Lord? *
Who is like the Lord a-¹mong the gods?
- ⁷ You are much to be feared in the council ¹of the holy ones, *
great and terrible to all those ¹round about you.
- ⁸ Who is like you, Lord ¹God of hosts? *
O mighty Lord, your faithfulness is ¹all around you.
- ⁹ You rule the raging ¹of the sea *
and still the surging ¹of its waves.
- ¹⁰ You have crushed Rahab of the deep with a ¹deadly wound; *
you have scattered your enemies with your ¹mighty arm.
- ¹¹ Yours are the heavens; the earth al-¹so is yours; *

- you laid the foundations of the world and all ¹that is in it.
- ¹² You have made the north ¹and the south; *
- Tabor and Hermon rejoice ¹in your name.
- ¹³ You have a ¹mighty arm; *
- strong and lofty ¹is your hand.
- ¹⁴ Righteousness and justice are the foundations ¹of your throne;*
- love and truth go be-¹fore your face.
- ¹⁵ Happy are the people who know the ¹festal shout! *
- they walk, O Lord, in the light ¹of your presence.
- ¹⁶ They rejoice daily ¹in your name; *
- they are jubilant ¹in your righteousness.
- ¹⁷ For you are the glory ¹of their strength, *
- and by your favour our might ¹is exalted.
- ¹⁸ Truly, the Lord ¹is our ruler; *
- the Holy One of Israel ¹is our sovereign.

Part II Tunc locutus es

- ¹⁹ You spoke once in a vision and said to your ¹faithful people: *
- "I have set the crown upon a warrior
and have exalted one chosen out ¹of the people.
- ²⁰ I have found Da-¹vid my servant; *
- with my holy oil have ¹I anointed him.
- ²¹ My hand will ¹hold him fast *
- and my arm will ¹make him strong.
- ²² No enemy ¹shall deceive him, *
- nor any wicked one ¹bring him down.
- ²³ I will crush his ¹foes before him *
- and strike down ¹those who hate him.
- ²⁴ My faithfulness and love shall ¹be with him, *
- and he shall be victorious ¹through my name.
- ²⁵ I shall make his domin-¹ion extend *
- from the Great Sea ¹to the River.
- ²⁶ He will say to me, 'You ¹are my Father, *
- my God, and the rock of ¹my salvation'
- ²⁷ I will make ¹him my firstborn *
- and higher than the rulers ¹of the earth.
- ²⁸ I will keep my love for ¹him for ever, *
- and my covenant will stand ¹firm for him.
- ²⁹ I will establish his ¹line for ever *
- and his throne as the ¹days of heaven.
- ³⁰ If his children for-¹sake my law *
- and do not walk according ¹to my judgements;
- ³¹ if they ¹break my statutes *
- and do not keep ¹my commandments;
- ³² I will punish their transgressions ¹with a rod *
- and their iniquities ¹with the lash;

- ³³ but I will not take my 'love from him, *
nor let my faithful-'ness prove false.
- ³⁴ I will not 'break my covenant, *
nor change what has gone out 'of my lips.
- ³⁵ Once for all I have sworn 'by my holiness: *
'I will not 'lie to David.
- ³⁶ His line shall en-'dure for ever *
and his throne as the 'sun before me;
- ³⁷ It shall stand fast for evermore 'like the moon, *
the abiding witness 'in the sky.”
- ³⁸ But you have cast off and rejected 'your anointed; *
you have become en-'raged at him.
- ³⁹ You have broken your covenant 'with your servant, *
defiled his crown, and hurled it 'to the ground.
- ⁴⁰ You have breached 'all his walls *
and laid his strong-'holds in ruins.
- ⁴¹ All who pass 'by despoil him; *
he has become the scorn 'of his neighbours.
- ⁴² You have exalted the strong hand 'of his foes *
and made all his ene-'mies rejoice.
- ⁴³ You have turned back the edge 'of his sword *
and have not sustained 'him in battle.
- ⁴⁴ You have put an end 'to his splendour *
and cast his throne 'to the ground.
- ⁴⁵ You have cut short the days 'of his youth *
and have covered 'him with shame.
- ⁴⁶ How long will you hide yourself, O Lord?
Will you hide your-'self for ever? *
- How long will your anger 'burn like fire?
- ⁴⁷ Remember, Lord, how 'short life is, *
how frail you have 'made all flesh.
- ⁴⁸ Who can live and 'not see death? *
Who can save oneself from the power 'of the grave?
- ⁴⁹ Where, Lord, are your loving-kindness-'es of old, *
which you promised David 'in your faithfulness?
- ⁵⁰ Remember, Lord, how your ser-'vant is mocked, *
how I carry in my bosom the taunts of 'many peoples,
- ⁵¹ the taunts your enemies have 'hurled, O Lord, *
which they hurled at the heels of 'your anointed.
- ⁵² Blessed be the Lord for 'evermore! *
Amen, I 'say, Amen.

Book IV

Psalm 90 *Domine, refugium*

- ¹ Lord, you have ¹been our refuge *
from one generation ¹to another.
- ² Before the mountains were brought forth, or the land and the ¹earth were born, *
from age to age ¹you are God.
- ³ You turn us back to the ¹dust and say, *
“Go back, O ¹child of earth.”
- ⁴ For a thousand years in your sight are like yesterday when ¹it is past *
and like a watch ¹in the night.
- ⁵ You sweep us away ¹like a dream; *
we fade away suddenly ¹like the grass.
- ⁶ In the morning it is ¹green and flourishes; *
in the evening it is dried ¹up and withered.
- ⁷ For we consume away in ¹your displeasure; *
we are afraid because of your wrathful ¹indignation.
- ⁸ Our iniquities you have ¹set before you, *
and our secret sins in the light ¹of your countenance.
- ⁹ When you are angry, all our ¹days are gone; *
we bring our years to an end ¹like a sigh.
- ¹⁰ The span of our life is seventy years, perhaps in strength ¹even eighty; *
yet the sum of them is but labour and sorrow,
for they pass away quickly and ¹we are gone.
- ¹¹ Who regards the power ¹of your wrath? *
Who rightly fears your ¹indignation?
- ¹² So teach us to num-¹ber our days *
that we may apply our ¹hearts to wisdom.
- ¹³ Return, O Lord; how long ¹will you tarry? *
Be gracious ¹to your servants.
- ¹⁴ Satisfy us by your loving-kindness ¹in the morning; *
so shall we rejoice and be glad all the days ¹of our life.
- ¹⁵ Make us glad by the measure of the days that you af-¹flicted us *
and the years in which we suf-¹fered adversity.
- ¹⁶ Show your ser-¹vants your works *
and your splendour ¹to their children.
- ¹⁷ May the graciousness of the Lord our God ¹be upon us; *
prosper the work of our hands; pros-¹per our handiwork.

Psalm 91 *Qui habitat*

- ¹ Those who dwell in the shelter of ¹the Most High, *
abide under the shadow of ¹the Almighty.
- ² They shall say to the Lord, “You are our refuge ¹and our stronghold, *
our God in whom we ¹put our trust.”

- ³ The Lord shall deliver you from the snare ¹of the hunter *
and from the ¹deadly pestilence.
- ⁴ The wings of the Lord shall cover you,
and you shall find refuge ¹under them; *
the faithfulness of God shall be a ¹shield and buckler.
- ⁵ You shall not be afraid of any ter-¹ror by night, *
nor of the arrow that ¹flies by day;
- ⁶ of the plague that stalks ¹in the darkness, *
nor of the sickness that lays ¹waste at mid-day.
- ⁷ A thousand shall fall at your side and ten thousand ¹at your side, *
but it shall ¹not come near you.
- ⁸ Your eyes have only ¹to behold *
to see the reward ¹of the wicked.
- ⁹ Because you have made the ¹Lord your refuge, *
and the Most High your ¹habitation,
- ¹⁰ there shall no evil hap-¹pen to you, *
neither shall any plague come ¹near your dwelling.
- ¹¹ For the angels of God shall have charge ¹over you, *
to keep you in ¹all your ways.
- ¹² They shall bear you ¹in their hands, *
lest you dash your foot a-¹gainst a stone.
- ¹³ You shall tread upon the li-¹on and adder; *
you shall trample the young lion and the serpent un-¹der your feet.
- ¹⁴ “Because they are bound to ¹me in love, *
therefore will ¹I deliver them;
I ¹will protect them, *
because they ¹know my name.
- ¹⁵ They shall ¹call upon me, *
and I will ¹answer them;
I am with ¹them in trouble; *
I will rescue them and bring ¹them to honour.
- ¹⁶ With long life will I ¹satisfy them, *
and show them ¹my salvation.”

Psalm 92 *Bonum est confiteri*

- ¹ It is a good thing to give thanks ¹to the Lord, *
and to sing praises to your name, ¹O Most High;
- ² to tell of your loving-kindness early ¹in the morning *
and of your faithfulness in ¹the night season;
- ³ on the psaltery, and ¹on the lyre, *
and to the melody ¹of the harp.
- ⁴ For you have made me glad by your ¹acts, O Lord; *
and I shout for joy because of the works ¹of your hands.
- ⁵ Lord, how great ¹are your works! *
Your thoughts are ¹very deep.

- ⁶ The dullard 'does not know, *
nor does the fool 'understand, *
⁷ that though the wicked 'grow like weeds,
and all the workers of iniqu-'uity flourish, *
they flourish only to be de-'stroyed for ever;
⁸ but 'you, O Lord, *
are exalted for 'evermore.
⁹ For lo, your enemies, O Lord, lo, your ene-'mies shall perish, *
and all the workers of iniquity 'shall be scattered.
¹⁰ But my horn you have exalted like the horns 'of wild bulls; *
I am anointed 'with fresh oil.
¹¹ My eyes also gloat o-'ver my enemies, *
and my ears rejoice to hear the doom of the wicked
who rise 'up against me.
¹² The righteous shall flourish 'like a palm tree, *
and shall spread abroad like a ce-'dar of Lebanon.
¹³ Those who are planted in the house 'of the Lord *
shall flourish in the courts 'of our God;
¹⁴ they shall still bear fruit 'in old age; *
they shall be 'green and succulent;
¹⁵ that they may show how up-'right the Lord is, *
my rock, in whom there 'is no fault.

Psalm 93 *Dominus regnavit*

- ¹ The Lord reigns and has put on splendid apparel;
the Lord is robed in splendour and gird-'ed with strength. *
The Lord has made the whole world so sure
that it can-'not be moved;
² ever since the world began, your throne has 'been established; *
you are from 'everlasting.
³ The waters have lifted up, O Lord, the waters have lifted 'up their voice; *
the waters have lifted up their 'pounding waves.
⁴ Mightier than the sound of 'many waters,
mightier than the breakers 'of the sea, *
mightier is the Lord who 'dwells on high.
⁵ Your testimonies are 'very sure, *
and holiness adorns your house, O Lord,
for ever and for 'evermore.

Psalm 94 *Deus ultionum*

- ¹ O Lord 'God of vengeance, *
O God of vengeance, 'show yourself.
² Rise up, O Judge 'of the world; *
give the arrogant their 'just deserts.

- ³ How long shall the wick-¹ed, O Lord, *
how long shall the ¹wicked triumph?
- ⁴ They bluster ¹in their insolence; *
all evildoers are ¹full of boasting.
- ⁵ They crush your peo-¹ple, O Lord, *
and afflict your ¹chosen nation.
- ⁶ They murder the widow ¹and the stranger *
and put the or-¹phans to death.
- ⁷ Yet they say, "The Lord ¹does not see, *
the God of Jacob ¹takes no notice."
- ⁸ Consider well, you dullards a-¹mong the people; *
when will you fools ¹understand?
- ⁹ Does the One that planted the ¹ear not hear? *
Does the One that formed the ¹eye not see?
- ¹⁰ Does the One who admonishes the na-¹tions not punish? *
Does the One who teaches all the world ¹have no knowledge?
- ¹¹ The Lord knows our ¹human thoughts; *
how like a puff of ¹wind they are.
- ¹² Happy are they whom you in-¹struct, O Lord! *
whom you teach out ¹of your law;
- ¹³ to give them rest in ¹evil days, *
until a pit is dug ¹for the wicked.
- ¹⁴ For you will not aban-¹don your people, *
nor will you for-¹sake your own.
- ¹⁵ For judgement will a-¹gain be just, *
and all the true of heart will ¹follow it.
- ¹⁶ Who rose up for me a-¹gainst the wicked? *
Who took my part against the ¹evildoers?
- ¹⁷ If the Lord had not come ¹to my help, *
I should soon have dwelt in the ¹land of silence.
- ¹⁸ As often as I said, "My ¹foot has slipped," *
your love, O ¹Lord, upheld me.
- ¹⁹ When many cares ¹fill my mind, *
your consolations ¹cheer my soul.
- ²⁰ Can a corrupt tribunal have any ¹part with you, *
one which frames evil ¹into law?
- ²¹ They conspire against the life ¹of the just *
and condemn the inno-¹cent to death.
- ²² But, you, O Lord, have be-¹come my stronghold, *
and my God, the rock ¹of my trust.
- ²³ O Lord, you will turn their wickedness back upon them
and destroy them in ¹their own malice; *
you, the Lord our God, ¹will destroy them.

Psalm 95 *Venite, exultemus*

- ¹ Come, let us sing ¹to the Lord; *
let us shout for joy to the rock of ¹our salvation.
- ² Let us come before the presence of the Lord ¹with thanksgiving *
and raise a loud shout to ¹God with psalms.
- ³ For you, O Lord, ¹are a great God, *
and a great sovereign a-¹bove all gods.
- ⁴ In your hand are the caverns ¹of the earth, *
and the heights of the hills ¹are yours also.
- ⁵ The sea is yours, for ¹you made it, *
and your hands have mould-¹ed the dry land.
- ⁶ Come, let us bow down, and ¹bend the knee, *
and kneel before the ¹Lord our Maker.
- ⁷ For you are our God,
and we are the people of your pasture and the sheep ¹of your hand. *
Oh, that today we would hearken ¹to your voice!
- ⁸ “Harden not your hearts, as your forebears did ¹in the wilderness, *
at Meribah, and on that day at Massah, ¹when they tempted me.
- ⁹ They put me ¹to the test, *
though they had ¹seen my works.
- ¹⁰ Forty years long I detested that genera-¹tion and said, *
‘This people are wayward in their hearts;
they do not ¹know my ways.’
- ¹¹ So I swore ¹in my wrath, *
‘They shall not enter in-¹to my rest.’”

Psalm 96 *Cantate Domino*

- ¹ Sing to the Lord ¹a new song; *
sing to the Lord, all ¹the whole earth.
- ² Sing to the Lord and bless ¹the divine name; *
proclaim the good news of our salvation from ¹day to day.
- ³ Declare the glory of the Lord a-¹mong the nations *
and the wonders of God a-¹mong all peoples.
- ⁴ For great is the Lord and greatly ¹to be praised, *
more to be feared ¹than all gods.
- ⁵ As for all the gods of the nations, they ¹are but idols; *
but it is you, O Lord, who ¹made the heavens.
- ⁶ Oh, the majesty and magnificence ¹of your presence! *
Oh, the power and the splendour of your ¹sanctuary!
- ⁷ Ascribe to the Lord, you families ¹of the peoples; *
ascribe to the Lord hon-¹our and power.
- ⁸ Ascribe to the Lord the honour due ¹the divine name; *
bring offerings and come into the courts ¹of the Lord.
- ⁹ Worship the Lord in the beau-¹ty of holiness; *

- let the whole earth trem-^lble before God.
- ¹⁰ Tell it out among the nations: ^l “The Lord reigns! *
The Lord who made the world so firm that it cannot be moved
will judge the peo-^lples with equity.”
- ¹¹ Let the heavens rejoice, and let the earth be glad;
let the sea thunder and all ^lthat is in it; *
let the field be joyful and all that ^lis therein.
- ¹² Then shall all the trees of the wood shout for joy
before the Lord ^lwho is coming, *
who is coming to ^ljudge the earth.
- ¹³ The Lord will judge the ^lworld with righteousness *
and the peo-^lples with truth.

Psalm 97 *Dominus regnavit*

- ¹ The Lord reigns; let the ^learth rejoice; *
let the multitude of the ^lisles be glad.
- ² Clouds and darkness are round about ^lyou, O Lord; *
righteousness and justice are the foundations ^lof your throne.
- ³ A fire ^lgoes before you *
and burns up your enemies on ^levery side.
- ⁴ Your lightnings light ^lup the world; *
the earth sees it and ^lis afraid.
- ⁵ The mountains melt like wax at the presence ^lof the Lord, *
at the presence of the Lord of ^lthe whole earth.
- ⁶ The heavens de-^lclare your righteousness, *
and all the peoples ^lsee your glory.
- ⁷ Confounded be all who worship carved images and delight ^lin false gods! *
Bow down before the Lord, ^lall you gods.
- ⁸ Zion hears and is glad, and the cities of Ju-^ldah rejoice, *
because of your judge-^lments, O Lord.
- ⁹ For you are the Lord, most high over ^lall the earth; *
you are exalted far a-^lbove all gods.
- ¹⁰ The Lord loves those ^lwho hate evil, *
preserving the lives of the saints
and delivering them from the hand ^lof the wicked.
- ¹¹ Light has sprung up ^lfor the righteous, *
and joyful gladness for those who ^lare truehearted.
- ¹² Rejoice in the ^lLord, you righteous, *
and give thanks to the holy name ^lof the Lord.

Psalm 98 *Cantate Domino*

- ¹ Sing a new song to the Lord,
who has done mar-^lvellous things, *
whose mighty hand and holy arm have ^lwon the victory.

- ² O Lord, you have made 'known the victory; *
you have openly shown your righteousness
in the sight 'of the nations.
- ³ You remember your mercy and faithfulness to the 'house of Israel, *
and all the ends of the earth have seen your victo-'ry, O God.
- ⁴ Shout with joy to the Lord, 'all you lands; *
lift up your voice, re-'joice and sing.
- ⁵ Sing to the Lord 'with the harp, *
with the harp and the 'voice of song.
- ⁶ With trumpets and the sound 'of the horn *
shout with joy before our sover-'eign, the Lord.
- ⁷ Let the sea make a noise and all 'that is in it, *
the lands and those who 'dwell therein.
- ⁸ Let the rivers 'clap their hands, *
and let the hills ring out with joy before the Lord,
who is coming to 'judge the earth.
- ⁹ In righteousness shall God 'judge the world *
and the peo-'ples with equity.

Psalm 99 *Dominus regnavit*

- ¹ 'The Lord reigns; *
let the 'people tremble;
the Lord is enthroned up-'on the Cherubim; *
let 'the earth shake.
- ² The Lord is 'great in Zion *
and is high a-'bove all peoples.
- ³ Let them confess your name, which is 'great and awesome; *
you are the 'Holy One.
- ⁴ "O mighty Sovereign, lover of justice, you have es-'tablished equity; *
you have executed justice and righteous-'ness in Jacob."
- ⁵ Proclaim the greatness of the Lord our God
and fall down before the foot-'stool of God; *
the Lord is the 'Holy One.
- ⁶ Moses and Aaron a-'mong your priests, *
and Samuel among those who call up-'on your name,
they called up-'on you, O Lord; *
and you 'answered them.
- ⁷ You spoke to them out of the pil-'lar of cloud; *
they kept your testimonies and the decree 'that you gave them.
- ⁸ "O Lord our God, you answered 'them indeed; *
you were a God who forgave them,
yet punished them for their 'evil deeds."
- ⁹ Proclaim the greatness of the Lord our God
and worship upon the holy 'hill of God; *
for the Lord our God is the 'Holy One.

Psalm 100 *Jubilate Deo*

- ¹ Be joyful 'in the Lord, *
 'all you lands;
² serve the 'Lord with gladness
 and come into the divine presence 'with a song.
³ Know this: the Lord, the 'Lord, is God; *
 the One made us and to whom we belong;
 we are God's people, the sheep 'of God's pasture.
⁴ Enter the gates of the Lord with thanksgiving;
go into these 'courts with praise; *
 give thanks to God and call upon the name 'of the Lord.
⁵ For the Lord is good, whose steadfast love is 'everlasting; *
 and whose faithfulness endures from 'age to age.

Psalm 101 *Misericordiam et judicium*

- ¹ I will sing of mer-'cy and justice; *
 to you, O Lord, will 'I sing praises.
² I will strive to follow a blameless course;
oh, when will you 'come to me? *
 I will walk with sincerity of heart with-'in my house.
³ I will set no worthless thing be-'fore my eyes; *
 I hate the doers of evil deeds; they shall not re-'main with me.
⁴ A crooked heart shall be 'far from me; *
 I will 'not know evil.
⁵ Those who in secret slander their neighbours I 'will destroy; *
 those who have a haughty look and a proud heart I can-'not abide.
⁶ My eyes are upon the faithful in the land, that they may 'dwell with me, *
 and only those who lead a blameless life shall 'be my servants.
⁷ Those who act deceitfully shall not dwell 'in my house, *
 and those who tell lies shall not continue 'in my sight.
⁸ I will soon destroy all the wicked 'in the land, *
 that I may root out all evildoers from the city 'of the Lord.

Psalm 102 *Domine, exaudi*

- ¹ Lord, hear my prayer, and let my cry 'come before you; *
 hide not your face from me in the day 'of my trouble.
² Incline your 'ear to me; *
 when I call, make haste to 'answer me,
³ For my days drift a-'way like smoke, *
 and my bones are hot as 'burning coals.
⁴ My heart is smitten like 'grass and withered, *
 so that I forget to 'eat my bread.

- ⁵ Because of the voice 'of my groaning *
I am but 'skin and bones.
- ⁶ I have become like a vulture 'in the wilderness, *
like an owl a-'mong the ruins.
- ⁷ I lie a-'wake and groan; *
I am like a sparrow, lonely 'on a house-top.
- ⁸ My enemies revile me 'all day long, *
and those who scoff at me have taken an 'oath against me.
- ⁹ For I have eaten ash-'es for bread *
and mingled my 'drink with weeping.
- ¹⁰ Because of your indigna-'tion and wrath *
you have lifted me up and thrown 'me away.
- ¹¹ My days pass away 'like a shadow, *
and I wither 'like the grass.
- ¹² But you, O Lord, en-'dure for ever, *
and your name from 'age to age.
- ¹³ You will arise and have compas-'sion on Zion,
for it is time to have mer-'cy upon her; *
indeed, the appointed 'time has come.
- ¹⁴ For your servants love her 'very rubble, *
and are moved to pity even 'for her dust.
- ¹⁵ The nations shall fear your 'name, O Lord, *
and all the rulers of the 'earth your glory.
- ¹⁶ For you, O Lord, will 'build up Zion, *
and your glory 'will appear.
- ¹⁷ You will look with favour on the prayer 'of the homeless; *
you will not de-'spise their plea.
- ¹⁸ Let this be written for a future 'generation, *
so that a people yet unborn may 'praise the Lord.
- ¹⁹ For you, O Lord, looked down from your holy 'place on high; *
from the heavens you be-'held the earth;
- ²⁰ that you might hear the groan 'of the captive *
and set free those con-'demned to die;
- ²¹ so that they may declare in Zion the name 'of the Lord, *
and your praise 'in Jerusalem;
- ²² when the peoples are gath-'ered together, *
and the nations also, to 'serve the Lord.
- ²³ You have brought down my strength be-'fore my time; *
you have shortened the number 'of my days;
- ²⁴ And I said, "O my God, do not take me away in the midst 'of my days; *
your years endure throughout all 'generations.
- ²⁵ In the beginning, O Lord, you laid the foundations 'of the earth, *
and the heavens are the work 'of your hands;
- ²⁶ They shall perish, but you will endure;
they all shall wear out 'like a garment; *
as clothing you will change them,

- and they ¹shall be changed;
²⁷ But you are al-¹ways the same, *
and your years will ¹never end.
²⁸ The children of your servants ¹shall continue, *
and their offspring shall stand fast ¹in your sight”.

Psalm 103 *Benedic, anima mea*

- ¹ Bless the Lord, ¹O my soul, *
and all that is within me, bless God's ¹holy name.
² Bless the Lord, ¹O my soul, *
and forget not all the benefits ¹of the Lord.
³ The Lord forgives ¹all your sins *
and heals all ¹your infirmities;
⁴ redeeming your life ¹from the grave *
and crowning you with mercy and ¹loving-kindness;
⁵ satisfying you ¹with good things, *
and renewing your youth ¹like an eagle's.
⁶ The Lord ex-¹ecutes righteousness *
and judgement for all who ¹are oppressed.
⁷ O Lord, you made your ways ¹known to Moses *
and your works to the chil-¹dren of Israel.
⁸ You are full of compas-¹sion and mercy, *
slow to anger and ¹of great kindness.
⁹ You will not al-¹ways accuse us, *
nor will you keep you're an-¹ger for ever.
¹⁰ You have not dealt with us according ¹to our sins, *
nor rewarded us according ¹to our wickedness.
¹¹ For as the heavens are high a-¹bove the earth, *
so is your mercy great upon ¹those who fear you.
¹² As far as the east is ¹from the west, *
so far have you removed our ¹sins from us.
¹³ As parents care ¹for their children, *
so do you, O Lord, care for ¹those who fear you.
¹⁴ For you yourself know whereof ¹we are made; *
you remember that we ¹are but dust.
¹⁵ Our days are ¹like the grass; *
we flourish like a flower ¹of the field;
¹⁶ when the wind goes over it, ¹it is gone, *
and its place shall know ¹it no more.
¹⁷ But your merciful goodness endures for ever on ¹those who fear you, *
and your righteousness on ¹children's children;
¹⁸ on those who ¹keep the covenant *
and remember the command-¹ments and do them.
¹⁹ The Lord is en-¹throned in heaven, *
and has dominion ¹over all.

²⁰ Bless the Lord, you angels,
you mighty ones who do the bid-¹ding of God, *
and hearken to the voice of the word ¹of the Lord.

²¹ Bless the Lord, ¹all you hosts, *
you ministers who do the ¹will of God.

²² Bless the Lord, all you works of the Lord,
in all places of the dominion ¹of the Lord; *
bless the Lord, ¹O my soul.

Psalm 104 *Benedic, anima mea*

¹ Bless the Lord, ¹O my soul; *
O Lord my God, how excellent is your greatness!
You are clothed with majes-¹ty and splendour.

² You wrap yourself with light as ¹with a cloak *
and spread out the heavens ¹like a curtain.

³ You lay the beams of your chambers in the wa-¹ters above; *
you make the clouds your chariot;
you ride on the wings ¹of the wind.

⁴ You make the ¹winds your messengers *
and flames of ¹fire your servants.

⁵ You have set the earth upon ¹its foundations, *
so that it never shall move at ¹any time.

⁶ You covered it with the deep as ¹with a mantle; *
the waters stood higher ¹than the mountains.

⁷ At your re-¹buke they fled; *
at the voice of your thunder they has-¹tened away.

⁸ They went up into the hills and down to the val-¹leys beneath, *
to the places you had appoint-¹ed for them.

⁹ You set the limits that they ¹should not pass; *
they shall not again cov-¹er the earth.

¹⁰ You send the springs in-¹to the valleys; *
they flow be-¹tween the mountains.

¹¹ All the beasts of the field drink their ¹fill from them, *
and the wild asses ¹quench their thirst.

¹² Beside them the birds of the air ¹make their nests *
and sing a-¹mong the branches.

¹³ You water the mountains from your dwell-¹ing on high; *
the earth is fully satisfied by the fruit ¹of your works.

¹⁴ You make grass grow for ¹flocks and herds *
and plants to serve human beings
that they may bring forth food ¹from the earth, *

¹⁵ wine to gladden our hearts, oil to make a ¹cheerful countenance, *
and bread to strength-¹en the heart.

¹⁶ The trees of the Lord are ¹full of sap, *
the cedars of Lebanon ¹which you planted,

- ¹⁷ in which the birds 'build their nests, *
and in whose tops the stork 'makes its dwelling.
- ¹⁸ The high hills are a refuge for the 'mountain goats, *
and the stony cliffs for 'the rock badgers.
- ¹⁹ You appointed the moon to 'mark the seasons, *
and the sun knows the time 'of its setting.
- ²⁰ You make darkness that it 'may be night, *
in which all the beasts of the 'forest prowl.
- ²¹ The lions roar af-'ter their prey *
and seek their 'food from God.
- ²² The sun rises, and they 'slip away *
and lay themselves down 'in their dens.
- ²³ Mortals goes forth 'to their work *
and to their labour un-'til the evening.
- ²⁴ O Lord, how manifold 'are your works! *
In wisdom you have made them all;
the earth is full 'of your creatures.
- ²⁵ Yonder is the great and wide sea
with its living things too man-'y to number, *
creatures both 'small and great.
- ²⁶ There move the ships, and there is 'that Leviathan, *
which you have made 'for the sport of it.
- ²⁷ All of them 'look to you *
to give them their food 'in due season.
- ²⁸ You give it to them; they 'gather it; *
you open your hand,
and they are filled 'with good things.
- ²⁹ You hide your face, and 'they are terrified; *
you take away their breath,
and they die and return 'to their dust.
- ³⁰ You send forth your Spirit, and they 'are created; *
and so you renew the face 'of the earth.
- ³¹ May your glory, O Lord, en-'dure for ever; *
may you rejoice in 'all your works;
- ³² you look at the earth 'and it trembles; *
you touch the mountains 'and they smoke.
- ³³ I will sing to the Lord as long 'as I live; *
I will praise my God while I 'have my being.
- ³⁴ May these words 'of mine please you; *
I will rejoice 'in the Lord.
- ³⁵ Let sinners be consumed out of the earth,
and the wicked 'be no more. *
Bless the Lord, O my soul. 'Hallelujah!

Psalm 105

Part I Confitemini Domino

- ¹ Give thanks to the Lord and call upon ¹the divine name; *
make known the deeds of the Lord a-¹mong the peoples.
- ² Sing to the ¹Lord, sing praises, *
and speak of all the marvellous works ¹of the Lord.
- ³ Glory in the ¹holy name; *
let the hearts of those who seek the ¹Lord rejoice.
- ⁴ Search for the strength ¹of the Lord; *
continually seek the ¹face of God.
- ⁵ Remember the marvels the ¹Lord has done, *
the wonders and the judgements of the mouth ¹of the Lord,
- ⁶ O offspring of Abraham the ser-¹vant of God, *
O children of Jacob the chosen ¹of the Lord.
- ⁷ The Lord ¹is our God, *
whose judgements prevail in ¹all the world,
- ⁸ who has always been mindful ¹of the covenant, *
the promise made for a thousand ¹generations:
- ⁹ the covenant ¹made with Abraham, *
the oath ¹sworn to Isaac,
- ¹⁰ established as a stat-¹ute for Jacob, *
an everlasting cove-¹nant for Israel,
- ¹¹ saying, "To you will I give the ¹land of Canaan *
to be your allot-¹ted inheritance."
- ¹² When they were ¹few in number, *
of little account, and sojourners ¹in the land,
- ¹³ wandering from na-¹tion to nation *
and from one kingdom ¹to another,
- ¹⁴ The Lord let no ¹one oppress them *
and rebuked rulers ¹for their sake,
- ¹⁵ saying, "Do not touch ¹my anointed *
and do my proph-¹ets no harm."
- ¹⁶ Then God called for a famine ¹in the land *
and destroyed the sup-¹ply of bread.
- ¹⁷ The Lord sent a ¹man before them, *
Joseph, who was sold ¹as a slave
- ¹⁸ They bruised his ¹feet in fetters; *
his neck they put in an ¹iron collar.
- ¹⁹ Until his prediction ¹came to pass, *
the word of the Lord ¹tested him.
- ²⁰ The king sent ¹and released him; *
the ruler of the peoples ¹set him free.
- ²¹ He set him as master o-¹ver his household, *
as a ruler over all ¹his possessions,
- ²² to instruct his princes according ¹to his will *

and to teach his 'elders wisdom.

Part II Et intravit Israel

- ²³ Israel came 'into Egypt, *
and Jacob became a sojourner in the 'land of Ham.
- ²⁴ The Lord made this people exceed-'ingly fruitful; *
making them stronger 'than their enemies;
- ²⁵ whose heart God turned, so that they hat-'ed this people, *
and dealt unjustly with the ser-'vants of God.
- ²⁶ O Lord, you sent Mo-'ses your servant, *
and Aaron whom 'you had chosen.
- ²⁷ They worked your 'signs among them, *
and portents in the 'land of Ham.
- ²⁸ You sent darkness, and 'it grew dark; *
but the Egyptians rebelled a-'gainst your words.
- ²⁹ You turned their waters 'into blood *
and caused their 'fish to die.
- ³⁰ Their land was over-'run by frogs, *
in the very chambers 'of their kings.
- ³¹ You spoke, and there came 'swarms of insects *
and gnats within 'all their borders.
- ³² You gave them hailstones in-'stead of rain, *
and flames of fire through-'out their land.
- ³³ You blasted their vines 'and their fig trees *
and shattered every tree 'in their country.
- ³⁴ You spoke, and the 'locust came, *
and young locusts 'without number,
- ³⁵ which ate up all the green plants 'in their land *
and devoured the fruit 'of their soil.
- ³⁶ You struck down the firstborn 'of their land, *
the first fruits of 'all their strength.
- ³⁷ You led out your people with sil-'ver and gold; *
in all their tribes there was not 'one that stumbled.
- ³⁸ Egypt was glad 'of their going, *
because they were a-'fraid of them.
- ³⁹ You spread out a cloud 'for a covering *
and a fire to give light in 'the night season.
- ⁴⁰ They asked, and 'quails appeared, *
and you satisfied them with 'bread from heaven.
- ⁴¹ You opened the rock, and 'water flowed, *
so the river ran in 'the dry places.
- ⁴² For you, O God, remembered your 'holy word *
and Abra-'ham your servant.
- ⁴³ So you led forth your peo-'ple with gladness, *
your chosen with 'shouts of joy.
- ⁴⁴ You gave your people the lands 'of the nations, *

and they took the fruit of 'others' toil,
45 that they might 'keep your statutes *
and observe your laws. 'Hallelujah!

Psalm 106

Part I Confitemini Domino

' Hallelujah! Give thanks to the Lord 'who is good, *
whose mercy en-'dures for ever.
2 Who can declare your mighty 'acts, O Lord, *
or show forth 'all your praise?
3 Happy are those who 'act with justice *
and always do 'what is right!
4 Remember me, O Lord, with the favour you have 'for your people, *
and visit me with your 'saving help;
5 that I may see the prosperity of your elect
and be glad with the gladness 'of your people, *
that I may glory with 'your inheritance.
6 We have sinned as our an-'cestors did; *
we have done wrong 'and dealt wickedly.
7 In Egypt they did not consider your marvellous works,
nor remember the abundance 'of your love; *
they defied the Most High 'at the Red Sea.
8 But you saved them 'for your name's sake, *
to make your 'power known.
9 You rebuked the Red Sea, and 'it dried up, *
and you led them through the deep as 'through a desert.
10 You saved them from the hand of those who 'hated them *
and redeemed them from the hand 'of the enemy.
11 The waters covered 'their oppressors; *
not one of 'them was left.
12 Then they be-'lieved your words *
and sang you 'songs of praise.
13 But they soon for-'got your deeds *
and did not wait 'for your counsel.
14 A craving seized them 'in the wilderness, *
and they put you to the test 'in the desert.
15 You gave them 'what they asked, *
but sent leanness in-'to their soul.
16 They envied Moses 'in the camp, *
and Aaron, the holy one 'of the Lord.
17 The earth opened and 'swallowed Dathan *
and covered the company 'of Abiram.
18 Fire blazed up a-'gainst their company, *
and flames de-'voured the wicked.

Part II Et fecerunt vitulum

- ¹⁹ Israel made a bull-¹calf at Horeb *
and worshipped a ¹molten image;
²⁰ and so they ex-¹changed their Glory *
for the image of an ox that ¹feeds on grass.
²¹ They forgot ¹you, their saviour, *
who had done great ¹things in Egypt,
²² wonderful deeds in the ¹land of Ham, *
and fearful things ¹at the Red Sea.
²³ So you would have destroyed them,
had not Moses your chosen stood before you ¹in the breach, *
to turn away your wrath from con-¹suming them.
²⁴ They refused the ¹pleasant land *
and would not be-¹lieve your promise.
²⁵ They grumbled ¹in their tents *
and would not listen to the voice ¹of the Lord.
²⁶ So you lifted your ¹hand against them, *
to overthrow them ¹in the wilderness,
²⁷ to cast out their seed a-¹mong the nations, *
and to scatter them through-¹out the lands.
²⁸ They joined themselves to ¹Baal-Peor *
and ate sacrifices offered ¹to the dead.
²⁹ They provoked you to anger ¹with their actions, *
and a plague broke ¹out among them.
³⁰ Then Phinehas stood up and ¹interceded, *
and the plague came ¹to an end.
³¹ This was reckoned to ¹him as righteousness *
throughout all genera-¹tions for ever.
³² Again they provoked your anger at the wa-¹ters of Meribah, *
so that you punished Moses be-¹cause of them;
³³ for they so embit-¹tered his spirit *
that he spoke rash words ¹with his lips.
³⁴ They did not de-¹stroy the peoples *
as the Lord had com-¹manded them.
³⁵ They intermingled ¹with the heathen *
and learned their pa-¹gan ways,
³⁶ So that they wor-¹shipped their idols, *
which became a ¹snare to them.
³⁷ They sacri-¹ficed their sons *
and their daughters to ¹evil spirits.
³⁸ They shed innocent blood, the blood of their ¹sons and daughters, *
which they offered to the idols of Canaan,
and the land was de-¹filed with blood.
³⁹ Thus they were polluted ¹by their actions *
and went whoring in their ¹evil deeds.
⁴⁰ Therefore your wrath was kindled a-¹gainst your people *

- and you abhorred ¹your inheritance.
- ⁴¹ You gave them over to the hand ¹of the heathen, *
and those who hated them ruled ¹over them.
- ⁴² Their ene-¹mies oppressed them, *
and they were humbled un-¹der their hand.
- ⁴³ Many a time did you deliver them,
but they rebelled through their ¹own devices, *
and were brought down in ¹their iniquity.
- ⁴⁴ Nevertheless, you saw ¹their distress, *
when you heard their ¹lamentation.
- ⁴⁵ You remembered your cove-¹nant with them *
and relented in accordance with ¹your great mercy.
- ⁴⁶ You caused them ¹to be pitied *
by those who ¹held them captive.
- ⁴⁷ Save us, O Lord our God, and gather us from a-¹mong the nations, *
that we may give thanks to your holy name
and glory ¹in your praise.
- ⁴⁸ Blessed be the Lord, the God of Israel,
from everlasting and to ¹everlasting; *
and let all the people say, "Amen!"
¹Hallelujah!

Book V

Psalm 107

Part I Confitemini Domino

- ¹ Give thanks to the Lord ¹who is good, *
and whose mercy en-¹dures for ever.
- ² Let all those whom the Lord has re-¹deemed proclaim *
that God redeemed them from the hand ¹of the foe.
- ³ The Lord gathered them out ¹of the lands; *
from the east and from the west,
from the north and ¹from the south.
- ⁴ Some wandered in ¹desert wastes; *
they found no way to a city where ¹they might dwell.
- ⁵ They were hun-¹gry and thirsty; *
their spirits lan-¹guished within them.
- ⁶ Then they cried to the Lord ¹in their trouble, *
who delivered them from ¹their distress.
- ⁷ The Lord put their feet ¹on a straight path *
to go to a city where ¹they might dwell.
- ⁸ Let them give thanks to you, O Lord, ¹for your mercy *
and the wonders you do ¹for your children.
- ⁹ For you satis-¹fy the thirsty *
and fill the hun-¹gry with good things.

- ¹⁰ Some sat in darkness ¹and deep gloom, *
bound fast in miser-¹y and iron;
- ¹¹ because they rebelled against the ¹words of God *
and despised the counsel of ¹the Most High.
- ¹² So you humbled their spirits ¹with hard labour; *
they stumbled, and there was ¹none to help.
- ¹³ Then they cried to you ¹in their trouble, *
and you delivered them from ¹their distress.
- ¹⁴ You led them out of darkness ¹and deep gloom *
and broke their ¹bonds asunder.
- ¹⁵ Let them give thanks to you, O Lord, ¹for your mercy *
and the wonders you do ¹for your children.
- ¹⁶ For you shatter the ¹doors of bronze *
and break in two the ¹iron bars.
- ¹⁷ Some were fools and took to re-¹bellious ways; *
they were afflicted because ¹of their sins.
- ¹⁸ They abhorred all man-¹ner of food *
and drew near ¹to death's door.
- ¹⁹ Then they cried to you, O Lord, ¹in their trouble, *
and you delivered them from ¹their distress.
- ²⁰ You sent forth your ¹word and healed them *
and saved them ¹from the grave.
- ²¹ Let them give thanks to you, O Lord, ¹for your mercy *
and the wonders you do ¹for your children.
- ²² Let them offer a sacrifice ¹of thanksgiving *
and tell of your acts with ¹shouts of joy.
- ²³ Some went down to the ¹sea in ships *
and plied their trade ¹in deep waters;
- ²⁴ They beheld your ¹works, O Lord, *
and your wonders ¹in the deep.
- ²⁵ Then you spoke, and a stormy ¹wind arose, *
which tossed high the waves ¹of the sea.
- ²⁶ They mounted up to the heavens and fell back ¹to the depths; *
their hearts melted because ¹of their peril.
- ²⁷ They reeled and stag-¹gered like drunkards *
and were at ¹their wits' end.
- ²⁸ Then they cried to the Lord ¹in their trouble, *
and you delivered them from ¹their distress.
- ²⁹ You stilled the storm ¹to a whisper *
and quieted the waves ¹of the sea.
- ³⁰ Then were they glad because ¹of the calm, *
and you brought them to the harbour ¹they were bound for.
- ³¹ Let them give thanks to you, O Lord, ¹for your mercy *
and the wonders you do ¹for your children.
- ³² Let them exalt you in the congregation ¹of the people *
and praise you in the council ¹of the elders.

Part II Posuit flumina

- ³³ The Lord changed rivers 'into deserts, *
and water-springs into 'thirsty ground,
³⁴ a fruitful land 'into salt flats, *
because of the wickedness of 'those who dwell there.
³⁵ The Lord changed deserts into 'pools of water *
and dry land 'into water-springs,
³⁶ settling the 'hungry there, *
and they founded a cit-'y to dwell in.
³⁷ They sowed fields, and 'planted vineyards, *
and brought in a 'fruitful harvest.
³⁸ The Lord blessed them, so that they 'increased greatly; *
and did not let their 'herds decrease.
³⁹ Yet when they were diminished 'and brought low, *
through stress of adversi-'ty and sorrow,
⁴⁰ (You pour con-'tempt on princes *
and make them wander in 'trackless wastes)
⁴¹ The Lord lifted up the poor 'out of misery *
and multiplied their families like 'flocks of sheep.
⁴² The upright will see this 'and rejoice, *
but all wickedness will 'shut its mouth.
⁴³ Whoever is wise will pon-'der these things, *
and consider well the mercies 'of the Lord.

Psalm 108 *Paratum cor meum*

- ¹ My heart is firmly fixed, O God, my 'heart is fixed; *
I will sing 'and make melody.
² Wake up, my spirit; awake, 'lute and harp; *
I myself will wak-'en the dawn.
³ I will confess you among the peo-'ples, O Lord; *
I will sing praises to you a-'mong the nations.
⁴ For your loving-kindness is greater 'than the heavens, *
and your faithfulness reaches 'to the clouds.
⁵ Exalt yourself above the heav-'ens, O God, *
and your glory over 'all the earth.
⁶ So that those who are dear to you may 'be delivered, *
save with your strong hand and 'answer me.
⁷ You spoke from your heavenly dwell-'ing and said, *
"I will exult and parcel out Shechem;
I will divide the val-'ley of Succoth.
⁸ Gilead is mine and Manas-'seh is mine; *
Ephraim is my helmet and Ju-'dah my sceptre.
⁹ Moab is my washbasin; on Edom I throw down my san-'dal to claim it, *
and over Philistia will I 'shout in triumph."

- ¹⁰ Who will lead me into 'the strong city? *
Who will bring me 'into Edom?
¹¹ Have you not cast us 'off, O God? *
You no longer go out, O God, 'with our armies.
¹² Grant us your help a-'gainst the enemy, *
for vain is the 'help of mortals.
¹³ With you we will do 'valiant deeds, *
and you shall tread our enemies 'under foot.

Psalm 109 *Deus, laudem*

- ¹ Hold 'not your tongue, *
O God 'of my praise.
² For the mouth of the wicked, the mouth of the deceitful,
is o-'pened against me; *
they speak to me with a 'lying tongue.
³ They encompass me with 'hateful words *
and fight against me with-'out a cause.
⁴ Despite my love, 'they accuse me; *
but as for me, I 'pray for them.
⁵ They repay e-'vil for good, *
and hatred 'for my love.
⁶ Set the wick-'ed against them, *
and let an accuser stand 'at their side.
⁷ When they are judged, let them 'be found guilty, *
and let their appeal 'be in vain.
⁸ Let their 'days be few, *
and let another 'take their office.
⁹ Let their child-'ren be orphaned, *
and their 'spouses widowed.
¹⁰ Let their children be 'waifs and beggars; *
let them be driven from the ruins 'of their homes.
¹¹ Let creditors seize every-'thing they have; *
let strangers plun-'der their gains.
¹² Let there be no one to 'show their kindness, *
and none to pity their 'orphaned children.
¹³ Let their descendants 'be destroyed, *
and their name be blotted out in the next 'generation.
¹⁴ Let the wickedness of their ancestors
be remembered be-'fore the Lord, *
and their mothers' sin not be 'blotted out;
¹⁵ Let their sin be always be-'fore the Lord; *
but let their names be rooted out 'from the earth;
¹⁶ because they did not remember 'to show mercy, *
but persecuted the poor and needy
and sought to kill the 'brokenhearted.

- ¹⁷ They loved cursing,
let it ¹come upon them; *
they took no delight in blessing,
let it de-¹part from them.
- ¹⁸ They put on cursing ¹like a garment, *
let it soak into their bodies like water
and into their ¹bones like oil;
- ¹⁹ Let it be to them like the cloak
which they wrap a-¹round themselves, *
and like the belt that they ¹wear continually.
- ²⁰ Let this be the recompense from the Lord to ¹my accusers, *
and to those who speak e-¹vil against me.
- ²¹ But you, O Lord my God, oh, deal with me according ¹to your name; *
for your tender mercy's sake, de-¹liver me.
- ²² For I am ¹poor and needy, *
and my heart is wound-¹ed within me.
- ²³ I have faded away like a shadow ¹when it lengthens; *
I am shaken off ¹like a locust.
- ²⁴ My knees are ¹weak through fasting, *
and my flesh is wast-¹ed and gaunt.
- ²⁵ I have become a re-¹proach to them; *
they see and ¹shake their heads.
- ²⁶ Help me, O ¹Lord my God; *
save me for your ¹mercy's sake.
- ²⁷ Let them know that this ¹is your hand, *
that you, O ¹Lord, have done it.
- ²⁸ They may curse, but ¹you will bless; *
let those who rise up against me be put to shame,
and your servant ¹will rejoice.
- ²⁹ Let my accusers be clothed ¹with disgrace *
and wrap themselves in their shame as ¹in a cloak.
- ³⁰ I will give great thanks to the Lord ¹with my mouth; *
in the midst of the multitude will ¹I praise God;
- ³¹ because the Lord stands at the side ¹of the needy, *
to save their lives from those who ¹would condemn them.

Psalm 110 *Dixit Dominus*

- ¹ The Lord said to my lord, "Sit at my ¹side in honour, *
until I make your ene-¹mies your footstool"
- ² The Lord will send the sceptre of your power ¹out of Zion, *
saying, "Rule over your enemies ¹round about you.
- ³ Royal state has been yours from the day ¹of your birth, *
in the beauty of holiness have I begotten you,
like dew from the womb ¹of the morning."
- ⁴ The Lord has sworn and will ¹not recant: *

- "You are a priest for ever after the order ¹of Melchizedek."
- ⁵ The Lord who is at your side will smite rulers in the ¹day of wrath; *
and will rule o-¹ver the nations.
- ⁶ The Lord will heap ¹high the corpses, *
smashing heads o-¹ver the wide earth.
- ⁷ The king will drink from the brook be-¹side the road, *
therefore he will lift ¹high his head.

Psalm III *Confitebor tibi*

- ¹ Hallelujah!
I will give thanks to the Lord with ¹my whole heart, *
in the assembly of the upright, in the ¹congregation.
- ² Great are the deeds ¹of the Lord! *
They are studied by all who de-¹light in them.
- ³ O Lord, your work is full of majes-¹ty and splendour, *
and your righteousness en-¹dures for ever.
- ⁴ You make your marvellous works to ¹be remembered; *
you are gracious and full ¹of compassion.
- ⁵ You give food to ¹those who fear you; *
you are ever mindful ¹of your covenant.
- ⁶ You have shown your people the power ¹of your works *
in giving them the lands ¹of the nations.
- ⁷ The works of your hands are faithful-¹ness and justice; *
all your command-¹ments are sure.
- ⁸ They stand fast for ev-¹er and ever, *
because they are done in ¹truth and equity.
- ⁹ You send redemption to your people;
you commanded your cove-¹nant for ever; *
holy and awesome ¹is your name.
- ¹⁰ The fear of the Lord is the begin-¹ning of wisdom; *
those who act accordingly have a good understanding;
the praise of the Lord en-¹dures for ever.

Psalm II 2 *Beatus vir*

- ¹ Hallelujah!
Happy are they who ¹fear the Lord *
and have great delight in the di-¹vine commandments!
- ² Their descendants will be mighty ¹in the land; *
the generation of the upright ¹will be blessed.
- ³ Wealth and riches will be ¹in their house, *
and their righteousness will ¹last for ever.
- ⁴ Light shines in the darkness ¹for the upright; *
the righteous are merciful and full ¹of compassion.
- ⁵ It is good for them to be gener-¹ous in lending *

- and to manage their af-fairs with justice.
6 For they will nev-er be shaken; *
the righteous will be kept in everlast-ing remembrance.
7 They will not be afraid of any evil rumours; *
their heart is right; they put their trust in the Lord.
8 Their heart is established and will not shrink, *
until they see their desire up-on their enemies.
9 They have given freely to the poor, *
and their righteousness stands fast for ever;
they will hold up their head with honour.
10 The wicked will see it and be angry;
they will gnash their teeth and pine away; *
the desires of the wick-ed will perish.

Psalm 113 *Laudate, pueri*

- 1 Hallelujah!
Give praise, you servants of the Lord; *
praise the name of the Lord.
2 Let the name of the Lord be blessed, *
from this time forth for evermore.
3 From the rising of the sun to its going down *
let the name of the Lord be praised.
4 The Lord is high a-bove all nations, *
and is glorious a-bove the heavens.
5 Who is like the Lord our God, *
who sits en-throned on high,
6 but stoops to behold *
the heavens and the earth?
7 The Lord takes up the weak out of the dust *
and lifts up the poor from the ashes.
8 The Lord sets them with the rulers, *
with the rulers of this people,
9 making the woman of a childless house *
to be a joyful moth-er of children.

Psalm 114 *In exitu Israel*

- 1 Hallelujah!
When Israel came out of Egypt, *
the house of Jacob from a people of strange speech,
2 Judah became the sanctuary of the Lord *
and Israel the domin-ion of God.
3 The sea beheld it and fled; *
Jordan turned and went back.
4 The mountains skipped like rams, *

and the little hills 'like young sheep.
5 What ailed you, O sea, 'that you fled? *
O Jordan, that 'you turned back?
6 You mountains, that you 'skipped like rams? *
You little hills 'like young sheep?
7 Tremble, O earth, at the presence 'of the Lord, *
at the presence of the 'God of Jacob,
8 who turned the hard rock into a 'pool of water *
and flint-stone into a 'flowing spring.

Psalm 115 *Non nobis, Domine*

1 Not to us, O Lord, not to us,
but to your 'name give glory; *
because of your love and because 'of your faithfulness.
2 Why should the 'heathen say, *
"Where then 'is their God?"
3 Our God 'is in heaven; *
whatever God wills to do 'comes to pass.
4 Their idols are sil- 'ver and gold, *
the work of 'human hands.
5 They have mouths, but they 'cannot speak; *
eyes have they, but they 'cannot see;
6 they have ears, but they 'cannot hear; *
noses, but they 'cannot smell;
7 they have hands, but they cannot feel;
feet, but they 'cannot walk; *
they make no sound 'with their throat.
8 Those who make 'them are like them, *
and so are all who put their 'trust in them.
9 O Israel, trust 'in the Lord, *
who is your help 'and your shield.
10 O house of Aaron, trust 'in the Lord; *
who is your help 'and your shield.
11 You who fear the Lord, trust 'in the Lord; *
who is your help 'and your shield.
12 The Lord has been mindful of us 'and will bless us; *
blessing the house of Israel and the 'house of Aaron;
13 those who fear the Lord 'will be blessed, *
both small and 'great together.
14 May the Lord increase you 'more and more, *
you and your 'children after you.
15 May you be blessed 'by the Lord, *
the maker of heav- 'en and earth.
16 The heaven of heavens 'is the Lord's, *
but the Lord entrusted the earth 'to its peoples.

¹⁷ The dead do not 'praise the Lord, *
nor all those who go down 'into silence;
¹⁸ But we will 'bless the Lord, *
from this time forth for evermore.
'Hallelujah!

Psalm 116 *Dilexi, quoniam*

¹ I 'love the Lord *
who has heard the voice of my 'supplication,
² who has list-'ened to me *
whenever I called.
³ The cords of death entangled me;
the grip of the grave took 'hold of me; *
I came to 'grief and sorrow.
⁴ Then I called upon the name 'of the Lord: *
"O Lord, I pray you, 'save my life."
⁵ Gracious is the 'Lord and righteous; *
our God is full 'of compassion.
⁶ The Lord watches o-'ver the innocent; *
I was brought very low, and 'the Lord helped me.
⁷ Turn again to your rest, 'O my soul, *
for the Lord has treat-'ed you well.
⁸ For you, O Lord, have rescued my 'life from death, *
my eyes from tears, and my 'feet from stumbling.
⁹ I will walk in the presence 'of the Lord *
in the land 'of the living.
¹⁰ I believed, even 'when I said, *
"I have been brought 'very low."
¹¹ In my dis-'tress I said, *
"No one 'can be trusted."
¹² How shall I repay 'you, O Lord, *
for all the good things you have 'done for me?
¹³ I will lift up the cup 'of salvation *
and call up-'on your name.
¹⁴ I will fulfil my vows 'to the Lord *
in the presence of 'all the people.
¹⁵ Precious in your 'sight, O Lord *
is the death 'of your servants.
¹⁶ O Lord, I 'am your servant; *
I am your servant and the child of your handmaid;
you have freed me 'from my bonds.
¹⁷ I will offer you the sacrifice 'of thanksgiving *
and call upon the name 'of the Lord.
¹⁸ I will fulfil my vows 'to the Lord *
in the presence of all the peo-'ple of God.

¹⁹ In the courts of the house ¹of the Lord, *
in the midst of you, O Jerusalem.
¹Hallelujah!

Psalm 117 *Laudate Dominum*

¹ Praise the Lord, ¹all you nations; *
laud the Lord, ¹all you peoples.
² For the loving-kindness of the Lord toward ¹us is great, *
and the faithfulness of the Lord endures for ever.
¹Hallelujah!

Psalm 118 *Confitemini Domino*

¹ Give thanks to the Lord ¹who is good; *
the mercy of the Lord en-¹dures for ever.
² Let Israel ¹now proclaim, *
"The mercy of the Lord en-¹dures for ever."
³ Let the house of Aaron ¹now proclaim, *
"The mercy of the Lord en-¹dures for ever."
⁴ Let those who fear the Lord ¹now proclaim, *
"The mercy of the Lord en-¹dures for ever."
⁵ I called to the Lord in ¹my distress; *
who answered by set-¹ting me free.
⁶ The Lord is at my side, therefore I ¹will not fear; *
what can anyone ¹do to me?
⁷ The Lord is at my ¹side to help me; *
I will triumph over ¹those who hate me.
⁸ It is better to rely ¹on the Lord *
than to put any ¹trust in flesh.
⁹ It is better to rely ¹on the Lord *
than to put any ¹trust in rulers.
¹⁰ All the ungodly en-¹compass me; *
in the name of the Lord I ¹will repel them.
¹¹ They hem me in, they hem me in on ¹every side; *
in the name of the Lord I ¹will repel them.
¹² They swarm about me like bees;
they blaze like a ¹fire of thorns; *
in the name of the Lord I ¹will repel them.
¹³ I was pressed so hard that I ¹almost fell, *
but the Lord came ¹to my help.
¹⁴ The Lord is my strength ¹and my song, *
and has become ¹my salvation.
¹⁵ There is a sound of exulta-¹tion and victory *
in the tents ¹of the righteous:
¹⁶ "The mighty hand of the ¹Lord has triumphed! *

- the mighty hand of the Lord is exalted!
the mighty hand of the 'Lord has triumphed!"
- 17 I shall not 'die, but live, *
and declare the works 'of the Lord.
- 18 The Lord has pun-'ished me sorely, *
but did not hand me o-'ver to death.
- 19 Open for me the 'gates of righteousness; *
I will enter them;
I will offer thanks 'to the Lord.
- 20 "This is the gate 'of the Lord; *
those who are righ-'teous may enter."
- 21 I will give thanks to the Lord who 'answered me *
and has become 'my salvation.
- 22 The same stone which the build-'ers rejected *
has become 'the chief cornerstone.
- 23 This 'is the Lord's doing, *
and it is marvellous 'in our eyes.
- 24 On this day the 'Lord has acted; *
we will rejoice and be 'glad in it.
- 25 Hosannah, 'Lord, hosannah! *
Lord, send us 'now success.
- 26 Blessed is the one who comes in the name 'of the Lord; *
we bless you from the house 'of the Lord.
- 27 God is the Lord and has 'shined upon us; *
form a procession with branches up to the horns 'of the altar.
- 28 "You are my God, and 'I will thank you; *
you are my God, and I 'will exalt you."
- 29 Give thanks to the Lord 'who is good; *
the mercy of the Lord en-'dures for ever.

Psalm 119

Aleph Beati immaculati

- 1 Happy are they whose 'way is blameless, *
who walk in the law 'of the Lord!
- 2 Happy are they who observe 'your decrees *
and seek you with 'all their hearts;
- 3 who never do 'any wrong, *
but always walk 'in your ways.
- 4 You laid down 'your commandments, *
that we should 'fully keep them.
- 5 Oh, that my ways were made 'so direct *
that I might 'keep your statutes!
- 6 Then I should not be 'put to shame, *
when I regard all 'your commandments.
- 7 I will thank you with an 'unfeigned heart, *

when I have learned your 'righteous judgements.
8 I will 'keep your statutes; *
do not utter-'ly forsake me.

Beth In quo corrigit?

9 How shall the young 'cleanse their way? *
By keeping 'to your words.
10 With my whole 'heart I seek you; *
let me not stray from 'your commandments.
11 I treasure your promise 'in my heart, *
that I may not 'sin against you.
12 Blessed are 'you, O Lord; *
instruct me 'in your statutes.
13 With my lips will 'I recite *
all the judgements 'of your mouth.
14 I have taken greater delight in the way of 'your decrees *
than in all man-'ner of riches.
15 I will meditate on 'your commandments *
and give attention 'to your ways.
16 My delight is 'in your statutes; *
I will not for-'get your word.

Gimel Retribue servo tuo

17 Deal bountifully 'with your servant, *
that I may live and 'keep your word.
18 Open my eyes, that 'I may see *
the wonders 'of your law.
19 I am a stranger 'here on earth; *
do not hide your command-'ments from me.
20 My soul is consumed 'at all times *
with longing 'for your judgements.
21 You have re-'buked the insolent; *
cursed are they who stray from 'your commandments!
22 Turn from me shame 'and rebuke, *
for I have kept 'your decrees.
23 Even though rulers sit and 'plot against me, *
I will meditate 'on your statutes.
24 For your decrees are 'my delight, *
and they 'are my counsellors.

Daleth Adhæsit pavimento

25 My soul cleaves 'to the dust; *
give me life according 'to your word.
26 I have confessed my ways, and you 'answered me; *
instruct me 'in your statutes.
27 Make me understand the way of 'your commandments, *

- that I may meditate on your mar-^lvellous works.
- ²⁸ My soul melts a-^lway for sorrow; *
strengthen me according ^lto your word.
- ²⁹ Take from me the ^lway of lying; *
let me find grace ^lthrough your law.
- ³⁰ I have chosen the ^lway of faithfulness; *
I have set your judge-^lments before me.
- ³¹ I hold fast to ^lyour decrees; *
O Lord, let me not be ^lput to shame.
- ³² I will run the way of ^lyour commandments, *
for you have set my heart at ^lliberty.

He Legem pone

- ³³ Teach me, O Lord, the way ^lof your statutes, *
and I shall keep it ^lto the end.
- ³⁴ Give me understanding, and I shall ^lkeep your law; *
I shall keep it with ^lall my heart.
- ³⁵ Make me go in the path of ^lyour commandments, *
for that is ^lmy desire.
- ³⁶ Incline my heart to ^lyour decrees *
and not to ^lunjust gain.
- ³⁷ Turn my eyes from watching ^lwhat is worthless; *
give me life ^lin your ways.
- ³⁸ Fulfil your promise ^lto your servant, *
which you make to ^lthose who fear you.
- ³⁹ Turn away the reproach ^lwhich I dread, *
because your judge-^lments are good.
- ⁴⁰ Behold, I long for ^lyour commandments; *
in your righteousness pre-^lserve my life.

Waw Et veniat super me

- ⁴¹ Let your loving-kindness come to ^lme, O Lord, *
and your salvation, according ^lto your promise.
- ⁴² Then shall I have a word for ^lthose who taunt me, *
because I trust ^lin your words.
- ⁴³ Do not take the word of truth out ^lof my mouth, *
for my hope is ^lin your judgements.
- ⁴⁴ I shall continue to ^lkeep your law; *
I shall keep it for ev-^ler and ever.
- ⁴⁵ I will ^lwalk at liberty, *
because I study ^lyour commandments.
- ⁴⁶ I will tell of your decrees ^lbefore kings *
and will not ^lbe ashamed.
- ⁴⁷ I delight in ^lyour commandments, *
which I have ^lalways loved.
- ⁴⁸ I will lift up my hands to ^lyour commandments, *

and I will meditate ¹on your statutes.

Zayin Memor esto verbi tui

- ⁴⁹ Remember your word ¹to your servant, *
because you have giv-¹en me hope.
⁵⁰ This is my comfort ¹in my trouble, *
that your promise ¹gives me life.
⁵¹ The proud have derid-¹ed me cruelly, *
but I have not turned ¹from your law.
⁵² When I remember your judge-¹ments of old, *
O Lord, I ¹take great comfort.
⁵³ I am filled with a ¹burning rage, *
because of the wicked who for-¹sake your law.
⁵⁴ Your statutes have been like ¹songs to me
wherever I have lived ¹as a stranger.
⁵⁵ I remember your name in the ¹night, O Lord, *
and dwell up-¹on your law.
⁵⁶ This is how it has ¹been with me, *
because I have kept ¹your commandments.

Heth Portio mea, Domine

- ⁵⁷ You only are my por-¹tion, O Lord; *
I have promised to ¹keep your words.
⁵⁸ I entreat you with ¹all my heart, *
be merciful to me according ¹to your promise.
⁵⁹ I have consid-¹ered my ways *
and turned my feet toward ¹your decrees.
⁶⁰ I hasten and ¹do not tarry *
to keep ¹your commandments.
⁶¹ Though the cords of the wick-¹ed entangle me, *
I do not for-¹get your law.
⁶² At midnight I will rise to ¹give you thanks, *
because of your ¹righteous judgements.
⁶³ I am a companion of ¹all who fear you *
and of those who keep ¹your commandments.
⁶⁴ The earth, O Lord, is full ¹of your love; *
instruct me ¹in your statutes.

Teth Bonitatem fecisti

- ⁶⁵ O Lord, you have dealt graciously ¹with your servant, *
according ¹to your word.
⁶⁶ Teach me discern-¹ment and knowledge, *
for I have believed in ¹your commandments.
⁶⁷ Before I was afflicted I ¹went astray, *
but now I ¹keep your word.
⁶⁸ You are good and you ¹bring forth good; *

- instruct me ¹in your statutes.
- ⁶⁹ The proud have smeared ¹me with lies, *
but I will keep your commandments with ¹my whole heart.
- ⁷⁰ Their heart is ¹gross and fat, *
but my delight is ¹in your law.
- ⁷¹ It is good for me that I have ¹been afflicted, *
that I might ¹learn your statutes.
- ⁷² The law of your mouth is dear-¹er to me *
than thousands in ¹gold and silver.

Yodh Manus tuæ fecerunt me

- ⁷³ Your hands have made me and ¹fashioned me; *
give me understanding,
that I may learn ¹your commandments.
- ⁷⁴ Those who fear you will be glad ¹when they see me, *
because I trust ¹in your word.
- ⁷⁵ I know, O Lord, that your judge-¹ments are right *
and that in faithfulness you have af-¹flicted me.
- ⁷⁶ Let your loving-kindness ¹be my comfort *
as you have promised ¹to your servant.
- ⁷⁷ Let your compassion come to me, that ¹I may live, *
for your law is ¹my delight.
- ⁷⁸ Let the arrogant be put to shame,
for they wrong ¹me with lies; *
but I will meditate on ¹your commandments.
- ⁷⁹ Let those who fear you ¹turn to me, *
and also those who know ¹your decrees.
- ⁸⁰ Let my heart be sound ¹in your statutes, *
that I may not be ¹put to shame.

Kaph Deficit in salutare

- ⁸¹ My soul has longed for ¹your salvation; *
I have put my hope ¹in your word.
- ⁸² My eyes have failed from watching ¹for your promise, *
and I say, "When will you ¹comfort me?"
- ⁸³ I have become like a leather flask ¹in the smoke, *
but I have not forgot-¹ten your statutes.
- ⁸⁴ How much longer ¹must I wait? *
When will you give judgement
against ¹those who persecute me?
- ⁸⁵ The proud have dug ¹pits for me; *
they do not ¹keep your law.
- ⁸⁶ All your command-¹ments are true; *
help me, for they persecute ¹me with lies.
- ⁸⁷ They had almost made an end of ¹me on earth, *
but I have not forsaken ¹your commandments.

⁸⁸ In your loving-kind-ness, revive me, *
that I may keep the decrees of your mouth.

Lamedh In æternum, Domine

⁸⁹ O Lord, your word is everlasting; *
it stands firm in the heavens.
⁹⁰ Your faithfulness remains from one generation to another; *
you established the earth, and it abides.
⁹¹ By your decree these continue to this day, *
for all things are your servants.
⁹² If my delight had not been in your law, *
I should have perished in my affliction.
⁹³ I will never forget your commandments, *
because by them you give me life.
⁹⁴ I am yours; oh, that you would save me, *
for I study your commandments!
⁹⁵ Though the wicked lie in wait for me to destroy me, *
I will apply my mind to your decrees.
⁹⁶ I see that all things come to an end, *
but your commandment has no bounds.

Mem Quomodo dilexi!

⁹⁷ Oh, how I love your law! *
All the day long it is in my mind.
⁹⁸ Your commandment has made me wiser than my enemies, *
and it is always with me.
⁹⁹ I have more understanding than all my teachers, *
for your decrees are my study.
¹⁰⁰ I am wiser than the elders, *
because I observe your commandments.
¹⁰¹ I restrain my feet from every evil way, *
that I may keep your word.
¹⁰² I do not shrink from your judgements, *
because you your-self have taught me.
¹⁰³ How sweet are your words to my taste! *
They are sweeter than honey to my mouth.
¹⁰⁴ Through your commandments I gain understanding; *
therefore I hate every lying way.

Nun Lucerna pedibus meis

¹⁰⁵ Your word is a lantern to my feet *
and a light up-on my path.
¹⁰⁶ I have sworn and am determined *
to keep your righteous judgements.
¹⁰⁷ I am deeply troubled; *
preserve my life, O Lord, according to your word.

- ¹⁰⁸ Accept, O Lord, the willing tribute ¹of my lips, *
and teach ¹me your judgements.
¹⁰⁹ My life is always ¹in my hand, *
yet I do not for-¹get your law.
¹¹⁰ The wicked have set a ¹trap for me, *
but I have not strayed from ¹your commandments.
¹¹¹ Your decrees are my inherit-¹ance for ever; *
truly, they are the joy ¹of my heart.
¹¹² I have applied my heart to ful-¹fil your statutes *
for ever and ¹to the end.

Samekh Iniquos odio habui

- ¹¹³ I hate those who have a di-¹vided heart, *
but your law ¹do I love.
¹¹⁴ You are my ref-¹uge and shield; *
my hope is ¹in your word.
¹¹⁵ Away from ¹me, you wicked! *
I will keep the commandments ¹of my God.
¹¹⁶ Sustain me according to your promise, that ¹I may live, *
and let me not be disappointed ¹in my hope.
¹¹⁷ Hold me up, and I ¹shall be safe, *
and my delight shall be ever ¹in your statutes.
¹¹⁸ You spurn all who stray ¹from your statutes; *
their deceitfulness ¹is in vain.
¹¹⁹ In your sight all the wicked of the earth ¹are but dross; *
therefore I love ¹your decrees.
¹²⁰ My flesh trembles with ¹dread of you; *
I am afraid ¹of your judgements.

Ayin Feci iudicium

- ¹²¹ I have done what is ¹just and right; *
do not deliver me to ¹my oppressors.
¹²² Be surety for your ¹servant's good; *
let not the ¹proud oppress me.
¹²³ My eyes have failed from watching for ¹your salvation *
and for your ¹righteous promise.
¹²⁴ Deal with your servant according to your ¹loving-kindness *
and teach ¹me your statutes.
¹²⁵ I am your servant; grant me ¹understanding, *
that I may know ¹your decrees.
¹²⁶ It is time for you to ¹act, O Lord, *
for they have bro-¹ken your law.
¹²⁷ Truly, I love ¹your commandments *
more than gold and ¹precious stones.
¹²⁸ I hold all your commandments to be ¹right for me; *
all paths of falsehood ¹I abhor.

Pe Mirabilia

- ¹²⁹ Your de-¹crees are wonderful; *
therefore I obey them with ¹all my heart.
¹³⁰ When your word goes forth ¹it gives light; *
it gives understanding ¹to the simple.
¹³¹ I open my ¹mouth and pant; *
I long for ¹your commandments.
¹³² Turn to ¹me in mercy, *
as you always do to those who ¹love your name.
¹³³ Steady my footsteps ¹in your word; *
let no iniquity have dominion ¹over me.
¹³⁴ Rescue me from those ¹who oppress me, *
and I will keep ¹your commandments.
¹³⁵ Let your countenance shine up-¹on your servant *
and teach ¹me your statutes.
¹³⁶ My eyes shed ¹streams of tears, *
because people do not ¹keep your law.

Sadhe Justus es, Domine

- ¹³⁷ You are righ-¹teous, O Lord, *
and upright ¹are your judgements.
¹³⁸ You have issued ¹your decrees *
with justice and in ¹perfect faithfulness.
¹³⁹ My indignation ¹has consumed me, *
because my enemies for-¹get your words.
¹⁴⁰ Your word has been tested ¹to the uttermost, *
and your servant ¹holds it dear.
¹⁴¹ I am small and of lit-¹tle account, *
yet I do not forget ¹your commandments.
¹⁴² Your justice is an ever-¹lasting justice *
and your law ¹is the truth.
¹⁴³ Trouble and distress have ¹come upon me, *
yet your commandments are ¹my delight.
¹⁴⁴ The righteousness of your decrees is ¹everlasting; *
grant me understanding, that ¹I may live.

Qoph Clamavi in toto, corde meo

- ¹⁴⁵ I call with ¹my whole heart; *
answer me, O Lord, that I may ¹keep your statutes.
¹⁴⁶ I call to you; oh, that ¹you would save me! *
I will keep ¹your decrees.
¹⁴⁷ Early in the morning I cry ¹out to you, *
for in your word ¹is my trust.
¹⁴⁸ My eyes are open in ¹the night watches, *
that I may meditate up-¹on your promise.

- ¹⁴⁹ Hear my voice, O Lord, according to your 'loving-kindness; *
according to your judgements, 'give me life.
¹⁵⁰ They draw near who in malice 'persecute me; *
they are very far 'from your law.
¹⁵¹ You, O Lord, are 'near at hand, *
and all your command-'ments are true.
¹⁵² Long have I known from 'your decrees *
that you have established 'them for ever.

Resh Vide humilitatem

- ¹⁵³ Behold my affliction 'and deliver me, *
for I do not for-'get your law.
¹⁵⁴ Plead my cause 'and redeem me; *
according to your promise, 'give me life.
¹⁵⁵ Deliverance is far 'from the wicked, *
for they do not stud-'y your statutes.
¹⁵⁶ Great is your compas-'sion, O Lord; *
preserve my life, according 'to your judgements.
¹⁵⁷ There are many who persecute 'and oppress me, *
yet I have not swerved from 'your decrees.
¹⁵⁸ I look with loathing 'at the faithless, *
for they have not 'kept your word.
¹⁵⁹ See how I love 'your commandments! *
O Lord, in your mer-'cy, preserve me.
¹⁶⁰ The heart of your 'word is truth; *
all your righteous judgements endure for 'evermore.

Shin Principes persecuti sunt

- ¹⁶¹ Rulers have persecuted me with-'out a cause, *
but my heart stands in awe 'of your word.
¹⁶² I am as glad because 'of your promise *
as one who 'finds great spoils.
¹⁶³ As for lies, I hate 'and abhor them, *
but your law 'is my love.
¹⁶⁴ Seven times a day 'do I praise you, *
because of your 'righteous judgements.
¹⁶⁵ Great peace have they who 'love your law; *
for them there is no 'stumbling block.
¹⁶⁶ I have hoped for your salva-'tion, O Lord, *
and I have fulfilled 'your commandments.
¹⁶⁷ I have kept 'your decrees *
and I have 'loved them deeply.
¹⁶⁸ I have kept your commandments 'and decrees, *
for all my ways 'are before you.

Taw Appropinquet deprecatio

- ¹⁶⁹ Let my cry come before 'you, O Lord; *
give me understanding, according 'to your word.
- ¹⁷⁰ Let my supplication 'come before you; *
deliver me, according 'to your promise.
- ¹⁷¹ My lips shall pour 'forth your praise, *
when you teach 'me your statutes.
- ¹⁷² My tongue shall sing 'of your promise, *
for all your command-'ments are righteous.
- ¹⁷³ Let your hand be read-'y to help me, *
for I have chosen 'your commandments.
- ¹⁷⁴ I long for your salva-'tion, O Lord, *
and your law is 'my delight.
- ¹⁷⁵ Let me live, and 'I will praise you, *
and let your 'judgements help me.
- ¹⁷⁶ I have gone astray like a sheep 'that is lost; *
search for your servant,
for I do not forget 'your commandments.

Psalm 120 *Ad Dominum*

- ¹ When I was in trouble, I called 'to the Lord; *
I called to the Lord who 'answered me.
- ² Deliver me, O Lord, from 'lying lips *
and from the de-'ceitful tongue.
- ³ What shall be done to you, and what 'more besides, *
O you de-'ceitful tongue?
- ⁴ The sharpened arrows 'of a warrior, *
along with hot 'glowing coals.
- ⁵ How hateful it is that I must 'lodge in Meshech *
and dwell among the 'tents of Kedar!
- ⁶ Too long have I 'had to live *
among the ene-'mies of peace.
- ⁷ I am on the 'side of peace, *
but when I speak of it, they 'are for war.

Psalm 121 *Levavi oculos*

- ¹ I lift up my eyes 'to the hills; *
from where is my 'help to come?
- ² My help comes 'from the Lord, *
the maker of heav-'en and earth.
- ³ The Lord will not let your 'foot be moved *
and the One who watches over you will not 'fall asleep.
- ⁴ Behold, the One who keeps watch 'over Israel *
shall neither slum-'ber nor sleep.

- ⁵ The Lord, the Lord, watches 'over you; *
the Lord is your shade 'at your side,
⁶ so that the sun shall not strike 'you by day, *
nor the 'moon by night.
⁷ The Lord shall preserve you 'from all evil *
and shall 'keep you safe.
⁸ The Lord shall watch over your going out and your 'coming in, *
from this time forth for 'evermore.

Psalm 122 *Lætatus sum*

- ¹ I was glad when they 'said to me, *
“Let us go to the house 'of the Lord.”
² Now our 'feet are standing *
within your gates, 'O Jerusalem.
³ Jerusalem is built 'as a city *
that is at unity 'with itself.
⁴ To which the tribes go up,
the tribes 'of the Lord, *
the assembly of Israel,
to praise the name 'of the Lord.
⁵ For there are the 'thrones of judgement, *
the thrones of the 'house of David.
⁶ Pray for the peace 'of Jerusalem: *
“May they pros-'per who love you.
⁷ Peace be with-'in your walls *
and quietness with-'in your towers.
⁸ For my kindred and com-'panions' sake, *
I pray for 'your prosperity.
⁹ Because of the house of the 'Lord our God, *
I will seek to 'do you good.”

Psalm 123 *Ad te levavi oculos meos*

- ¹ To you I lift 'up my eyes, *
to you enthroned 'in the heavens.
² As the eyes of servants look to the hand of their masters,
and the eyes of a maid to the hand 'of her mistress, *
so our eyes look to you, O Lord our God,
until you show 'us your mercy.
³ Have mercy upon us, O 'Lord, have mercy, *
for we have had more than enough 'of contempt,
⁴ too much of the scorn of the in-'dolent rich, *
and of the derision 'of the proud.

Psalm 124 *Nisi quia Dominus*

- ¹ If the Lord had not been 'on our side, *
let Is-ra-'el now say;
² if the Lord had not been 'on our side, *
when enemies rose 'up against us;
³ then would they have swallowed us 'up alive *
in their fierce 'anger toward us;
⁴ then would the waters have 'overwhelmed us *
and the torrent gone 'over us;
⁵ then would the 'raging waters *
have gone right 'over us.
⁶ Blessed 'be the Lord *
who has not given us over to be a prey 'for their teeth.
⁷ We have escaped like a bird from the snare 'of the fowler; *
the snare is broken, and we 'have escaped.
⁸ Our help is in the name 'of the Lord, *
the maker of heav-'en and earth.

Psalm 125 *Qui confidunt*

- ¹ Those who trust in the Lord are 'like Mount Zion, *
which cannot be moved, but stands 'fast for ever.
² The hills stand a-'bout Jerusalem; *
so does the Lord stand round about this people,
from this time forth for 'evermore.
³ The sceptre of the wicked shall not hold sway
over the land allotted 'to the just, *
so that the just shall not put their 'hands to evil.
⁴ Show your goodness, O Lord, to those 'who are good *
and to those who are 'true of heart.
⁵ As for those who turn aside to crooked ways,
the Lord will lead them away with the 'evildoers; *
but peace be 'upon Israel.

Psalm 126 *In convertendo*

- ¹ When the Lord restored the for-'tunes of Zion, *
then were we like 'those who dream.
² Then was our mouth 'filled with laughter, *
and our tongue with 'shouts of joy.
Then they said a-'mong the nations, *
"The Lord has done great 'things for them."
³ The Lord has done great 'things for us, *
and we are 'glad indeed.
⁴ Restore our for-'tunes, O Lord, *

- like the watercourses ¹of the Negev.
- ⁵ Those who ¹sowed with tears *
will reap with ¹songs of joy.
- ⁶ Those who go out weeping, carry-¹ing the seed, *
will come again with joy, shoulder-¹ing their sheaves.

Psalm 127 *Nisi Dominus*

- ¹ Unless the Lord ¹builds the house, *
their labour is in ¹vain who build it.
- ² Unless the Lord watches o-¹ver the city, *
in vain the sentinels ¹keep their vigil.
- It is in vain that we rise so early and go to ¹bed so late; *
vain, too, to eat the bread of toil,
for you, O Lord, give to your be-¹loved sleep.
- ³ Children are a heritage ¹from the Lord, *
and the fruit of the womb ¹is a gift.
- ⁴ Like arrows in the hand ¹of a warrior *
are the children ¹of one's youth.
- ⁵ Happy are they whose quiver is ¹full of them! *
They shall not be put to shame
when they contend with their enemies ¹in the gate.

Psalm 128 *Beati omnes*

- ¹ Happy are they all who ¹fear the Lord, *
and who follow in the ¹ways of God!
- ² You shall eat the fruit ¹of your labour; *
happiness and prosperity ¹shall be yours.
- ³ Your wife shall be like a fruitful vine with-¹in your house, *
your children like olive shoots round a-¹bout your table.
- ⁴ The one who ¹fears the Lord *
shall thus in-¹deed be blessed.
- ⁵ The Lord bless ¹you from Zion, *
and may you see the prosperity of Jerusalem all the days ¹of your life.
- ⁶ May you live to see your ¹children's children; *
may peace be ¹upon Israel.

Psalm 129 *Sæpe expugnaverunt*

- ¹ "Greatly have they oppressed me ¹since my youth," *
let Isra-¹el now say;
- ² "Greatly have they oppressed me ¹since my youth, *
but they have not pre-¹vailed against me."
- ³ The farmers plowed up-¹on my back *
and made their ¹furrows long.

- ⁴ The Lord, the 'Righteous One, *
has cut the cords 'of the wicked.
- ⁵ Let them be put to shame 'and thrown back, *
all those who are ene-'mies of Zion.
- ⁶ Let them be like grass up-'on the housetops, *
which withers before it 'can be plucked;
- ⁷ which does not fill the hand 'of the reaper, *
nor the bosom of the one who 'binds the sheaves;
- ⁸ so that those who go by say not so much as, "The Lord 'prosper you. *
We wish you well in the name 'of the Lord."

Psalm 130 *De profundis*

- ¹ Out 'of the depths *
have I called 'you, O Lord;
- ² Lord, 'hear my voice; *
let your ears consider well the voice of my 'supplication.
- ³ If you, Lord, were to note what is 'done amiss, *
O Lord, 'who could stand?
- ⁴ For there is forgive-'ness with you; *
therefore you 'shall be feared.
- ⁵ I wait for you, O Lord; my soul 'waits for you; *
in your word 'is my hope.
- ⁶ My soul waits for 'you, O Lord, *
more than sentinels for the morning,
more than sentinels 'for the morning.
- ⁷ O Israel, wait 'for the Lord, *
for with the Lord 'there is mercy;
- ⁸ with whom there is plen-'teous redemption, *
and who shall redeem Israel from 'all their sins.

Psalm 131 *Domine, non est*

- ¹ O Lord, I 'am not proud; *
I have no 'haughty looks.
I do not occupy myself 'with great matters, *
or with things that are too 'hard for me.
- ² But I still my soul and make it quiet,
like a child upon its 'mother's breast; *
my soul is quiet-'ed within me.
- ³ O Israel, wait up-'on the Lord, *
from this time forth for 'evermore.

Psalm 132 *Memento, Domine*

- ¹ Lord, re-¹member David, *
and all the hardships ¹he endured.
- ² How he swore an oath ¹to the Lord *
and vowed a vow to the Mighty ¹One of Jacob.
- ³ “I will not come under the roof ¹of my house, *
nor climb up in-¹to my bed;
- ⁴ I will not allow my ¹eyes to sleep, *
nor let my ¹eyelids slumber;
- ⁵ until I find a place ¹for the Lord, *
a dwelling for the Mighty ¹One of Jacob.”
- ⁶ “The Ark! We heard it ¹was in Ephratah; *
we found it in the ¹fields of Jearim.
- ⁷ Let us go to the dwelling place ¹of the Lord; *
let us fall upon our knees before the footstool ¹of the Lord.”
- ⁸ Arise, O Lord, into your ¹resting-place, *
you and the ark ¹of your strength.
- ⁹ Let your priests be ¹clothed with righteousness; *
let your faithful people ¹sing with joy.
- ¹⁰ For your servant ¹David’s sake, *
do not turn away the face of ¹your anointed.
- ¹¹ You, O Lord, have sworn an oath to David;
in truth, you ¹will not break it: *
“A son, the fruit of your body will I set up-¹on your throne.
- ¹² If your children keep my covenant
and my testimonies that ¹I shall teach them, *
their children will sit upon your throne for ¹evermore.”
- ¹³ For you, O Lord, have ¹chosen Zion, *
and have desired it for your ¹habitation:
- ¹⁴ “This shall be my resting-¹place for ever; *
here will I dwell, for I de-¹light in it.
- ¹⁵ I will surely bless ¹its provisions, *
and satisfy its ¹poor with bread.
- ¹⁶ I will clothe its priests ¹with salvation, *
and its faithful people will re-¹joice and sing.
- ¹⁷ There will I make the horn of ¹David flourish; *
I have prepared a lamp for ¹my anointed.
- ¹⁸ As for his enemies, I will clothe ¹them with shame; *
but as for him, his ¹crown will shine.”

Psalm 133 *Ecce, quam bonum*

- ¹ Oh, how good and pleas-¹ant it is, *
when kindred live togeth-¹er in unity!
- ² It is like fine oil upon the head that runs down up-¹on the beard, *
upon the beard of Aaron,
and runs down upon the collar ¹of his robe.
- ³ It is like the dew of Hermon that falls upon the ¹hills of Zion. *
For there the Lord has ordained the blessing:
life for ¹evermore.

Psalm 134 *Ecce nunc*

- ¹ Behold now, bless the Lord, all you servants ¹of the Lord, *
you that stand by night in the house ¹of the Lord.
- ² Lift up your hands in the ¹holy place *
and ¹bless the Lord;
- ³ the Lord who made heav-¹en and earth *
bless you ¹out of Zion.

Psalm 135 *Laudate nomen*

- ¹ Hallelujah!
Praise the name ¹of the Lord; *
give praise, you servants ¹of the Lord,
- ² you who stand in the house ¹of the Lord, *
in the courts of the house ¹of our God.
- ³ Praise the Lord,
for the ¹Lord is good; *
sing praises to the name of the Lord,
for ¹it is lovely.
- ⁴ For you, O Lord, have ¹chosen Jacob *
and Israel as ¹a possession.
- ⁵ For I know that you, O ¹Lord, are great, *
and that you are a-¹bove all gods.
- ⁶ O Lord, you do whatever ¹pleases you *
in the seas and ¹all the deeps.
- ⁷ You, O Lord, bring up rain clouds from the ends ¹of the earth; *
sending out lightning with the rain,
and bringing the winds out of store-¹house of heaven.
- ⁸ It was you, O Lord, who struck down the first-¹born of Egypt, *
the firstborn both of mor-¹tal and beast.
- ⁹ The Lord sent signs and wonders into the midst of ¹you, O Egypt, *
against Pharaoh and ¹all his servants,
- ¹⁰ overthrowing man-¹y nations *
and putting mighty rul-¹ers to death:

- ¹¹ Sihon, king of the Amorites, and Og, the ¹king of Bashan, *
and all the king-¹doms of Canaan.
- ¹² The Lord gave their land to be ¹an inheritance, *
an inheritance for the peo-¹ple of Israel.
- ¹³ O Lord, your name is ¹everlasting; *
your renown endures from ¹age to age.
- ¹⁴ For you give your ¹people justice *
and show compassion ¹to your servants.
- ¹⁵ The idols of the heathen are sil-¹ver and gold, *
the work of ¹human hands.
- ¹⁶ They have mouths, but they ¹cannot speak; *
eyes have they, but they ¹cannot see.
- ¹⁷ They have ears, but they ¹cannot hear; *
neither is there any breath ¹in their mouth.
- ¹⁸ Those who make ¹them are like them, *
and so are all who put their ¹trust in them.
- ¹⁹ Bless the Lord, O ¹house of Israel; *
O house of Aaron, ¹bless the Lord.
- ²⁰ Bless the Lord, O ¹house of Levi; *
you who fear the Lord, ¹bless the Lord.
- ²¹ Blessed be the Lord ¹out of Zion, *
who dwells in Jerusalem.
¹Hallelujah!

Psalm 136 *Confitemini*

- ¹ Give thanks to the Lord ¹who is good, *
for the mercy of God en-¹dures for ever.
- ² Give thanks to the ¹God of gods, *
for the mercy of God en-¹dures for ever.
- ³ Give thanks to the ¹Lord of lords, *
for the mercy of God en-¹dures for ever;
- ⁴ who only ¹does great wonders, *
for the mercy of God en-¹dures for ever;
- ⁵ who by divine wisdom ¹made the heavens, *
for the mercy of God en-¹dures for ever;
- ⁶ who spread out the earth up-¹on the waters, *
for the mercy of God en-¹dures for ever;
- ⁷ who creat-¹ed great lights, *
for the mercy of God en-¹dures for ever;
- ⁸ the sun to ¹rule the day, *
for the mercy of God en-¹dures for ever;
- ⁹ the moon and the stars to gov-¹ern the night, *
for the mercy of God en-¹dures for ever;
- ¹⁰ who struck down the first-¹born of Egypt, *
for the mercy of God en-¹dures for ever;

- ¹¹ and brought out Israel 'from among them, *
for the mercy of God en-'dures for ever;
¹² with a mighty hand and a 'stretched-out arm, *
for the mercy of God en-'dures for ever;
¹³ who divided the Red 'Sea in two, *
for the mercy of God en-'dures for ever;
¹⁴ and made Israel to pass 'through the midst of it, *
for the mercy of God en-'dures for ever;
¹⁵ but swept Pharaoh and his army in-'to the Red Sea, *
for the mercy of God en-'dures for ever;
¹⁶ who led this people 'through the wilderness, *
for the mercy of God en-'dures for ever;
¹⁷ who struck 'down great kings, *
for the mercy of God en-'dures for ever;
¹⁸ and slew 'mighty kings, *
for the mercy of God en-'dures for ever;
¹⁹ Sihon, king 'of the Amorites, *
for the mercy of God en-'dures for ever;
²⁰ and Og, the 'king of Bashan, *
for the mercy of God en-'dures for ever;
²¹ and gave away their lands for 'an inheritance, *
for the mercy of God en-'dures for ever;
²² an inheritance for Isra-'el God's servant, *
for the mercy of God en-'dures for ever;
²³ who remembered us in our 'low estate, *
for the mercy of God en-'dures for ever.
²⁴ and delivered us 'from our enemies, *
for the mercy of God en-'dures for ever;
²⁵ who gives food 'to all creatures, *
for the mercy of God en-'dures for ever.
²⁶ Give thanks to the 'God of heaven, *
for the mercy of God en-'dures for ever.

Psalm 137 *Super flumina*

- ¹ By the waters of Babylon we sat 'down and wept, *
when we remembered 'you, O Zion.
² As for our harps, we 'hung them up *
on the trees in the midst 'of that land.
³ For those who led us away captive asked us for a song,
and our oppressors 'called for mirth: *
"Sing us one of the 'songs of Zion."
⁴ How shall we sing 'the Lord's song *
upon an 'alien soil?
⁵ If I forget you, 'O Jerusalem, *
let my strong hand for-'get its skill.

- ⁶ Let my tongue cleave to the roof of my mouth
if I do not re-¹member you, *
if I do not set Jerusalem above my ¹highest joy.
- ⁷ Remember the day of Jerusalem, O Lord,
against the peo-¹ple of Edom, *
who said, "Down with it! Down with it!
Even ¹to the ground!"
- ⁸ O Daughter of Babylon, doomed ¹to destruction, *
happy the one who pays you back for what you have ¹done to us!
- ⁹ Happy shall be the one who ¹takes your little ones, *
and dashes them a-¹gainst the rock!

Psalm 138 *Confitebor tibi*

- ¹ I will give thanks to you, O Lord, with ¹my whole heart; *
before the gods I will ¹sing your praise.
- ² I will bow down toward your holy temple and ¹praise your name, *
because of your ¹love and faithfulness;
for you have glori-¹fied your name *
and your word a-¹bove all things.
- ³ When I called, you ¹answered me; *
you increased my ¹strength within me.
- ⁴ All the rulers of the earth will praise ¹you, O Lord, *
when they have heard the words ¹of your mouth.
- ⁵ They will sing of the ways ¹of the Lord, *
that great is the glory ¹of the Lord.
- ⁶ Though you are high, you care ¹for the lowly; *
you perceive the haughty ¹from afar.
- ⁷ Though I walk in the midst of trouble, you keep me safe; *
you stretch forth your hand against the fury ¹of my enemies;
your mighty ¹hand shall save me.
- ⁸ O Lord, you will make good your pur-¹pose for me; *
your love endures for ever;
do not abandon the works ¹of your hands.

Psalm 139 *Domine, probasti*

- ¹ Lord, you have ¹searched me out *
¹and known me.
- ² You know my sitting down and my ¹rising up; *
you discern my thoughts ¹from afar.
- ³ You trace my journeys and my ¹resting-places *
and are acquainted with ¹all my ways.
- ⁴ Indeed, there is not a word ¹on my lips, *
but you, O Lord, know it ¹altogether.
- ⁵ You press upon me behind ¹and before *

- and lay your 'hand upon me.
- ⁶ Such knowledge is too wonder-ful for me; *
it is so high that I cannot at-tain to it.
- ⁷ Where can I go then 'from your Spirit? *
Where can I flee 'from your presence?
- ⁸ If I climb up to heaven, 'you are there; *
if I make the grave my bed, you 'are there also.
- ⁹ If I take the wings 'of the morning *
and dwell in the uttermost parts 'of the sea,
- ¹⁰ even there your 'hand will lead me *
and your mighty hand 'hold me fast.
- ¹¹ If I say, "Surely the darkness will 'cover me, *
and the light around me 'turn to night."
- ¹² Darkness is not dark to you; the night is as bright 'as the day; *
darkness and light to you 'are both alike.
- ¹³ For you yourself created my 'inmost parts; *
you knit me together in my 'mother's womb.
- ¹⁴ I will thank you because I am mar-vellously made; *
your works are wonderful, and I 'know it well.
- ¹⁵ My body was not hid-den from you, *
while I was being made in secret
and woven in the depths 'of the earth.
- ¹⁶ Your eyes beheld my limbs, yet unfinished 'in the womb; *
all of them were written 'in your book;
they were fashioned 'day by day, *
when as yet there was 'none of them.
- ¹⁷ How deep I find your 'thoughts, O God! *
How great is the 'sum of them!
- ¹⁸ If I 'were to count them, *
they would be more in number 'than the sand;
to 'count them all, *
my life span would need to 'be like yours.
- ¹⁹ Oh, that you would slay the wick-ed, O God! *
You that thirst for blood, de-part from me.
- ²⁰ They speak despicable-ly against you; *
your enemies take your 'name in vain.
- ²¹ Do I not hate those, O 'Lord, who hate you? *
And do I not loathe those who rise 'up against you?
- ²² I hate them with a 'perfect hatred; *
they have become 'my own enemies.
- ²³ Search me out, O God, and 'know my heart; *
try me and know my 'restless thoughts.
- ²⁴ Look well whether there be any wicked-ness in me *
and lead me in the way that is 'everlasting.

Psalm 140 *Eripe me, Domine*

- ¹ Deliver me, O Lord, from ¹evildoers; *
protect me ¹from the violent,
² who devise evil ¹in their hearts *
and stir up strife ¹all day long.
³ They have sharpened their tongues ¹like a serpent; *
adder's poison is un-¹der their lips.
⁴ Keep me, O Lord, from the hands ¹of the wicked; *
protect me from the violent, who are determined to ¹trip me up.
⁵ The proud have hidden a snare for me and stretched out a ¹net of cords; *
they have set traps for me a-¹long the path.
⁶ I have said to the Lord, "You ¹are my God; *
listen, O Lord, to my ¹supplication."
⁷ O Lord God, the strength of ¹my salvation, *
you have covered my head in the ¹day of battle.
⁸ Do not grant the desires of the wick-¹ed, O Lord, *
nor let their e-¹vil plans prosper.
⁹ Let not those who surround me lift ¹up their heads; *
let the evil of their lips ¹overwhelm them.
¹⁰ Let hot burning coals ¹fall upon them; *
let them be cast into the mire,
never to rise ¹up again.
¹¹ A slanderer shall not be established ¹on the earth, *
and evil shall hunt ¹down the lawless.
¹² I know that the Lord will maintain the cause ¹of the poor *
and render justice ¹to the needy.
¹³ Surely, the righteous will give thanks ¹to your name, *
and the upright shall continue ¹in your sight.

Psalm 141 *Domine, clamavi*

- ¹ O Lord, I call to you;
come ¹to me quickly; *
hear my voice when I ¹cry to you.
² Let my prayer be set forth in your ¹sight as incense, *
the lifting up of my hands as the ¹evening sacrifice.
³ Set a watch before my ¹mouth, O Lord, *
and guard the door ¹of my lips.
⁴ Let not my heart incline to any ¹evil thing. *
Let me not be occupied in wickedness with evildoers,
nor eat of ¹their choice foods.
⁵ Let the righteous smite me in friendly rebuke;
let not the oil of the unrighteous a-¹noint my head; *
for my prayer is continually against their ¹wicked deeds.
⁶ Let their rulers be overthrown in ¹stony places, *

- that they may know my 'words are true.
- ⁷ As when a farmer turns over the 'earth in furrows, *
let their bones be scattered at the mouth 'of the grave.
- ⁸ But my eyes are turned to 'you, Lord God; *
in you I take refuge; do not strip me 'of my life.
- ⁹ Protect me from the snare which they have 'laid for me *
and from the traps of the 'evildoers.
- ¹⁰ Let the wicked fall into 'their own nets, *
while I my-'self escape.

Psalm 142 *Voce mea ad Dominum*

- ¹ I cry to the Lord 'with my voice; *
to you I make loud 'supplication.
- ² I pour out my com-'plaint before you *
and tell you 'all my trouble.
- ³ When my spirit languishes within me, you 'know my path; *
in the way wherein I walk they have hidden a 'trap for me.
- ⁴ I look to my side and find no 'one who knows me; *
I have no place to flee to, and no one 'cares for me.
- ⁵ I cry out to 'you, O Lord; *
I say, "You are my refuge,
my portion in the land 'of the living."
- ⁶ Listen to my 'cry for help, *
for I have been brought 'very low;
save me from those 'who pursue me, *
for they are too 'strong for me.
- ⁷ Bring me 'out of prison, *
that I may give thanks 'to your name;
when you have dealt bounti-'fully with me, *
the righteous will ga-'ther around me.

Psalm 143 *Domine exaudi*

- ¹ Lord, hear my prayer,
and in your faithfulness heed my 'supplications; *
answer me 'in your righteousness.
- ² Enter not into judgement 'with your servant, *
for in your sight shall no one liv-'ing be justified.
- ³ For my enemies have sought my life;
they have crushed me 'to the ground; *
they have made me live in dark places
like those who 'are long dead.
- ⁴ My spirit 'faints within me; *
my heart within 'me is desolate.
- ⁵ I remember the time past;

I muse upon 'all your deeds; *
I consider the works 'of your hands.
6 I spread out my 'hands to you; *
my soul gasps to you like a 'thirsty land.
7 O Lord, make haste to 'answer me; *
my 'spirit fails me;
do not hide your 'face from me *
or I shall be like those who go down 'to the Pit.
8 Let me hear of your loving-kindness 'in the morning, *
for I put my 'trust in you;
show me the road that 'I must walk, *
for I lift up my 'soul to you.
9 Deliver me from my ene-'mies, O Lord, *
for I flee to 'you for refuge.
10 Teach me to do what pleases you, for you 'are my God; *
let your good Spirit lead me on 'level ground.
11 Revive me, O Lord, 'for your name's sake; *
for your righteousness' sake, bring me 'out of trouble.
12 Of your goodness, destroy my enemies
and bring all my 'foes to naught, *
for truly I 'am your servant.

Psalm 144 *Benedictus Dominus*

1 Blessed be the 'Lord my rock, *
who trains my hand to fight and my fin-'gers to battle;
2 my help 'and my fortress, *
my stronghold and 'my deliverer,
my shield in 'whom I trust, *
who subdues the peoples 'under me.
3 O Lord, what are we that you should 'care for us? *
Mere mortals that you should 'think of us?
4 We are like a 'puff of wind; *
our days are like a 'passing shadow.
5 Bow your heavens, O Lord, 'and come down; *
touch the mountains, and 'they shall smoke.
6 Hurl the lightning and 'scatter them; *
shoot out your ar-'rows and rout them.
7 Stretch out your hand 'from on high; *
rescue me and deliver me from the great waters,
from the hand of 'foreign peoples,
8 for their mouths 'speak deceitfully *
and their hand is 'raised in falsehood.
9 O God, I will sing to you 'a new song; *
I will play to you on a 'ten-stringed lyre.
10 You give victo-'ry to rulers *

- and have rescued Da-¹vid your servant.
¹¹ Rescue me from the ¹hurtful sword *
and deliver me from the hand of ¹foreign peoples,
for their mouths ¹speak deceitfully *
and they raise their ¹hand in falsehood.
¹² May our sons be like plants well nurtured ¹from their youth, *
and our daughters like sculptured corners ¹of a palace.
¹³ May our barns be filled to overflowing with all man-¹ner of crops; *
may the flocks in our pastures increase by thousands and tens of thousands;
may our cattle be ¹fat and sleek.
¹⁴ May there be no breaching of the walls, no going ¹into exile, *
no wailing in the ¹public squares.
¹⁵ Happy are the people of whom ¹this is so! *
Happy are the people for whom God ¹is the Lord!

Psalm 145 *Exaltabo te, Deus*

- ¹ I will exalt you, O ¹God my sovereign, *
and bless your name for ev-¹er and ever.
² Every day ¹will I bless you *
and praise your name for ev-¹er and ever.
³ Great are you, O Lord, and greatly ¹to be praised; *
there is no end ¹to your greatness.
⁴ One generation shall praise your works ¹to another *
and shall de-¹clare your power.
⁵ I will ponder the glorious splendour ¹of your majesty *
and all your mar-¹vellous works.
⁶ They shall speak of the might of your ¹wondrous acts, *
and I will tell ¹of your greatness.
⁷ They shall publish the remembrance of ¹your great goodness; *
they shall sing of your ¹righteous deeds.
⁸ O Lord, you are gracious and full ¹of compassion, *
slow to anger and ¹of great kindness.
⁹ You are lov-¹ing to everyone *
and your compassion is over ¹all your works.
¹⁰ All your works praise ¹you, O Lord, *
and your faithful ¹servants bless you.
¹¹ They make known the glory ¹of your dominion *
and speak ¹of your power;
¹² so that the peoples may know ¹of your power *
and the glorious splendour ¹of your dominion.
¹³ Your sovereignty is an ever-¹lasting one; *
your dominion endures through-¹out all ages.
Lord, you are faithful in ¹all your words *
and merciful in ¹all your deeds.
¹⁴ You uphold all ¹those who fall *

- and lift up those who 'are bowed down.
15 The eyes of all wait upon 'you, O Lord, *
and you give them their food 'in due season.
16 You open 'wide your hand *
and satisfy the needs of every 'living creature.
17 You are righteous in 'all your ways *
and loving in 'all your works.
18 You are near to those who 'call upon you, *
to all who call up-'on you faithfully.
19 You fulfil the desire of 'those who fear you, *
you hear their 'cry and help them.
20 You preserve all 'those who love you, *
but you destroy 'all the wicked.
21 My mouth shall speak your 'praise, O Lord; *
let all flesh bless your holy name for ev-'er and ever.

Psalm 146 *Lauda, anima mea*

- 1 Hal-'lelujah! *
Praise the Lord, 'O my soul!
2 I will praise the Lord as long 'as I live;
I will sing praise to my God while I 'have my being.
3 Put not your trust in rulers, nor in any 'child of earth, *
for there is no 'help in them.
4 When they breathe their last, they re-'turn to earth, *
and in that day 'their thoughts perish.
5 Happy are they who have the God of Jacob 'for their help! *
For their hope is in the 'Lord their God,
6 who made heaven and earth, the seas,
and all 'that is in them; *
who keeps promis-'es for ever;
7 who gives justice to those who 'are oppressed, *
food to those who hunger
and sets the 'prisoners free.
8 The Lord opens the eyes 'of the blind! *
The Lord lifts up those who are bowed down
and 'loves the righteous.
9 The Lord cares 'for the stranger *
and sustains the orphan and widow,
but frustrates the way 'of the wicked.
10 The Lord shall 'reign for ever, *
your God, O Zion, throughout all generations.
'Hallelujah!

Psalm 147 *Laudate Dominum*

¹ Hallelujah!

How good it is to sing praises ¹to our God! *

How pleasant it is to honour ¹God with praise!

² The Lord re-¹builds Jerusalem *

and gathers the ex-¹iles of Israel.

³ The Lord heals the ¹brokenhearted *

and binds ¹up their wounds.

⁴ The Lord counts the num-¹ber of stars *

and calls them all ¹by their names.

⁵ Great is our Lord and might-¹y in power; *

there is no limit to the wis-¹dom of God.

⁶ The Lord lifts ¹up the lowly, *

but casts the wicked ¹to the ground.

⁷ Sing to the Lord ¹with thanksgiving; *

make music to our God up-¹on the harp.

⁸ The Lord covers the heav-¹ens with clouds *

and prepares rain ¹for the earth,

making grass to grow up-¹on the mountains *

and green plants to serve ¹humankind.

⁹ The Lord provides food for ¹flocks and herds *

and for the young ravens ¹when they cry.

¹⁰ The Lord is not impressed by the might ¹of a horse *

and has no pleasure in ¹human strength,

¹¹ but finds pleasure in those ¹who fear God, *

in those who await the gracious favour ¹of the Lord.

¹² Worship the Lord, ¹O Jerusalem; *

praise your ¹God, O Zion,

¹³ who has strengthened the bars ¹of your gates, *

who has blessed your child-¹ren within you.

¹⁴ For the Lord has established peace ¹on your borders *

and satisfies you with the ¹finest wheat.

¹⁵ The Lord sends out a command ¹to the earth, *

and this word runs ¹very swiftly.

¹⁶ The Lord gives ¹snow like wool *

and scatters hoar-¹frost like ashes

¹⁷ and ¹hail like bread-crumbs; *

who can stand a-¹gainst such cold?

¹⁸ The Lord sends forth the ¹word and melts them, *

blowing with the wind and the ¹waters flow.

¹⁹ The Lord declares the ¹word to Jacob, *

statutes and judge-¹ments to Israel.

²⁰ The Lord has not done so to any ¹other nation; *

to them these judgements have not been revealed.

¹Hallelujah!

Psalm 148 *Laudate Dominum*

¹ Hallelujah!
Praise the Lord ¹from the heavens; *
 praise God ¹in the heights.
² Praise the Lord ¹all you angels; *
 sing praises, all you heav-¹enly host.
³ Praise the Lord, ¹sun and moon; *
 sing praises, all you ¹shining stars.
⁴ Praise the Lord, heav-¹en of heavens, *
 sing praises, you waters a-¹bove the heavens.
⁵ Let them praise the name ¹of the Lord; *
 who gave the command and they ¹were created,
⁶ who made them stand fast for ev-¹er and ever, *
 who gave them a law which shall not ¹pass away.
⁷ Praise the Lord ¹from the earth, *
 you sea-monsters ¹and all deeps;
⁸ fire and hail, ¹snow and fog, *
 tempestuous wind, do-¹ing God's will;
⁹ mountains ¹and all hills, *
 fruit trees ¹and all cedars;
¹⁰ wild beasts ¹and all cattle, *
 creeping things and ¹wingèd birds;
¹¹ sovereigns of the earth ¹and all peoples, *
 princes and all rulers ¹of the world;
¹² young men ¹and young women, *
 old and ¹young together.
¹³ Let them praise the name ¹of the Lord, *
 whose name only is exalted,
 whose splendour is over ¹earth and heaven.
¹⁴ The Lord has raised up strength ¹for this people *
 and praise for all ¹loyal servants, *
the child-¹ren of Israel, *
 a people who are near to the Lord.
 ¹Hallelujah!

Psalm 149 *Cantate Domino*

¹ Hallelujah!
Sing to the Lord ¹a new song; *
 sing the praises of God in the congregation ¹of the faithful.
² Let Israel rejoice ¹in their maker; *
 let the children of Zion be joyful ¹in their sovereign.
³ Let them praise the name of the Lord ¹in the dance; *
 let them sing praise to God with tim-¹brel and harp.

- ⁴ For the Lord takes pleasure 'in this people *
and adorns the 'poor with victory.
- ⁵ Let the faithful re-'joice in triumph; *
let them be joyful 'on their beds.
- ⁶ Let the praises of God be 'in their throat *
and a two-edged sword 'in their hand;
- ⁷ to wreak vengeance 'on the nations *
and punishment 'on the peoples;
- ⁸ to bind their rul-'ers in chains *
and their nobles with 'links of iron;
- ⁹ to inflict on them the judge-'ment decreed; *
this is glory for all God's faithful people.
'Hallelujah!

Psalm 150 *Laudate Dominum*

- ¹ Hallelujah! Praise the Lord in the 'holy temple; *
praise God in the firmament of 'divine power.
- ² Praise the Lord for 'mighty acts; *
praise God for ex-'cellent greatness.
- ³ Praise the Lord with the blast 'of the ram's-horn; *
praise God with 'lyre and harp.
- ⁴ Praise the Lord with tim-'brel and dance; *
praise God with 'strings and pipe.
- ⁵ Praise the Lord with re-'sounding cymbals; *
praise God with loud-'clanging cymbals.
- ⁶ Let everything 'that has breath *
praise the Lord.
'Hallelujah!